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**Expressão de memória de estresse em sementes e mudas de *Cenostigma pyramidale*
(Tul.) E. Gagnon & G.P. Lewis: influência da alta temperatura e da hidratação
descontínua**

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Orientador: Prof. Dra. Elizamar Ciríaco da Silva.

Co-Orientador: Prof. Dr. Marcos Vinicius Meiado.

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a força do querer me pega pela mão e me guia na busca pelos sonhos. E sigo, rumo a novos sonhos. E quero-os sempre comigo!

Não tem importância porque, se com essa frase eu pelo menos cheguei a sugerir que a coisa é muito mais do que consegui dizer, então na verdade eu fiz muito: eu aludi!

- *Clarice Lispector*

RESUMO

Em ecossistemas secos, as sementes podem ser expostas a pulsos de alta temperatura e hidratação descontínua durante o processo germinativo. Esses eventos, além de estressores, podem atuar como sinais que induzem ajustes persistentes e modulam a germinação e a resiliência ao déficit hídrico. Essa dissertação teve como objetivo avaliar a influência da exposição de sementes a pulsos de alta temperatura e ciclos de hidratação e desidratação na expressão de memória de estresse em sementes e mudas de *Cenostigma pyramidale*, uma leguminosa lenhosa com ampla distribuição na Caatinga. Dessa forma, a dissertação foi estruturada em quatro artigos. No Artigo I, avaliou-se a influência de ciclos de hidratação e desidratação (HD) em diferentes estágios de embebição sobre a germinação e o crescimento inicial. Com isso, observou-se que ciclos aplicados em fases iniciais de hidratação incrementaram parâmetros germinativos e de crescimento, já em fases avançadas, reduziram o desempenho da germinação e do crescimento das plântulas. No Artigo II, sementes foram expostas a pulsos térmicos de 55, 65 e 75 °C por 30, 60 e 90 min. Os resultados evidenciaram resiliência germinativa, porém com mudanças na cinética e na sincronia conforme a intensidade e a duração dos pulsos. No Artigo III, testou-se a influência de tratamentos pré-germinativos (alta temperatura, ciclos de HD e combinação) na germinação sob déficit hídrico induzido com PEG 6000. Foi observado que as experiências prévias reorganizam a dinâmica temporal da germinação, compatível com memória de estresse. No Artigo IV, examinou-se a persistência desses sinais na fase de muda sob seca intermitente, no qual observou-se que a memória de estresse se expressa também na fase de muda, aumentando a resiliência e recuperação após reidratação através de ajustes fisiológicos. Conclui-se que *C. pyramidale* não responde ao semiárido apenas por resistência, mas também por plasticidade a partir de estímulos de calor e hidratação descontínua percebidos que se expressam na fase de semente e no crescimento inicial.

Palavras-chave: Rustificação de mudas; Semiárido; *Fabaceae*; Catingueira; Ecofisiologia.

ABSTRACT

In dry ecosystems, seeds may be exposed to pulses of high temperature and discontinuous hydration during germination. Beyond acting as stressors, these events can function as environmental cues that induce persistent adjustments and modulate germination as well as resilience to water deficit. This dissertation aimed to evaluate how exposure of seeds to high-temperature pulses and hydration–dehydration (HD) cycles influences the expression of stress memory in seeds and seedlings of *Cenostigma pyramidale*, a woody legume widely distributed in the Caatinga. Accordingly, the dissertation was structured into four articles. In Article I, we assessed the effects of HD cycles applied at different imbibition stages on germination and early growth. HD cycles applied during early hydration increased germination and growth-related parameters, whereas cycles imposed at later stages reduced germination performance and seedling growth. In Article II, seeds were subjected to thermal pulses of 55, 65, and 75 °C for 30, 60, and 90 min. The results indicated high germination resilience, although germination kinetics and synchrony varied with pulse intensity and duration. In Article III, we tested the influence of pre-germinative treatments (high temperature, HD cycles, and their combination) on germination under water deficit induced with PEG 6000. Prior experiences reorganized the temporal dynamics of germination, consistent with stress memory. In Article IV, we examined the persistence of these signals during the seedling stage under intermittent drought, showing that stress memory is also expressed in seedlings, enhancing resilience and recovery after rehydration through physiological adjustments. We conclude that *C. pyramidale* responds to semiarid conditions not only through resistance, but also through plasticity triggered by heat and discontinuous hydration cues, expressed during the seed phase and early establishment.

Keywords: seedling hardening; semiarid; *Fabaceae*; catingueira; ecophysiology.

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1. APRESENTAÇÃO

Esta dissertação de mestrado investiga a expressão da memória de estresse em sementes e plântulas, considerando a influência da hidratação descontínua e da alta temperatura. A memória de estresse em plantas é um fenômeno fisiológico relevante para compreender como espécies vegetais percebem, armazenam e recuperam informações metabólicas associadas a eventos adversos, resultando em respostas mais rápidas e/ou mais eficientes diante de estresses subsequentes. Em um cenário de intensificação de extremos climáticos, seu estudo assume importância por contribuir para a compreensão de mecanismos adaptativos de sobrevivência e por oferecer subsídios a práticas voltadas à restauração em regiões semiáridas.

Em ambientes sazonalmente secos, como a Caatinga brasileira, a alta temperatura e a irregularidade das chuvas atuam como filtros ambientais centrais, modulando a regeneração e a persistência das espécies. Nesse contexto, sementes podem ser expostas a temperaturas elevadas na superfície do solo durante a estação seca e, posteriormente, a pulsos de hidratação descontínua no início da estação chuvosa. Essas flutuações, além de funcionarem como estressores, podem operar como sinais ambientais capazes de induzir ajustes fisiológicos persistentes, com potencial para influenciar o desempenho das plântulas sob déficit hídrico.

Diante disso, este trabalho foi conduzido a partir de uma sequência de perguntas norteadoras que orientou a execução dos experimentos e a organização dos artigos, tendo como espécie modelo *Cenostigma pyramidale* (catingueira), uma leguminosa lenhosa amplamente distribuída na Caatinga, com elevado valor ecológico e socioambiental.

Primeiramente, foi questionado se *a hidratação descontínua de sementes exerce influência significativa sobre o comportamento germinativo e o crescimento inicial de plântulas de catingueira?* Para responder a essa questão, desenvolveu-se o Artigo I, intitulado “A hidratação descontínua em distintos estágios de embebição modula a expressão da memória de hidratação em sementes e plântulas de *Cenostigma pyramidale* (Tul.) Gagnon & G.P. Lewis (*Fabaceae*)”, a ser submetido ao periódico *Journal of Arid Environments*. Foi observado que a hidratação descontínua interage de forma significativa com parâmetros germinativos e de crescimento e que o estágio de embebição no momento da aplicação dos ciclos de hidratação e desidratação (ciclos de HD) é determinante para a resposta observada, sugerindo a atuação de mecanismos compatíveis com memória de estresse e possíveis *trade-offs* entre crescimento e defesa.

Em seguida, considerando que sementes na Caatinga podem estar naturalmente expostas a pulsos de alta temperatura na superfície do solo, formulou-se a segunda pergunta: *qual é a influência de pulsos de alta temperatura sobre a germinação de C. pyramidale?* Essa questão originou o Artigo II, intitulado: “Sementes de *Cenostigma pyramidale* (Tul.) Gagnon & G.P. Lewis (*Fabaceae*) exibem resiliência germinativa sob pulsos de alta temperatura”, que foi submetido ao periódico *Arid Land Research and Management*. Nesse manuscrito, evidenciou-se elevada resiliência germinativa a exposições térmicas a 55°C, 65°C e 75°C, reforçando a plasticidade da espécie nos estágios iniciais de desenvolvimento, ainda que determinados atributos germinativos sejam modulados conforme a intensidade e duração do pulso.

A partir dos resultados dos Experimentos I e II, emergiu a terceira pergunta: *se ciclos de HD e alta temperatura, isoladamente, alteram a germinação em condições ótimas, qual é o papel da combinação desses fatores quando as sementes são submetidas ao déficit hídrico? A exposição a esses fatores pode induzir a expressão de memória de estresse sob condições de estresse osmótico?* Para responder, conduziu-se o Experimento III, do qual resultou em um terceiro artigo a ser submetido ao periódico *Arid Land Research and Management*, intitulado “Mudando para sobreviver: a influência da alta temperatura e da hidratação descontínua no comportamento germinativo da espécie nativa da Caatinga *Cenostigma pyramidale*”. Os resultados indicaram que a história pré-germinativa pode alterar o comportamento germinativo da espécie sob estresse hídrico e revelar padrões de plasticidade associados à memória de estresse.

Por fim, uma quarta questão tornou-se central para integrar a germinação ao desempenho pós-emergência: *os sinais percebidos na fase de semente persistem e se expressam na fase de plântula, modulando a resiliência à seca ao longo do desenvolvimento inicial por meio da expressão de memória de estresse?* Essa pergunta fundamentou o Artigo IV, intitulado “A experiência da semente modula a resiliência à seca em mudas de *Cenostigma pyramidale*: efeitos contrastantes dos ciclos de HD, pulsos térmicos e sua combinação”, que avalia os efeitos de pulsos térmicos, ciclos de HD e sua combinação sobre atributos morfofisiológicos e bioquímicos de plântulas sob regimes hídricos contrastantes e déficit hídrico recorrente.

De modo geral, os resultados sustentam que a hidratação descontínua tende a favorecer um perfil funcional associado à manutenção fisiológica e à recuperação após eventos de seca, enquanto a combinação entre pulso térmico e ciclos de HD não necessariamente produz ganhos

aditivos, sugerindo que múltiplos sinais de estresse podem impor custos fisiológicos capazes de limitar a expressão de benefícios sob seca prolongada e recorrente.

Assim, o conjunto de evidências apresentado nesta dissertação demonstra que a interação entre hidratação descontínua, alta temperatura e déficit hídrico desempenha papel central na modulação da germinação e do desempenho inicial de *Cenostigma pyramidale*, reforçando a memória de estresse como mecanismo ecofisiológico adaptativo em espécies de ambientes semiáridos. Esses resultados podem subsidiar estratégias aplicadas à produção de sementes e mudas mais tolerantes, contribuindo para ações de restauração e manejo em áreas degradadas sob crescente pressão climática

2. FUNDAMENTAÇÃO TEÓRICA

1.1 ENTRE FLORES E ESPINHOS: ECOLOGIA DA CAATINGA

A Caatinga é um bioma exclusivo do Brasil, conhecido por seu clima quente e semiárido, bem como por sua vegetação característica de Floresta Tropical Sazonalmente Seca (FTSS) (Queiroz, 2009). O bioma abrange uma área de 844.453 Km², o que representa aproximadamente 10% do território brasileiro. Além de ser encontrado em todos os estados da Região Nordeste do Brasil, também abrange o Norte do Estado de Minas Gerais. Em Sergipe, a vegetação da Caatinga corresponde a 3,8% dos 13% de cobertura vegetal nativa (IBGE, 2004; Queiroz, 2009; Brasil, 2012).

É importante ressaltar que as florestas tropicais sazonalmente secas (FTSS), como a Caatinga, estão no topo do ranking quando se trata de perda de cobertura vegetal, devido às atividades humanas (Powers *et al.*, 2011; Paz *et al.*, 2016). Entre as principais atividades que degradam o bioma Caatinga, destacam-se o desmatamento para fins agropecuários, como pastoreio, práticas agrícolas inadequadas e queimadas (Araújo *et al.*, 2007; Fernandes *et al.*, 2015; Melo, 2018). Em Sergipe, observa-se uma redução de aproximadamente 22,2% da área total da Caatinga entre os anos de 1992 e 2013. Estudos apontam que a degradação desse bioma está diretamente relacionada ao aumento das áreas destinadas à pecuária, cultivo agrícola e exposição do solo, de acordo com Fernandes *et al.* (2015).

As temperaturas nas áreas de Caatinga estão entre as mais altas quando comparadas com as médias de outros ecossistemas brasileiros, variando de 26°C a 28°C. A concentração pluviométrica é extremamente baixa, com uma média anual de 750mm. Além disso, as chuvas

apresentam distribuição irregular e ocorrem em meses específicos (Velloso *et al.*, 2002; Queiroz, 2009; Andrade *et al.*, 2010). Devido às altas temperaturas, intensa radiação solar e ao solo ressecado devido à escassez de água, as espécies de fauna e flora que habitam esse bioma possuem características ecológicas, morfológicas e fisiológicas únicas, resultado de adaptações evolutivas (Prado, 2003; Trovão *et al.*, 2007; Queiroz, 2009; Andrade, 2017).

Quando observamos a vegetação da Caatinga, verifica-se características como uma floresta de porte baixo, predominando espécies arbóreas e arbustivas-arbóreas, com um dossel em sua maioria descontínuo (Nascimento; Machado; Dantas, 2015). Em adição a isso, as espécies vegetais, presentes nessa região, possuem adaptações foliares, como espinhos, acúleos, microfilia e características xeromórficas, possibilitando extrema resiliência e tolerância a diversos estresses ambientais (Queiroz, 2009). Os diásporos da Caatinga também apresentam características que lhes conferem maior tolerância as condições adversas e garantem o estabelecimento das espécies vegetais, como tegumentos mais rígidos, dormência tegumentar e resiliência frente a fatores como disponibilidade hídrica descontínua, altas temperaturas e salinidade (Meiado *et al.*, 2013; Paz *et al.*, 2016).

Esses dados evidenciam a riqueza biodiversa da Caatinga, no entanto, estudos apontam uma necessidade de maior implementação de projetos e estudos socioambientais que visem melhor compreender a ecologia desse bioma (Santos *et al.*, 2016) possibilitando, assim, o desenvolvimento de ações que visem a restauração do ecossistema da Caatinga, juntamente com o desenvolvimento de técnicas que englobem a conservação da fauna e flora singularmente peculiares dessa região (Silva *et al.*, 2016).

1.2 ECOS DA SOBREVIVÊNCIA: O ESTRESSE EM PLANTAS

O estresse em plantas é tido como um dos fenômenos de maior interesse e pesquisa nos estudos de vegetais (Demongeot *et al.*, 2019) e, apesar de haver divergências para uma definição completa e assertiva para esse termo aplicado às plantas, a maioria dos autores definem estresse como sendo uma influência desvantajosa exercida por fatores ambientais, sejam estes bióticos ou abióticos (calor, água, anoxia, parasitismo, infecções), que podem interferir na produtividade e bom desenvolvimento dos vegetais (Buchanan *et al.*, 2000; Smith *et al.*, 2010; Taiz; Zeiger, 2017).

Diante de tais descrições, Jansen e Potters (2017) alertam para um enviesamento agrônomico que circunda as perspectivas anteriormente citas, voltadas para a produção vegetal e a segurança alimentar global, enfatizando os fatores ambientais como agentes estressores e se distanciando de uma análise acerca das respostas dos organismos vegetais à tais fatores. Urge,

então, a necessidade de aplicar uma definição de estresse em plantas que leve em consideração os impactos espécies-específicos que esse fenômeno pode acarretar (Hopkins, 1999).

Nesse interim, discutem-se outras definições, como proposto por Larcher (1980), o qual refere-se ao estresse como um conjunto de mudanças fisiológicas que ocorre quando organismos vegetais experenciam condições desfavoráveis no ambiente ao qual está inserido. Já para Leclerc (2003), as condições ambientais desfavoráveis ocasionam um desvio do padrão normal de crescimento das plantas, tornando-se um fator estressor que conseqüentemente irá estimular uma resposta ao estresse do organismo vegetal, que pode ser a nível molecular, celular, genética ou fisiológica.

As mudanças fisiológicas direcionadas durante uma fase de estresse podem desencadear benefícios ou distúrbios para o desenvolvimento vegetal (Mahmood *et al.*, 2020). Sendo assim, Selye (1964) e Lichtenthaler (1988) definem como *eustress* as respostas adaptativas a um fator estressor, que proporcionam incrementos metabólicos para o vegetal frente as novas condições ambientais. Geralmente o *eustress* ocorre quando o organismo está exposto a níveis poucos intensos do agente estressor. No entanto, em situações contrárias, ou seja, alta intensidade do estresse, pode ocorrer o *distress*, o qual se caracteriza por influenciar um padrão destrutivo para o metabolismo e bom funcionamento do vegetal. Ademais, as imposições ocasionadas entre o *eustress* e *distress* torna-se um fator determinante para a sobrevivência ou não de uma planta (Jansen; Potters, 2017).

Diante disso, o estresse em plantas pode ser resumido como um estado em que as condições impostas ao vegetal geram uma desestabilização das funções normais do indivíduo, podendo estimular respostas metabólicas que as guiarão para vias de normalização e tolerância, danos permanentes ou em casos mais extremos, à morte (Gaspar *et al.*, 2002).

Não obstante, estudos mostram que a passagem por estresses recorrentes pode estimular a ativação da chamada memória de estresse, fenômeno que pode atuar na aquisição de maior tolerância e resistência no enfrentamento de condições adversas, às quais os organismos vegetais estão suscetíveis (Walter *et al.*, 2013; Friedrich *et al.*, 2019). Portanto, a compreensão detalhada das respostas das plantas ao estresse, especialmente em ambientes de clima mais extremo, como o semiárido, é crucial para o desenvolvimento de práticas ecológicas e de restauração.

1.3 MARCAS DE UMA VIDA: INFLUÊNCIA DOS ESTRESSES AMBIENTAIS NA AQUISIÇÃO DE MEMÓRIA EM PLANTAS

Durante as diversas fases da vida vegetal, esses organismos enfrentam constantes flutuações nas condições ambientais, sejam elas favoráveis ao seu desenvolvimento ou estressantes (Li; Liu, 2016; Kigel, 2017). Esses fatores impõem uma necessidade contínua de adaptação e ajustes fisiológicos para garantir sua sobrevivência e desempenho ecológico diante desses estresses recorrentes (Bruce *et al.*, 2007; Wojtyla *et al.*, 2020). Dessa forma, estudos observam que essa interação pode deixar marcas metabólicas que aumentam a tolerância e a resistência a estresses subsequentes e mais severos (Walter *et al.*, 2013; Ramírez, 2015).

Estas marcas, por sua vez, possibilitam um fenômeno chamado de memória de estresse. Este conceito representa uma relação intrínseca entre a exposição à agentes estressores e as respostas direcionadas pelo organismo vegetal a esses eventos (Avramova, 2015; Sen e Puthur, 2020). Não obstante, a memória ao estresse pode envolver alterações em diferentes níveis, como morfológico, fisiológico, transcricional e epigenético (Ramírez *et al.*, 2015; Sun *et al.*, 2018; Demongeot *et al.*, 2019).

Todavia, após a percepção de um estímulo de estresse, a planta pode seguir três vias até chegar a uma resposta final, sendo uma delas uma resposta direta que ocorre quase que imediatamente, não dependente do histórico de estímulos anteriores recebido pelo organismo; as demais vias envolvem o processo de memória, sendo a memória de aprendizado ou de armazenamento/resgate. No entanto, ainda não se sabe se as três vias de respostas ocorrem de maneira independente ou se há uma correlação entre elas (Trewavas, 2003; Demongeot *et al.*, 2019).

Na memória por aprendizado, a repetição de um mesmo estímulo modula a intensidade da resposta da planta, e pode direcionar uma familiarização ao estresse, diminuindo a intensidade da resposta ou ativando uma sensibilização, na qual haverá uma resposta mais intensa (Knight *et al.*, 1998). Já na forma de armazenamento e resgate, as alterações metabólicas decorrentes do direcionamento de resposta ao estresse são armazenadas. Diante disso, o organismo pode ficar em uma fase de alerta, o que permite uma resposta mais ágil, caso haja um estresse subsequente (Hilker; Schmulling, 2019; Jacques *et al.*, 2021).

Não obstante, alguns estudos evidenciam um segundo mecanismo ocasionado pela memória ao estresse, definido como tolerância cruzada, no qual, ao experienciar um estresse primário, a planta desenvolve uma maior tolerância a um segundo agente estressor, diferente do primeiro (Zhang *et al.*, 2013; Li *et al.*, 2014; Faralli *et al.*, 2015). Dessa forma, a tolerância cruzada ocorre devido a ativação de múltiplas vias de sinalizações do estresse, durante a fase do estresse primário, e essa ativação direcionará vias sinérgicas ou antagônicas durante

estresses subsequentes. Assim, um único estressor pode gerar tolerância para múltiplos estresses (Hossain *et al.*, 2018).

Nos últimos anos tem-se intensificado estudos que busquem compreender o papel da memória do estresse no desenvolvimento das plantas, além da necessidade de compreender as suas múltiplas formas de expressão em meio aos diferentes estágios da vida vegetal (Srivastava *et al.*, 2021), conforme discutido no tópico a seguir.

1.4 SOBREVIVENDO A EXTREMOS: A ALTA TEMPERATURA E HIDRATAÇÃO DESCONTÍNUA NA GERMINAÇÃO E CRESCIMENTO DE PLANTAS

O ciclo de vida das gimnospermas e angiospermas se caracteriza pelo desenvolvimento de uma semente, seu processo germinativo e por conseguinte a originação de um novo indivíduo (Ferreira; Borghetti, 2004). A germinação, por sua vez, é definida como a retomada das atividades metabólicas e início da formação de uma nova plântula através do embrião resguardado pelas estruturas da semente (Bewley; Black, 1978; Taiz; Zeiger, 2017). Dessa forma, a performance de desenvolvimento e estabelecimento de uma planta está diretamente ligada ao sucesso obtido durante seu processo germinativo, sendo este influenciado por diferentes fatores internos e externos, tal como qualidade fisiológica da semente, disponibilidade hídrica e condições edafoclimáticas (Kigel, 2017).

Em ecossistemas áridos e semiáridos, como é o caso da Caatinga, é comum haver flutuações climáticas com a ocorrência de secas periódicas e altas temperaturas (Alves *et al.*, 2009; Meiado *et al.*, 2020). Sendo assim, sementes de espécies presentes nesses ambientes, quando dispersas nas camadas superficiais do solo, são naturalmente expostas à altas temperaturas e a descontinuidade da absorção de água durante o processo de germinação, principalmente em áreas abertas, devido à incidência de raios solares e altas taxas de evapotranspiração (Costa; Araújo, 2003; Santos, 2013; Meiado, 2014).

Trabalhos de monitoramento de campo já registraram temperatura média acima de 50 °C na superfície do solo, apresentando teor de água no substrato em torno de 4% em áreas da Caatinga (Souto *et al.*, 2009; Almeida; Souto; Souto, 2013). Em outras regiões semiáridas do planeta, já foram registradas temperaturas da superfície do solo variando de 50 °C (regiões temperadas) a 80 °C (regiões desérticas) (Rizzini, 1976; Larcher, 2000; Fichino *et al.*, 2016).

Apesar da ocorrência desses fatores de forma conjunta, não foram encontrados estudos na literatura que buscassem avaliar a influência da exposição à alta temperatura e hidratação descontínua conjuntamente para o processo germinativo e desenvolvimento inicial de plântulas.

No entanto, separadamente, verifica-se que a hidratação descontínua, através dos ciclos de hidratação e desidratação (HD), e a pré-exposição de sementes à altas temperaturas podem agir de forma a incrementar ou reduzir parâmetros germinativos e de crescimento ou, em alguns casos, apresentar uma neutralidade para o organismo (Rito *et al.*, 2009; Pedrero-López *et al.*, 2016; Rafael *et al.*, 2018; Freitas *et al.*, 2021; Santos Júnior *et al.*, 2022).

Os ciclos de hidratação e desidratação (HD) constituem uma técnica utilizada como tratamento condicionante (*priming*) em sementes, que busca simular, de forma controlada, a embebição hídrica descontínua que ocorre de forma natural no ambiente, antes da protrusão da radícula (Lima; Meiado, 2017; Santos Júnior *et al.*, 2021). Além de permitir a análise da resposta ecofisiológica das espécies submetidas a esse fenômeno, essa técnica passou a ser bastante utilizada como uma forma de preparação dos vegetais para enfrentar alterações ambientais, uma vez que é capaz de estimular a ativação da memória de estresse em sementes, podendo interagir nos parâmetros germinativos, vigor e tolerância aos estresses ambientais em suas sementes e mudas (Dubrovsky, 1998; Rito *et al.*, 2009; Nascimento, 2016; Lima; Meiado, 2017; Freitas *et al.*, 2021).

De maneira semelhante, alguns trabalhos abordam o uso da alta temperatura como técnica pré-germinativa (Paparella *et al.*, 2015; Farooq *et al.*, 2019). O termocondicionamento de sementes é aplicado utilizando-se diferentes amplitudes térmicas e tempos distintos (Farooq *et al.*, 2019). Estudos mostram que esse fenômeno pode auxiliar na superação da dormência tegumentar, uma vez que proporciona o surgimento de microfissuras no tegumento da semente, possibilitando assim o influxo de água e, conseqüentemente, a germinação (Rafael *et al.*, 2018; Santos Júnior *et al.*, 2022).

Não obstante, a alta temperatura também pode ocasionar a aceleração da atividade de enzimas e metabolismo celular (Carvalho; Nakagawa, 2012; Paparella *et al.*, 2015), mudanças na conformação da parede celular e proteínas (Mittler; Finka; Golouubinoff, 2012). Sendo assim, tais alterações podem interagir com o processo germinativo, crescimento e desenvolvimento vegetal, como já observado em alguns trabalhos, nos quais, plantas oriundas de sementes condicionadas apresentaram melhor performance de germinação e crescimento (Mittler; Finka; Golouubinoff, 2012; Wang *et al.*, 2016; Jespersen, 2020).

De acordo com Rizzini (1976), espécies que se beneficiam da passagem por altas temperaturas são denominadas de termófilas/pirófitas, possuindo assim melhor desempenho em ambientes quentes, secos ou suscetíveis a incêndios. Estas espécies possuem papel crucial para a restauração de bancos de sementes desses locais (FICHINO *et al.*, 2016). No entanto, determinadas espécies possuem menor tolerância a esse fator e, em alguns casos, a passagem

pela alta temperatura pode causar danos ou até mesmo levar a morte do embrião (Fichino *et al.*, 2012; Santana *et al.*, 2019). Em adição a isso, nota-se uma escassez de estudos que busquem avaliar a influência desse fator, principalmente para espécies de regiões biodiversas e com maior suscetibilidade, como a Caatinga (Santos Júnior *et al.*, 2022).

Portanto, considerando as singularidades da exposição de sementes a alta temperatura e hidratação descontínua, e diante da necessidade de uma maior compreensão da sua influência na germinação e crescimento de mudas, é importante analisar os efeitos desses fatores, não apenas separadamente, como também de forma conjunta. O maior conhecimento desses fenômenos permitirá o desenvolvimento e aprimoramento de práticas que visam a produção de mudas com melhor aclimação para utilização em programas de recuperação de áreas degradadas, principalmente de regiões com clima semiárido, como a Caatinga brasileira.

1.5 VIVER É RESISTIR: CONHECENDO A BIOLOGIA E ECOLOGIA DE *Cenostigma pyramidale* (Tul.) E. Gagnon & G.P. Lewis

A família de angiospermas *Fabaceae* possui em torno de 727 gêneros e 19.327 espécies, apresentando distribuição cosmopolita e se destacando como uma das famílias com maior ocorrência na maioria dos ecossistemas do Brasil (Lima *et al.*, 2013). No território nacional, é registrado a ocorrência de 212 gêneros nativos e cerca de 2.732 espécies (Lewis *et al.*, 2005; Lima *et al.*, 2013). Além disso, as leguminosas se apresentam como a família de maior representatividade no bioma Caatinga, local onde ocorrem 86 gêneros e 320 espécies, totalizando cerca de um terço da riqueza florística catingueira (Queiroz, 2009).

Nesse contexto, *Cenostigma pyramidale* (Tul.) E. Gagnon & G.P. Lewis se caracteriza como uma representante das leguminosas nativas da Caatinga, sendo popularmente conhecida como catingueira, catingueira-verdadeira, catingueira-de-porco, canela-de-velho ou pau-de-rato (Matias; Silva; Dantas, 2017). Possuindo ampla distribuição geográfica em toda Região Nordeste, a espécie pode ser encontrada em várzeas úmidas, no qual apresenta hábito arbóreo, podendo atingir até 12 metros de altura ou em regiões semiáridas, nas quais se reduz a arbustos com cerca de 2 metros (Maia, 2012; Carvalho, 2014).

C. pyramidale apresenta copa em formato de pirâmide invertida, folhas bipinadas e coriáceas, com comportamento decíduo durante períodos de seca, não apresentando espinhos em seus órgãos, (Carvalho, 2014). Além disso, suas flores são amarelas, distribuídas em racemos terminais e subterminais que dão origem a frutos do tipo legume, seco e deiscente, que apresentam média entre 6-10 centímetros, com coloração marrom-esverdeada e consistência

coriácea, com dispersão balística (Silva; Matos, 1998; Maia, 2012; Carvalho, 2014). Já as suas sementes são ortodoxas, estenospérmicas e ovaladas, compridas lateralmente e com lados planos ou ligeiramente convexos. O tegumento é caracterizado por uma coloração castanho-escuro ou verde-escuro, liso, brilhante, delgado e coriáceo (Silva; Matos, 1998).

De maneira geral, as sementes de catingueira não apresentam dormência (Santos *et al.*, 2012; Matias *et al.*, 2013; Santos *et al.*, 2014). No entanto, na literatura, recomenda-se o uso de tratamento pré-germinativo para possibilitar a homogeneidade na germinação (Oliveira *et al.*, 2011). A temperatura ideal para o processo germinativo varia entre 25°C a 35°C graus e suas mudas conseguem manter um bom desempenho no crescimento em diferentes tipos de substratos, incluindo os mais pobres e pedregosos (Lima *et al.*, 2011; Maia, 2012; Santos *et al.*, 2014).

A catingueira possui também aspectos socioeconômicos devido ao seu uso para alimentação animal, produção de lenha e oferta de néctar, pólen e abrigo para abelhas silvestres nativas. Além disso, pode ser utilizada como recurso madeireiro e aplicações na fitofarmacologia (Maia, 2012; Carvalho, 2014).

Ademais, é reconhecido na literatura o alto potencial de tolerância que a espécie apresenta à estresses ambientais, tal como o estresse hídrico, salino e térmico (Antunes *et al.*, 2011; Matias *et al.*, 2013) sendo considerada espécie pioneira e com potencial para regeneração de áreas degradadas (Queiroz, 2009; Maia, 2012).

Entretanto, não foram encontrados na literatura estudos que buscaram avaliar conjuntamente a influência da alta temperatura e hidratação descontínua na germinação, crescimento e expressão de memória para a espécie citada. Portanto, tendo em vista a ocorrência desses dois fatores de forma simultânea no ambiente natural, compreender a sua dinâmica e interação com o desenvolvimento de *C. pyramidale* pode possibilitar dados capazes de sustentar técnicas para produção de mudas da espécie, bem como entender sua ecofisiologia em regiões de Caatinga.

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3. ARTIGO 1

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1 **Discontinuous hydration at distinct imbibition stages modulates the expression of**
2 **hydration memory in seeds and seedlings of *Cenostigma pyramidale* (Tul.) Gagnon &**
3 **G.P.Lewis (Fabaceae)**

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15 Abstract

16 Plants in semi-arid ecosystems, such as those inhabiting the Caatinga, a Seasonally Dry Tropical Forest
17 (SDTF) in Brazil, are frequently exposed to recurrent water stress events. Under such conditions, the
18 activation of stress memory mechanisms can act as an adaptive strategy, enhancing the plant's ability to
19 tolerate and respond more efficiently to subsequent stress episodes. This study investigated whether
20 hydration–dehydration cycles (HD cycles) induce hydration memory in seeds and seedlings of
21 *Cenostigma pyramidale*, a woody legume native to the Caatinga. Seeds were subjected to 0, 1, 2, or 3
22 HD cycles at two distinct stages of the imbibition curve: an early stage ($\frac{1}{2}$ of Phase I) and a later stage
23 ($\frac{1}{4}$ of Phase II), followed by germination under optimal conditions. Germinability, time to 50%
24 germination, germination rate index, and synchrony were assessed. Seedlings were then cultivated in a
25 greenhouse, and growth parameters were recorded. A significant interaction between hydration stage
26 and number of HD cycles was observed. HD cycles applied at the early stage enhanced germination by
27 increasing germinability and vigor while reducing germination time. In contrast, HD cycles at the later
28 stage impaired germination and decreased the emergence rate index. Conversely, for seedlings, fewer
29 HD cycles at the early stage and more cycles at the later stage reduced plant height and biomass. These
30 results suggest that HD cycles differentially modulate hydration memory depending on developmental
31 stage, potentially triggering both adaptive and sensitizing responses that may contribute to the ecological
32 resilience and establishment of *C. pyramidale* in the Caatinga.

33 **Keywords** Seed priming · Stress memory · Hydration–dehydration cycles · Germination · Caatinga

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39 **Introduction**

40 Plants, as sessile organisms, are continuously exposed to a range of biotic and abiotic environmental
41 factors that can induce stress, requiring the activation of defense mechanisms (Galviz et al. 2022). Over
42 the course of their evolutionary history, plant species have evolved a variety of adaptative strategies to
43 ensure establishment and survival across diverse ecosystems (Hilker and Schmölling 2019).

44 Among these strategies, one that has increasingly attracted scientific interest is the expression of
45 stress memory. Plant memory can be defined as the capacity to store physiological or metabolic
46 information generated during a prior stress event and to retrieve these metabolic imprints upon
47 subsequent exposure (Thellier and Lüttge 2013; Demongeot et al. 2019). Some studies have
48 demonstrated that memory in plants can be expressed across multiple developmental stages. It can be
49 established during early phases, such as the seed stage, and later recalled during germination or seedling
50 growth (Freitas and Silva 2024; Silva et al. 2025).

51 These memory mechanisms are particularly relevant for species adapted to environments
52 characterized by pronounced climatic fluctuations, such as semi-arid regions (Fleta-Soriano and Munne-
53 Bosch 2016; Kambona et al. 2023).

54 In northeastern Brazil, the Caatinga ecosystem, classified as a seasonally dry tropical forest (SDTF)
55 is defined by extreme climatic conditions, including high temperatures, irregular and poorly distributed
56 rainfall, and well-defined dry seasons (Andrade-Lima 1981; Alves et al. 2009). Despite these
57 challenging conditions, the Caatinga harbors remarkable floristic diversity and a wide array of adaptive
58 mechanisms that support species survival (Fernandes and Queiroz 2018). Several studies have
59 documented the expression of stress memory in seeds and plants native to this ecosystem, providing
60 evidence that such mechanisms contribute to the ecological success of certain species (Silva et al. 2021;
61 Freitas and Silva 2024; Lima and Meiado 2025; Silva et al. 2025).

62 A notable example is hydration memory expressed in seeds and seedlings from species native to the
63 Caatinga (Lima and Meiado 2018). Given the irregular rainfall patterns, seeds within the soil seed bank
64 are frequently subjected to discontinuous hydration during the germination process. This phenomenon
65 can act as a priming stimulus, preparing the plant to cope with future stress conditions by inducing

66 metabolic adjustments that activate the expression of stress memory (Pereira-da-Silva et al. 2024). As a
67 result, enhanced germination performance (Santos et al. 2024), enhanced seedling growth, and increased
68 tolerance to subsequent environmental stressors have been reported (Santos-Júnior et al. 2021).

69 *Cenostigma pyramidale* (Tul.) Gagnon & G.P. Lewis is a pioneer woody legume widely distributed
70 throughout the Caatinga ecosystem (Ribeiro et al. 2021). Previous studies have shown that this species
71 is tolerant to environmental stresses and adverse conditions (Pinho-Pessoa et al. 2018; Wright et al.
72 2023), and that discontinuous seed hydration can modulate the mobilization of seeds reserves (Pereira-
73 da-Silva et al. 2024). Although studies in literature have investigated the influence of HD cycles on the
74 germination and seedling growth of *C. pyramidale* under water stress (Silva et al. 2018; Oliveira et al.
75 2022), we did not find any work that evaluated the influence of hydration at different points of the
76 species' imbibition curve.

77 Therefore, this study aimed to evaluate the effects of different numbers of hydration-dehydration
78 (HD) cycles applied at distinct stages of seed imbibition on germination performance and early seedling
79 growth in *C. pyramidale*. We tested three main hypotheses: (i) that the number of HD cycles influences
80 seed germination behavior and seedling development; (ii) that the timing of HD application ($\frac{1}{2}$ of Phase
81 I or $\frac{1}{4}$ of Phase II of imbibition) alters germination responses; and (iii) that there is an interaction
82 between the number of HD cycles and the timing of their application, such that the physiological effects
83 of HD cycles depend on the imbibition stage in which they occur.

84

85 **Material and methods**

86 **Study area and seed collection**

87 The experiment was conducted under semi-controlled conditions at the Laboratory of Plant
88 Physiology and Ecophysiology and in a greenhouse belonging to the Department of Biology of the
89 Federal University of Sergipe (UFS).

90 *Cenostigma pyramidale* seeds used in the experiment were donated by the Center for Ecology and
91 Environmental Monitoring (NEMA) at the Federal University of Vale do São Francisco (UNIVASF).
92 Seed lots were collected from native Caatinga areas in the Northeast region of Brazil.

93 **Hydration and dehydration Cycles**

94 The timing of the HD cycles was based on the hydration and dehydration curves of *C. pyramidale*
95 seeds. To establish the hydration curve, five replicates of 20 seeds were initially weighed to obtain their
96 pre-hydration mass. The seeds were then placed in 9 cm Petri dishes containing two layers of filter paper
97 moistened with 10 mL of distilled water and kept at room temperature (25 °C). Weighing was performed
98 at 60-minute intervals until radicle protrusion, which indicates the completion of germination. Based on
99 the hydration curve, the time corresponding to half of Phase I (2 hours) and one-quarter of Phase II (9
100 hours) was selected as the standard hydration time, following the methodology of Lima et al. (2018).

101 The same experimental design used for hydration was employed to determine the dehydration curve.
102 Two groups of five replicates, each with 20 seeds, were initially weighed to record their pre-hydration
103 mass. The seeds were then placed in 9 cm Petri dishes containing two layers of filter paper moistened
104 with 10 mL of distilled water and allowed to hydrate at room temperature (25 °C) for the periods
105 corresponding to $\frac{1}{2}$ of Phase I and $\frac{1}{4}$ of Phase II. After hydration, excess surface moisture was removed,
106 and the replicates were weighed to obtain post-hydration mass. Subsequently, the seeds were transferred
107 to a drying oven at 35 °C and weighed at 60-minute intervals until their mass returned to the original
108 pre-hydration value.

109 The dehydration time was defined as the total time required for the seeds to return to their pre-
110 hydration weight (Lima et al. 2018). This process took 2 hours for seeds hydrated at $\frac{1}{2}$ of Phase I and 4
111 hours for those hydrated at $\frac{1}{4}$ of Phase II.

112 Following the determination of the hydration and dehydration curves, the experimental design was
113 structured in a 2×4 factorial scheme. This included two hydration times ($\frac{1}{2}$ of Phase I and $\frac{1}{4}$ of Phase
114 II), and four treatments: one (1C), two (2C), and three (3C) hydration–dehydration (HD) cycles, along
115 with a control (0C) consisting of seeds not subjected to any HD cycles (Fig. 1).

116 **Germination analysis**

117 After the application of the hydration and dehydration cycles, seeds were placed in Petri dishes
118 containing two layers of filter paper moistened with 10 mL of distilled water, which was replenished as
119 needed (Fig. 1). Germination was monitored daily for 15 days, and seeds were considered germinated
120 when radicle length reached ≥ 2 mm.

121 To evaluate the effects of HD cycles on the percentage of germinated seeds the germinability was
 122 calculated according to the equation:

$$123 \quad \%G = \left(\sum_i n_i \right) \cdot N^{-1} \cdot 100$$

124 where $\sum n_i$ is the sum of germinated seeds in relation to the number of seeds available to germinate
 125 in the Petri dish (N); data are expressed as percentages (Ranal and Santana 2006).

126 To calculate the time required for 50% (T_{50}) of germination the T_{50} was calculated with the equation:

$$127 \quad T_{50} = t_i + \frac{\left(\frac{N}{2} - n_i \right) \cdot (t_j - t_i)}{n_j - n_i}$$

128 where N represents the total number of germinated seeds, n_i is the cumulative number of germinated
 129 seeds at time t_i , and n_j is the cumulative number of germinated seeds at time t_j , when $n_i < \frac{N}{2} <$
 130 n_j (Farooq et al. 2005).

131 The germination rate index (GRI) was calculated to evaluate how HD cycles influenced germination,
 132 using the following equation:

$$133 \quad GRI = \frac{G_1}{N_1} + \frac{G_2}{N_2} + \dots + \frac{G_n}{N_n}$$

134 Where G_1, G_2, \dots, G_n represent the number of seedlings that germinated in the first, second, and up
 135 to the last observation, and N_1, N_2, \dots, N_n correspond to the number of days after sowing (Maguire,
 136 1962).

137 To check the uniformity of seed germination, synchrony index (SI) is given by:

$$138 \quad SI = \sum_i \frac{C_{n_i,2}}{N}$$

139 where $C_{n_i,2} = n_i \frac{(n_i-1)}{2}$ and $N = \sum n_i \left(\frac{\sum n_i-1}{2} \right)$ is the combination of seeds germinated in the time i ,
 140 in pairs, and n_i is the number of seeds germinated in the time (Primack, 1980).

141 **c**

142 **Statistical analysis**

143 Germination parameters were calculated using GerminaQuant 1.0 (Marques et al. 2015). Data
 144 normality was assessed using the Shapiro-Wilk test, and all variables met the assumption of residual

145 normality ($P > 0.05$). Germination and growth variables were analyzed by two-way ANOVA, followed
146 by Tukey's post hoc test for mean comparisons ($P < 0.05$). Statistical analyses were performed using
147 PAST software (version 5.0), and graphical representations were generated with SigmaPlot (version
148 12.0).

149 **Results**

150 Discontinuous hydration of *C. pyramidale* seeds at different times and numbers of cycles interacted
151 significantly with the germination parameters evaluated (Tab. 1).

152 Seeds subjected to one (1C), two (2C) and three (3C) HD cycles in an early stage of imbibition ($\frac{1}{2}$
153 of phase I) exhibited significantly higher germinability (%G) compared to the control (0C) (tab. 2). No
154 statistical differences were observed in the time to 50% germination (T50) among treatments 0C, 1C,
155 and 2C; however, 3C showed a significantly lower T50, indicating accelerated germination (tab. 2).

156 The germination rate index (GRI) increased progressively with the number of HD cycles, reaching
157 the highest value in 3C (tab. 2). Conversely, the synchrony index (SI) was significantly lower in 3C
158 compared to the other treatments, suggesting a more asynchronous germination process under repeated
159 stress (tab. 2).

160 Under a later stage of hydration conditions ($\frac{1}{4}$ of phase II), an opposite trend was observed (tab. 2).
161 Increasing the number of HD cycles led to a reduction in %G, with treatment 1C showing the highest
162 germinability, significantly different from both the control (0C) and 3C (tab. 2). For T50, all HD
163 treatments showed significantly lower value than the control, reflecting a general acceleration of
164 germination regardless of the number of cycles (tab. 2). The germination rate index (GRI) was also
165 higher in all HD treatments than in the control, although no significant differences were found among
166 the HD-treated groups (tab. 2). Notably, treatment 3C exhibited a reduction in GRI compared to its
167 counterpart at $\frac{1}{2}$ of Phase I. SI values did not differ significantly among treatments at this time point,
168 but a significant decrease was observed in treatment 2C relative to its value at the earlier hydration stage
169 ($\frac{1}{2}$ of phase I).

170 Discontinuous hydration of *C. pyramidale* seeds at different times and numbers of cycles interacted
171 significantly with the seedling growth parameters evaluated (tab. 1).

172 In the seedling group derived from seeds hydrated at $\frac{1}{2}$ of phase I of imbibition, plant height was
173 significantly lower in the 1C treatment compared to the control, while the 2C and 3C treatments did not
174 differ statistically from the other groups (fig. 2a). No significant differences were found among
175 treatments for stem diameter and leaves number (fig. 2). Root length also did not differ significantly
176 between treatments (fig. 2d); however, the 3C treatment showed a significant reduction when compared
177 to the same treatment applied at $\frac{1}{4}$ of Phase II (fig. 2d), indicating a potential interaction between the
178 number of hydration cycles and hydration timing.

179 Leaf, stem, and root dry biomass were also significantly reduced in the 1C treatment compared to
180 the other treatments (fig. 3). Consequently, total dry biomass was lower in 1C, while the other treatments
181 maintained similar values (fig. 3d).

182 For seedlings derived from seeds hydrated at $\frac{1}{4}$ of phase II, no significant differences were observed
183 among treatments for plant height, number of leaves or root length (fig. 2). However, stem diameter
184 decreased progressively with an increasing number of hydration–dehydration cycles, with the lowest
185 value recorded in the 3C treatment (fig. 2b).

186 Regarding leaf dry biomass, treatments 1C, 2C, and 3C had significantly lower values compared to
187 the control (fig. 3a). For stem dry biomass, treatments 1C and 3C exhibited significant reductions
188 relative to the control, while 2C presented intermediate values, with no statistical difference from the
189 other treatments (fig. 3b). Root dry biomass did not differ significantly among treatments (fig. 3c).
190 Finally, total dry biomass was significantly reduced in treatments 1C and 3C when compared to the
191 control (fig. 3d).

192

193 **Discussion**

194 **Germination**

195 The successful establishment of plant species in semi-arid environments like the Caatinga depends
196 on adaptive mechanisms that confer tolerance to frequent environmental stress (Singh and Verma 2024).
197 Discontinuous hydration (HD) has been proposed as one such strategy, although its effects remain
198 complex and species-specific (Freitas and Silva 2024; Lima and Meiado 2025). While HD cycles may

199 enhance germination and early seedling growth in some species (Freitas and Silva 2024; Santos et al.
200 2024), they can also reduce performance or produce neutral effects in others (Nicolau et al. 2020).
201 Notably, HD can act as a trigger for stress memory, allowing seeds to retain metabolic information and
202 respond more effectively to subsequent stress (Silva et al. 2025).

203 In *C. pyramidale*, germination was significantly influenced by both the timing and number of HD
204 cycles. Seeds exposed to more cycles at an earlier stage of imbibition ($\frac{1}{2}$ of Phase I) exhibited higher
205 vigor, as evidenced by increased germination percentage, reduced time to 50% germination (T50), and
206 a higher germination rate index (GRI). Conversely, HD applied at a later stage ($\frac{1}{4}$ of Phase II) improved
207 T50 and GRI but negatively affected germinability (%G).

208 The increased germination speed and greater vigor observed after undergoing HD cycles indicate
209 that *C. pyramidale* seeds are tolerant to dehydration and may play an important role in the successful
210 establishment of propagules in their natural environment, where water availability is often transient.
211 Thus, rapid and vigorous germination can enhance reproductive success and ensure species survival.

212 The results suggest that earlier HD cycles may activate a physiological priming effect, often referred
213 to as “hydration memory” (Dubrovsky 1996, 1998). Priming is generally understood as a preparatory
214 metabolic state induced by sublethal stress that enhances future stress responses (Chen and Arora 2013).
215 In a study by Pereira-da-Silva et al. (2024), the authors demonstrated that discontinuous hydration during
216 Phase I of imbibition alters the mobilization of reserves in *C. pyramidale* seeds, indicating that
217 dehydration may trigger mechanisms aimed at optimizing energy use, thereby enhancing germination.
218 These findings support the results of the present study, suggesting that the modulation of germinative
219 behavior through hydration memory may be associated with adjustments in the reserve mobilization
220 pattern, contributing to improved seed performance under stress conditions.

221 In contrast, the reduced germinability and vigor of seeds hydrated at $\frac{1}{4}$ of Phase II suggest that
222 dehydration at more advanced metabolic stages may exceed the seeds' tolerance threshold, disrupting
223 essential cellular processes. The decline in the synchrony index (SI) in some of these treatments supports
224 this interpretation, as lower SI values may reflect greater heterogeneity in seed responses, potentially
225 due to uneven recovery from stress or sublethal damage.

226 Phase I of imbibition is considered particularly favorable for priming due to reactivation of energy
227 metabolism, DNA repair, antioxidant activity, and the priming of stress-response genes. In contrast,
228 Phase II may be more involved in memory expression, with active protein synthesis from newly
229 transcribed mRNAs (Chen and Arora 2013). These physiological processes likely underpin the
230 differential responses that we observed.

231 Furthermore, since seeds only lose water to the environment during dehydration, the physiological
232 processes initiated during hydration—such as reserve mobilization, biochemical synthesis, and DNA
233 repair—are preserved and resume upon rehydration (Dubrovsky 1996, 1998).

234 This may explain the significant increase in germination parameters that we observed in seeds
235 hydrated at the initial stage of Phase I as the number of HD cycles increased. Since the metabolic changes
236 initiated during each hydration event are preserved and resume upon rehydration, these seeds may have
237 been better able to repair potential damage to their metabolic machinery throughout the subsequent
238 cycles, thereby ensuring improved germination performance.

239 Our germination results demonstrate a clear and distinct relationship between the species'
240 germinative performance and the specific hydration phase during which hydration and dehydration (HD)
241 cycles are applied. These findings not only contribute to a deeper understanding of the species'
242 physiological responses under fluctuating environmental conditions but also offer valuable insights for
243 developing seedling production techniques tailored for ecological restoration and reforestation
244 initiatives in degraded areas.

245 **Initial Growth**

246 The seedling establishment phase is critical for plant success, and beyond environmental factors, strong
247 germination performance enhances seedling establishment (Donohue et al. 2007). Tolerance to
248 discontinuous hydration during germination may activate physiological stress memory mechanisms that
249 enhance early seedling development and promote the emergence of vigorous, stress-resilient individuals,
250 as reported for *Triplaris gardneriana* Wedd. (Polygonaceae) (Freitas et al. 2021) and *Sarcomphalus*
251 *joazeiro* (Mart.) Hauenschild (Rhamnaceae) (Silva et al. 2025), both native to the Caatinga.

252 Additionally, the contrasting patterns that we observed between germination and seedling development
253 suggest that hydration memory is transient and modulated in a spatial and time manner (Freitas et al.
254 2021).

255 As sessile organisms, plants rely on their ability to store information through stress memory to ensure
256 faster and more effective responses to future environmental stressors, thereby improving ecological
257 fitness (Jacques et al. 2021; Kambona et al. 2023). This memory can operate through short-term
258 mechanisms (e.g., morphological, physiological, or metabolic changes) or long-term strategies such as
259 epigenetic regulation (Crisp et al. 2016). However, maintaining such memory entails a metabolic cost
260 that may compromise other vital processes such as growth and carbon allocation.

261 According to the growth–defense trade-off hypothesis (Herms and Mattson 1982; Huot et al. 2014),
262 defense activation often comes at the expense of growth, as resources are reallocated away from
263 photosynthesis and biomass accumulation (Crisp et al. 2016). This framework may help explain our
264 findings, where seedlings from seeds hydrated early ($\frac{1}{2}$ of Phase I) and subjected to fewer HD cycles
265 (1C) or hydrated later ($\frac{1}{4}$ of Phase II) under more intense HD conditions (3C), showed lower growth
266 and biomass production. These patterns may reflect a trade-off in which plants favor the maintenance
267 of a heightened state of alert—potentially mediated by the retention of hydration memory acquired
268 during the seed stage—over investment in growth.

269 While stress memory is often linked to enhanced performance, this relationship is not necessarily
270 positive or linear. Depending on the context, repeated exposure to stress can result in either
271 familiarization (a reduced response) or sensitization (an amplified response) (Conrath et al. 2006;
272 Gagliano et al. 2014). Our findings suggest evidence of a sensitization of memory in *C. pyramidale*
273 seedlings, as indicated by the observed reduction in growth and dry biomass accumulation. This may
274 reflect a physiological reallocation toward more conservative developmental strategies. Although
275 morpho-anatomical traits were not measured in our study, it is plausible that these patterns are associated
276 with a trade-off between growth and defense, such as reductions in specific leaf area or limitations in
277 cell elongation, as protective mechanisms against future fluctuations in water availability. Similar
278 responses have been reported for this species in a study by Ribeiro et al. (2021).

279 Thus, remaining in a sensitized state may be particularly advantageous for species adapted to
280 environments characterized by recurring stress events, such as drought and high temperatures, that
281 define the Caatinga ecosystem, where *C. pyramidale* naturally occurs.

282 These results reinforce the adaptive value of priming-induced stress memory in early development
283 stages of species from dry environments, as well as providing valuable insights for seedling production
284 programs in nurseries aimed at ecological restoration of the Caatinga. Our findings highlight the delicate
285 relationship between the hydration phase, the application of hydration–dehydration (HD) cycles, and
286 the modulation of hydration memory expression.

287 Moreover, we propose that the careful application of HD cycles during early imbibition phases can be
288 regarded as a form of physiological priming, capable of enhancing germinative performance, as
289 evidenced in our germination data, and possibly activating mechanisms that confer greater tolerance to
290 *C. pyramidale* seedlings during early growth. In this sense, practices based on controlled mild water
291 stress simulations may be effectively integrated into pre-germinative management strategies for native
292 species adapted to environments with water availability fluctuations.

293 However, since our observations were made under optimal conditions for germination and seedling
294 development, further studies are needed to assess the germinative and early growth responses of *C.*
295 *pyramidale* under abiotic stress conditions such as water deficit, salinity, and high temperatures. These
296 investigations are essential to validate the applicability of hydration memory-based strategies under real-
297 world stress scenarios typical of the Caatinga and others Seasonally Dry Tropical Forests.

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- 413

414 **Statements and Declarations**

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417 **Competing Interest** The authors have no relevant financial or non-financial interests to disclose.

418 **Author contributions** All authors contributed to the study conception and design.

Table 1 Analysis of variance results for variables germinability (%G), time to 50% germination (T50), Germination rate index (GRI), and synchronization index (SI) of *Cenostigma pyramidale* (Tul.) E. Gagnon & G.P. Lewis (*Fabaceae*) seeds subjected to 0, 1, 2, and 3 cycles of hydration and dehydration (HD), with hydration performed either at ½ of Phase I or ¼ of Phase II.

Factors	f	d.f	p-value
<i>Germinability</i>			
HD cycles	10.5705	3	<.0001
Hydration Time	11.082	1	0.0027
HD cycles x Hydration Time	4.429	3	0.0129
<i>T50</i>			
HD cycles	12.7649	3	<.0001
Hydration Time	0.2568	1	0.6168
HD cycles x Hydration Time	1.3416	3	0.2843
<i>GRI</i>			
HD cycles	27.5906	3	<.0001
Hydration Time	4.4694	1	0.0451
HD cycles x Hydration Time	9.4964	3	0.0002
<i>SI</i>			
HD cycles	10.5481	3	<.0001
Hydration Time	16.1836	1	0.0004
HD cycles x Hydration Time	7.6415	3	0.0009
<i>Vigor index</i>			
HD cycles	10.5481	3	<.0001
Hydration Time	16.1836	1	0.0004
HD cycles x Hydration Time	7.6415	3	0.0009

The symbol × indicates interaction between the factors

Table 2 Germinability (%), time to 50% germination (T50), germination rate index (GRI), and synchronization index (SI) of *Cenostigma pyramidale* (Tul.) E. Gagnon & G.P. Lewis (*Fabaceae*) seeds subjected to 0, 1, 2, and 3 cycles of hydration and dehydration (HD), with hydration performed either at $\frac{1}{2}$ of Phase I or $\frac{1}{4}$ of Phase II.

HD cycles	Hydration time	%G	T50	GRI	SI
0C	$\frac{1}{2}$ of Phase I	83bA	1.64aA	9.62cA	0.62aA
1C		94aA	1.46aA	13.12bA	0.64aA
2C		95aA	1.45ab A	13.02bA	0.74aA
3C		92aA	1.22bA	16.14aA	0.47bA

0C	$\frac{1}{4}$ of Phase II	83bA	1.64aA	9.62bA	0.62aA
1C		95aA	1.37bA	13.90aA	0.44bA
2C		87abB	1.35bA	13.32aA	0.55abB
3C		78bB	1.33bA	11.80aB	0.50abA

Lowercase letters indicate differences among HD cycle numbers within the same hydration time. Uppercase letters indicate differences for the same number of HD cycles between hydration times.

Table 3 Analysis of variance results for variables plant height (cm), stem diameter (mm), leaf number, root length (mm), leaf, stem, root and total dry biomass (g) of *Cenostigma pyramidale* (Tul.) E. Gagnon & G.P. Lewis (*Fabaceae*) seedlings subjected to 0, 1, 2, and 3 cycles of hydration and dehydration (HD), with hydration performed either at $\frac{1}{2}$ of Phase I or $\frac{1}{4}$ of Phase II.

Factors	f	d.f	p-value
<i>Plant height (cm)</i>			
HD cycles	4.5146	3	0.0058
Hydration Time	1.8091	1	0.1827
HD cycles x Hydration Time	2.1594	3	0.1003
<i>Stem diameter (mm)</i>			
HD cycles	6.2254	3	0.0007
Hydration Time	0.0181	1	0.8931
HD cycles x Hydration Time	0.2765	3	0.2765
<i>Leaf number</i>			
HD cycles	1.1242	3	0.345
Hydration Time	0.1222	1	0.7275
HD cycles x Hydration Time	1.5149	3	0.218
<i>Root length (mm)</i>			
HD cycles	1.666	3	0.1819
Hydration Time	0.0636	1	0.8014
HD cycles x Hydration Time	4.6401	3	0.0050
<i>Leaf dry biomass (g)</i>			
HD cycles	10.180	3	<.0001
Hydration Time	0.8424	1	0.3616
HD cycles x Hydration Time	1.322	3	0.2738
<i>Stem dry biomass (g)</i>			
HD cycles	9.1063	3	<.0001
Hydration Time	3.2029	1	0.0776
HD cycles x Hydration Time	7.7877	3	0.0001
<i>Root dry biomass (g)</i>			
HD cycles	3.7382	3	0.0148
Hydration Time	0.7764	1	0.381
HD cycles x Hydration Time	1.2328	3	0.0404
<i>Total dry biomass (g)</i>			
HD cycles	21.468	3	<.0001
	6		
Hydration Time	0.9787	1	0.3257
HD cycles x Hydration Time	2.6707	3	0.0539

The symbol × indicates interaction between the factors

List of Captions

Figure 1 Schematic overview of treatment with hydration and dehydration cycles in *Cenostigma pyramidale* (Tul.) E. Gagnon & G.P. Lewis (*Fabaceae*) seeds. Each HD cycle corresponds to hydration followed by dehydration at different time of hydration.

Figure 2 Plant height (a), stem diameter (b), leaf number (c) and root length (d) of *Cenostigma pyramidale* (Tul.) E. Gagnon & G.P. Lewis (*Fabaceae*) seedlings subjected to 0, 1, 2, and 3 cycles of hydration and dehydration (HD), with hydration performed either at $\frac{1}{2}$ of Phase I or $\frac{1}{4}$ of Phase II. Lowercase letters indicate differences among HD cycle numbers within the same hydration time. Uppercase letters indicate differences for the same number of HD cycles between hydration times.

Figure 3 Leaf (a), stem (b), root (c) and total (d) dry biomass of *Cenostigma pyramidale* (Tul.) E. Gagnon & G.P. Lewis (*Fabaceae*) seedlings subjected to 0 (control), 1, 2, and 3 cycles of hydration and dehydration (HD), with hydration performed either at $\frac{1}{2}$ of Phase I or $\frac{1}{4}$ of Phase II. Lowercase letters indicate differences among HD cycle numbers within the same hydration time. Uppercase letters indicate differences for the same number of HD cycles between hydration times.

Figure 4 Overall responses of *Cenostigma pyramidale* (*Fabaceae*) seeds and seedlings treated with HD cycles at different times of hydration.

Figure 1

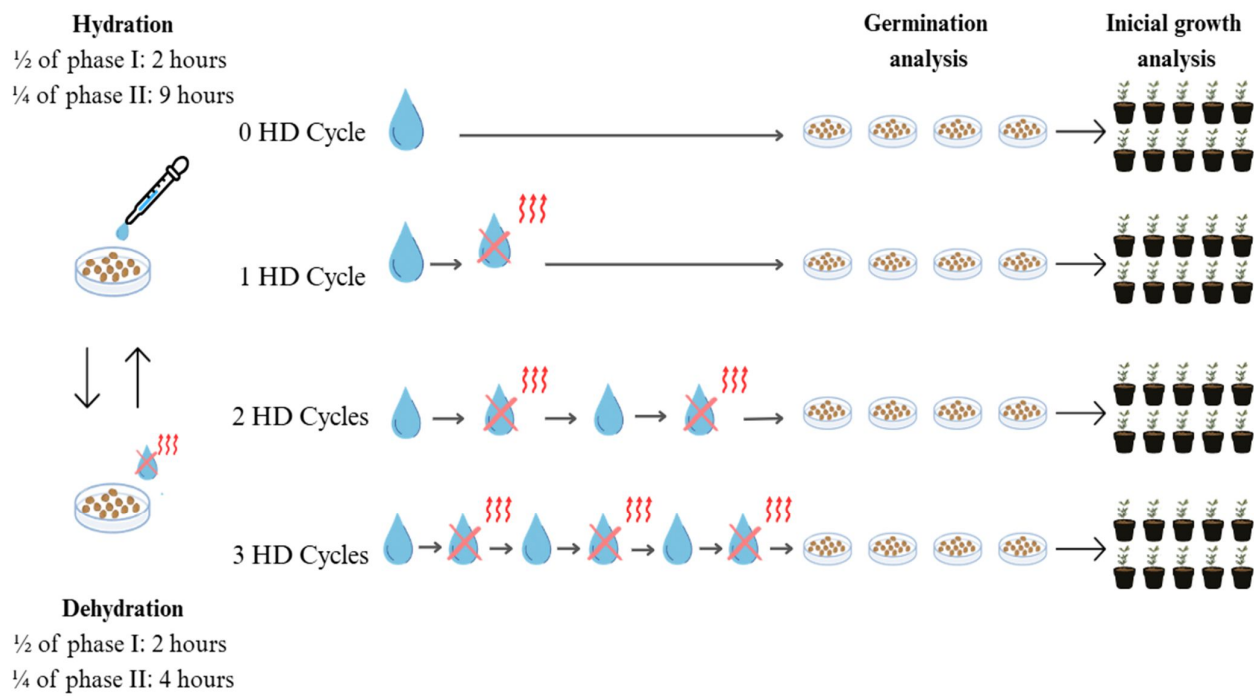


Figure 2

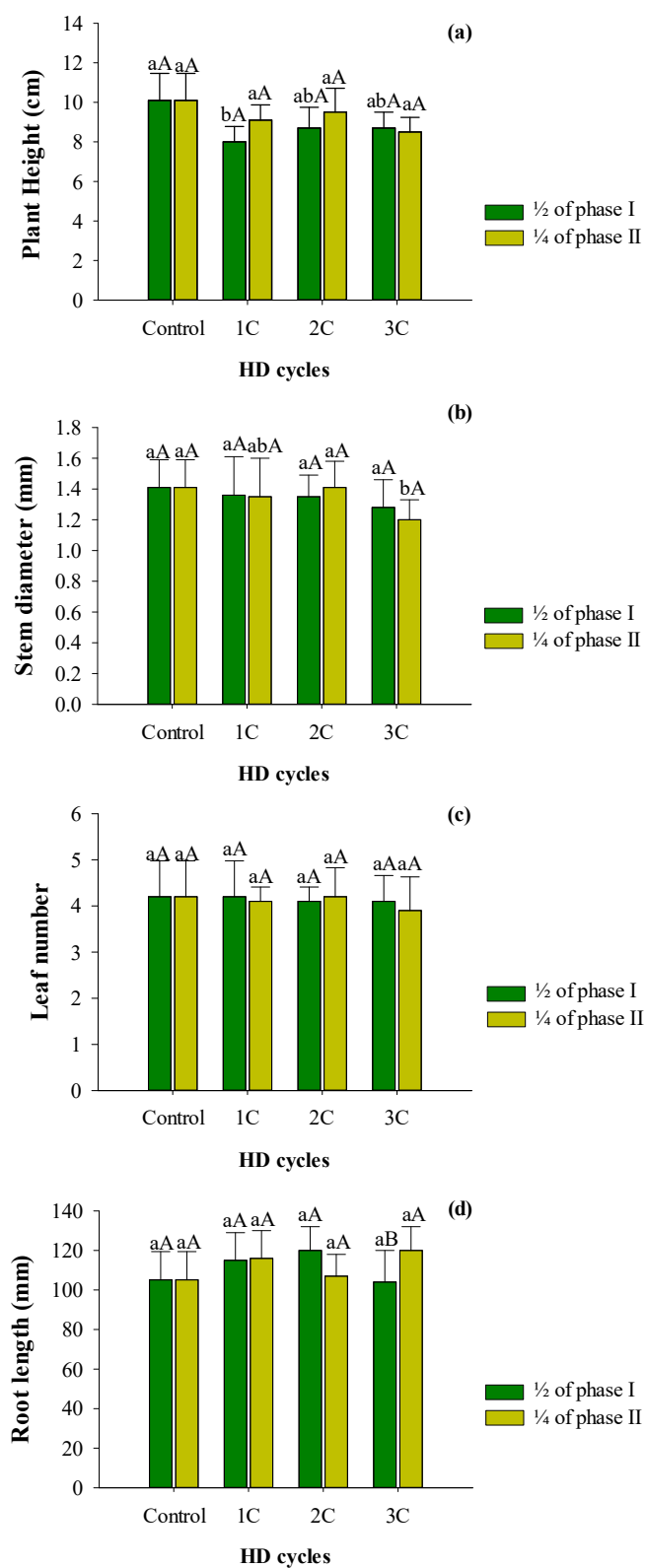


Figure 3

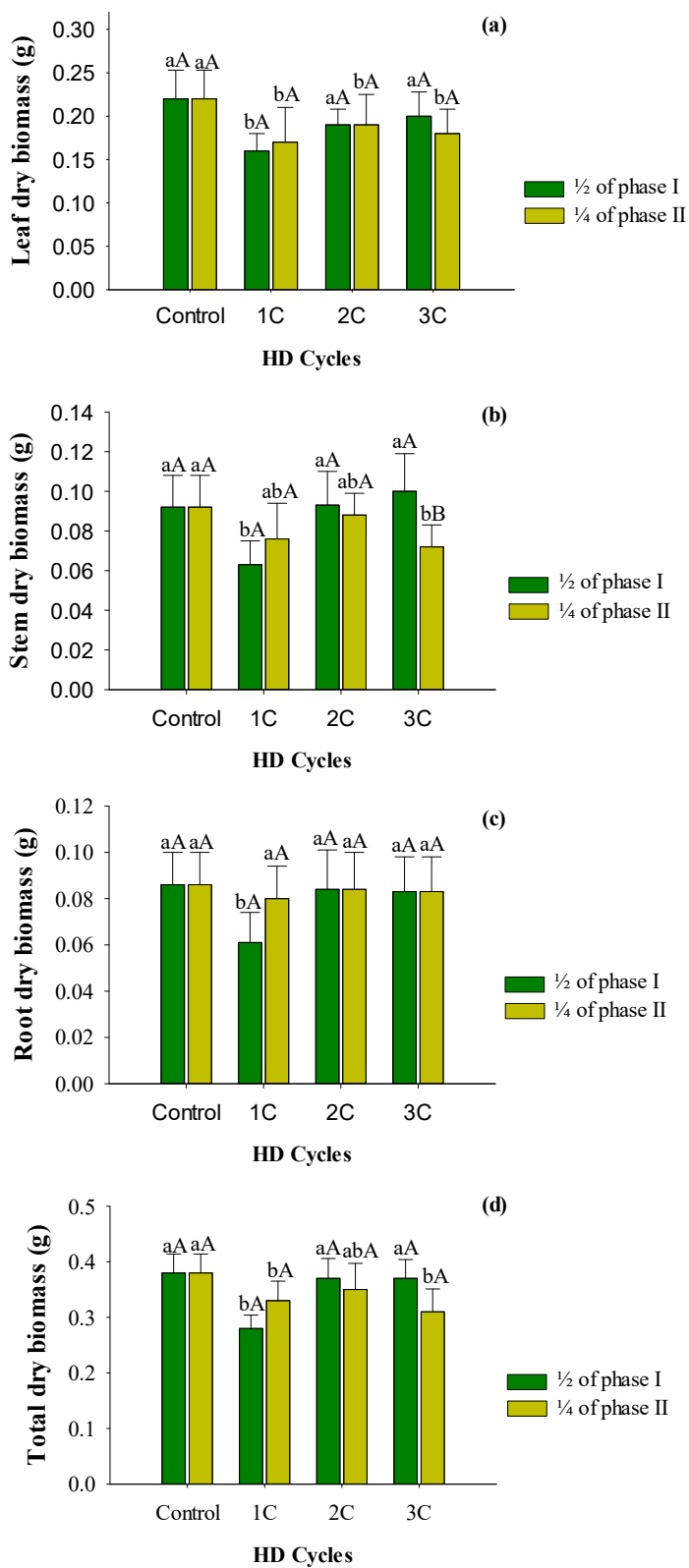
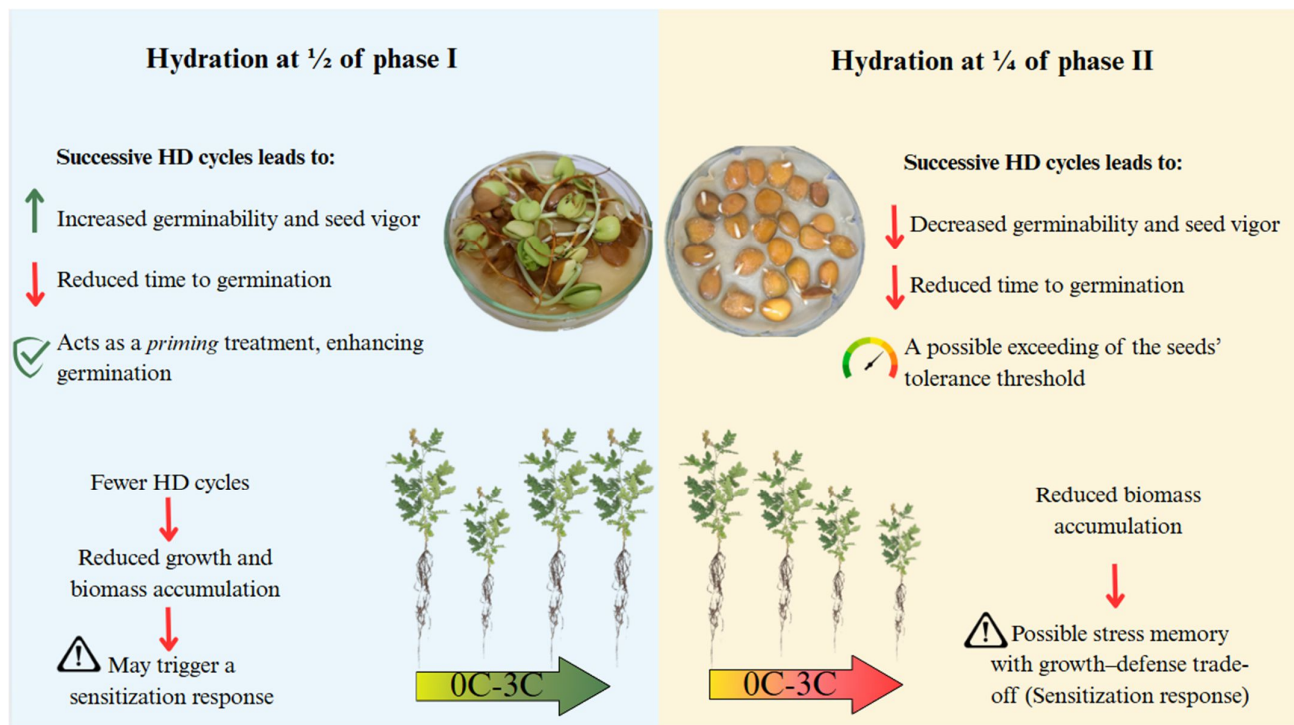


Figure 4



1 **Seeds of *Cenostigma pyramidale* (Tul.) Gagnon & G.P. Lewis (Fabaceae)**
2 **exhibit germinative resilience under high-temperature pulses**

3

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Abstract

16 Plant reproductive success is closely linked to the germination performance of dispersed seeds, which
17 are frequently subjected to harsh environmental conditions after release from the maternal plant. In
18 Seasonally Dry Tropical Forests (SDTF), such as the Brazilian Caatinga, seeds are commonly exposed
19 to intense thermal pulses at the soil surface, where temperatures can exceed 50 °C. Despite the ecological
20 importance of this phenomenon, the effects of high-temperature pulses exposure on seed germination
21 and early seedling growth of native Caatinga species remain poorly understood, particularly under
22 current climate change scenarios. This study investigated the effects of high-temperature pulses on the
23 germination and initial growth of *Cenostigma pyramidale*, a widely distributed native species of the
24 Caatinga. Seeds were exposed to temperatures of 55, 65 and 75 °C for 30, 60 and 90 minutes, followed
25 by assessments of germination and seedling initial growth. The results revealed a high intrinsic tolerance
26 of *C. pyramidale* seeds to high-temperature pulses exposure. However, prolonged thermal pulses and
27 higher temperatures significantly reduced germinability, mean germination rate and synchrony, while
28 increasing germination time. Seedlings from seeds exposed to 65 °C for 30 and 60 minutes showed
29 increased height, whereas no significant effects were detected for other growth traits or biomass
30 accumulation. These findings indicate that *C. pyramidale* exhibits resilience to transient thermal stress
31 and physiological plasticity during early development, highlighting adaptive traits that may contribute
32 to persistence in seasonally dry tropical ecosystems under future warming scenarios.

33 **Key-words:** Thermal stress; Caatinga; Seed germination; post-germinative growth; Heat pulses.

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40 **Introduction**

41 The natural environment is shaped by a complex interplay of climatic and environmental factors that
42 operate across specific spatial and temporal scales. These conditions compel organisms to respond
43 rapidly and efficiently to external stimuli, ensuring their survival (Souza et al., 2024; Becklin et al.,
44 2016). Environmental pressures are particularly intense for sessile organisms such as plants, which rely
45 on precise physiological and morphological mechanisms to establish and reproduce successfully (Galviz
46 et al., 2022). Throughout their evolutionary history, plants have developed a broad range of structural
47 and functional adaptations that enable them to withstand adverse conditions and achieve ecological
48 success (Hilker and Schmülling 2019).

49 Seasonally Dry Tropical Forests (SDTFs) are among the ecosystems that best exemplify this adaptive
50 capacity. In Brazil, the Caatinga is the main SDTF, covering approximately 11% of the national territory
51 (Meiado et al., 2020). This ecosystem is characterized by a semi-arid climate with high temperatures,
52 irregular and poorly distributed rainfall, and prolonged dry seasons (Alves et al., 2009; Meiado et al.,
53 2020). Despite these constraints, the Caatinga hosts a rich and diverse flora composed of species highly
54 adapted and tolerant to multiple environmental stresses (Fernandes & Queiroz, 2018).

55 Seed germination represents a critical stage in the plant life cycle, and environmental conditions
56 before, during, and after germination can significantly affect this process, either confer physiological
57 benefits or cause damage (Baskin and Baskin, 1998; Gagliano et al., 2014). In semi-arid regions such as
58 the Caatinga, seeds are often exposed to high temperatures from dispersal until the onset of germination
59 near the soil surface (Meiado et al., 2012; Dantas et al., 2024). In a study conducted by Dantas and co-
60 authors (2020), it has been demonstrated that some Caatinga species can germinate under elevated
61 temperatures, typically between 35 and 45 °C.

62 However, soil surface temperatures in the Caatinga can exceed 50 °C (Martins et al. 2024), reaching
63 daily peaks between 12:00 and 14:00 h when solar radiation is highest (Souto et al. 2009). Seeds lying
64 on the soil surface may therefore experience recurrent thermal pulses throughout the day. Santos-Júnior
65 et al. (2023) reported that seeds of *Enterolobium contortisiliquum* (Vell.) Morong (Fabaceae) tolerate

66 prolonged exposure to 70 °C, which enhanced germination and early seedling growth, suggesting a
67 possible *thermal priming* effect.

68 Nevertheless, few studies have investigated the effects of thermal pulses on seed viability and
69 germination in Caatinga species. Most available data concern species from fire-prone ecosystems such
70 as the Cerrado (Rizzini, 1976; Santana et al., 2019) or focus on heat exposure as a mechanism for
71 overcoming physical dormancy (Zomer et al. 2022; Cuenca Lombraña et al. 2024).

72 Given current projections of increasing temperature and the higher frequency of extreme climatic
73 events (Marengo et al. 2017), understanding the effects of thermal exposure on seeds is crucial for
74 predicting regeneration dynamics in the Caatinga. Especially considering the ecological dynamics of the
75 environment, as well as the phenology of native species.

76 Thus, the present study aimed to evaluate the effects of exposing *Cenostigma pyramidale* (Tul.)
77 Gagnon & G.P.Lewis (Fabaceae) seeds to high temperatures (55, 65, and 75 °C) and different exposure
78 times (0, 30, 60, and 90 min) on germination and early seedling growth. This species was selected
79 because it is a widely distributed woody legume in the Caatinga, known for its tolerance to
80 environmental stress (Dantas et al., 2020; Wright et al. 2023). Its seeds are autocorically dispersed at
81 the end of the dry season, a period marked by high temperatures and low soil moisture, which may
82 expose them to short-term heat pulses (Silva et al., 2024).

83 We tested three hypotheses: (i) *C. pyramidale* seeds are tolerant to high temperatures pulses; (ii)
84 longer heat pulses cause physiological damage and reduce germinability; and (iii) thermal exposure
85 influences the seedling phase, producing more vigorous individuals from seeds exposed to moderate
86 heat.

87 **Materials and methods**

88 **Study area and seed collection**

89 The experiment was conducted under semi-controlled conditions at the Laboratory of Plant
90 Physiology and Ecophysiology and in a greenhouse belonging to the Department of Biology of the
91 Federal University of Sergipe (UFS).

92 *Cenostigma pyramidale* seeds used in the experiment were donated by the Center for Ecology and
 93 Environmental Monitoring (NEMA) at the Federal University of Vale do São Francisco (UNIVASF).
 94 Seed lots were collected from native Caatinga areas in the Northeast region of Brazil.

95 **Exposure to high temperatures and seed germination**

96 Seeds of *C. pyramidale* were first disinfected in a 3% sodium hypochlorite (NaClO) solution for
 97 three minutes. They were then rinsed with distilled water to remove any residual chemicals from the
 98 seed coat. After washing, seeds were dried with absorbent paper and placed in plastic trays lined with
 99 paper towels, where they remained at room temperature (25 °C) for 24 h.

100 Subsequently, the seeds were transferred to Petri dishes lined with two layers of sterilized filter paper
 101 and subjected to heat-exposure treatments in a drying oven (model WHL-25AB) at three temperatures
 102 (55, 65, and 75 °C) for 0 (control), 30, 60, and 90 min. The temperature levels were selected based on
 103 previous studies (Santos-Júnior et al., 2023; Santos-Júnior & Silva, 2024) and on the maximum soil-
 104 surface temperatures recorded in Caatinga ecosystems (Souto et al., 2009; Martins et al., 2024).
 105 Exposure times were designed to simulate short-term thermal pulses that naturally occur in the semi-
 106 arid environment throughout the day.

107 After exposure to high temperatures, seeds were weighed to evaluate the effects of the treatments on
 108 seed water dynamics. The percentage of relative water loss between exposures (PRWL) and the relative
 109 water content (RWC) in relation to total water percentage were calculated using the following equation:

110
$$\text{PRWL (\%)} = \frac{M_i - M_s}{M_i} \times 100$$
 where M_i is the seed mass before thermal exposure and M_s is the seed
 111 mass after exposure.

112 For total relative water content, the following equation was applied:

113
$$\text{RWC(\%)} = \frac{M_f - M_d}{M_i - M_d} \times 100$$
 where M_i is the initial seed mass before exposure, M_f is the final seed
 114 mass after exposure to heat pulses, and M_d is the dry mass obtained after 24 h of drying in an oven.

115 **Germination analysis**

116 After exposure to high temperatures, seeds were hydrated with 10 mL of distilled water and kept on
 117 a laboratory bench at 25 °C. The moisture of the filter paper was maintained by replenishing distilled
 118 water whenever necessary.

119 Each treatment consisted of five replicates of 20 seeds (n = 100 per treatment). Germination was
 120 recorded daily and considered complete when no new germination events occurred for seven
 121 consecutive days, totaling a 15-day period after sowing.

122 Seeds were considered germinated when the radicle protrusion reached a length of ≥ 2 mm.

123 To evaluate the effect of thermal exposure on seed germination, germinability (%) was calculated
 124 using the following equation:

$$125 \quad G = \frac{\sum n_i}{N} \cdot 100, \quad 0 \leq G \leq 100$$

126 where $\sum n_i$ represents the total number of seeds germinated during the experimental period and N is
 127 the total number of seeds placed to germinate in the Petri dishes (Ranal & Santana, 2006).

128 The time required for 50% seed germination (T_{50}) was calculated according to Farooq *et al.* (2005)
 129 using the following equation:

$$130 \quad T_{50} = t_i + \frac{\left(\frac{N}{2} - n_i \right) \cdot (t_j - t_i)}{n_j - n_i}$$

131 where N is the total number of germinated seeds, n_i is the cumulative number of seeds germinated
 132 at time t_i , and n_j is the cumulative number of seeds germinated at time t_j , when $n_i < \frac{N}{2} < n_j$.

133 The mean germination rate (MGR) was expressed as the average daily germination rate (\bar{v} ; day⁻¹),
 134 calculated according to Ranal and Santana (2006) using the following equation:

$$135 \quad \bar{v} = \frac{1}{\bar{t}}, \quad 0 < \bar{v} \leq 1.$$

136 where \bar{t} represents the mean germination time (MGT) according to Labouriau (1983).

137 The uniformity of germination was evaluated by the coefficient of variation of germination time
 138 (CV_i; %), calculated using the following expression:

$$139 \quad CV_t = \frac{s_t}{\bar{t}} \cdot 100, \quad 0 < CV_t <$$

140 where s_t is the standard deviation of germination time, expressed by the following equation: $s_t =$

$$141 \quad \sqrt{\frac{\sum_{i=1}^k n_i (t_i - \bar{t})^2}{(\sum_{i=1}^k n_i - 1)^{-1}}}$$

and \bar{t} is the mean germination time (MGT) (Ranal and Santana 2006).

142 To determine germination synchrony, the synchrony index (SI) was calculated according to Ranal
 143 and Santana (2006), using the following equation:

$$144 \quad SI = \sum_i \frac{C_{n_i,2}}{N}$$

145 Where $C_{n_i,2} = n_i \frac{(n_i-1)}{2}$ e $N = \sum n_i \left(\frac{\sum n_i - 1}{2} \right)$ where n_i is the number of seeds germinated at time i ,
 146 $C_{n_i,2}$ represents the number of possible pairs of seeds germinated at the same time i , and N is the total
 147 number of possible seed pairs throughout the entire germination period.

148 Finally, the predictability of germination events was evaluated using the germination uncertainty
 149 index (U; bit), calculated according to Labouriau and Valadares (1976), using the following expression:

$$150 \quad U = - \sum_{i=1}^k f_i \log_2 f_i, \quad \text{with } f_i = \frac{n_i}{\sum_{i=1}^k n_i}, \quad 0 \leq U \leq \log_2 n$$

151 where f_i is the relative frequency of germination at time i , n_i is the number of seeds germinated on
 152 day i , and k is the last day of observation (Ranal & Santana, 2006).

153 **Plant growth analysis**

154 After germination, 10 seedlings from each pre-germination treatment were transplanted into 300 g
 155 plastic containers filled with topsoil and maintained in an agricultural greenhouse under daily irrigation
 156 for 30 days (Fig. 1).

157 At the end of this period, morphometric parameters, including plant height, stem diameter, number
158 of leaves, and root length, were recorded. Subsequently, seedlings were harvested, separated into leaves,
159 stems, and roots, placed in paper bags, and dried in a forced-air oven at 70 °C to determine leaf, stem,
160 root, and total dry biomass.

161 **Statistical analysis**

162 Germination parameters were calculated using the *germinationmetrics* package in R software
163 (version 4.4.0). Prior to statistical analyses, data were evaluated for distributional adequacy and model
164 assumptions. Generalized Linear Models (GLMs) were fitted considering temperature, exposure time,
165 and their interaction as fixed factors. Continuous positive variables were modeled using a Gamma error
166 distribution with a log link function, while count data were analyzed using a Poisson distribution. When
167 model singularities occurred due to missing factor combinations, Type II likelihood-ratio tests were
168 applied.

169 Model significance was assessed through analysis of deviance, and results were expressed as degrees
170 of freedom, test statistics, and p-values. When significant effects were detected, pairwise comparisons
171 were performed using estimated marginal means (EMMs) with Tukey-adjusted post hoc tests,
172 comparing temperatures within each exposure time and exposure times within each temperature level.
173 Multivariate patterns were explored using heatmaps with hierarchical clustering, principal component
174 analysis (PCA) biplots, and radar charts. All statistical analyses and graphical procedures were
175 conducted in the R software environment (Version 4.0.0).

176 **Results**

177 **Germination**

178 Exposure of *C. pyramidale* seeds to different temperatures and exposure times significantly affected
179 the germination parameters evaluated (Tab. 1).

180 In general, exposure to short thermal pulses (30 and 60 min) did not reduce seed germinability at 55
181 °C and 65 °C, showing no significant difference from the control group (Fig. 2A). However, a
182 progressive decline in germination percentage was observed in seeds exposed to 75 °C for 60 and 90

183 min (Fig. 2A). Seeds exposed to 55 °C showed no reduction in germinability at any exposure time,
184 whereas exposure at 65 °C reduced germination only at the longest duration (90 min) (Fig. 2A).

185 Regardless of temperature, exposure to high thermal pulses increased the time required for 50% of
186 seeds to germinate ($T_{50\%}$) (Fig. 2B). Accordingly, longer exposure times resulted in higher T_{50} values,
187 with the highest means recorded at 75 °C for 60 and 90 min (Fig. 2B).

188 The mean germination rate (MGR) and synchrony index (SI) exhibited similar patterns. Both
189 parameters decreased under longer exposure durations (60 and 90 min), particularly at 75 °C. At the
190 longest exposure (90 min), both MGR and SI showed significant reductions across all temperature
191 treatments (Fig. 2C and 2D).

192 For the coefficient of variation of germination time (CV_t), significant differences were detected only
193 in seeds exposed to 75 °C for 90 min, which differed from all other treatments for both temperature and
194 exposure time factors (Fig. 2E).

195 Similarly, the germination uncertainty index (U) increased with longer exposure times to high
196 temperatures. However, seeds exposed to 75 °C for 90 min exhibited a lower germination uncertainty
197 than the other treatments, likely reflecting the smaller number of seeds that germinated under this
198 condition, which may have influenced the index calculation (Fig. 2F).

199 Multivariate analyses consistently demonstrated that treatment effects were structured along
200 gradients of temperature and exposure time. The combined use of heatmap, PCA, and radar plots
201 revealed coherent treatment-specific patterns without overlapping between the most extreme thermal
202 treatments and the moderate ones (Fig. 3).

203 The heatmap revealed clear differences in the standardized responses (z-score) of germination-
204 related variables across temperature and exposure time treatments (Fig. 3A). Treatments at 75 °C,
205 particularly at 60 and 90 min, showed higher standardized values for seed water loss (%WaterLost) and
206 T_{50} , while treatments at 55 °C and 65 °C clustered closer together, showing comparatively higher values
207 of germination percentage (%G) and mean germination rate (MGR). Hierarchical clustering separated
208 high-temperature treatments from moderate-temperature treatments, indicating distinct multivariate
209 response patterns (Fig. 3A).

210 Principal Component Analysis explained a large proportion of the total variance in the dataset. The
211 first principal component (PC1) accounted for 72.8% of the variation, while the second component
212 (PC2) explained 18.2%, together representing 91.0% of the total variance (Fig. 3B). The PCA biplot
213 showed a clear spatial separation of treatments according to temperature and exposure time. Treatments
214 at 75 °C were consistently positioned on the positive side of PC1, whereas treatments at 55 °C and 65
215 °C were positioned predominantly on the negative side. The variables %WaterLost, T50, and
216 Germination Uncertainty were strongly associated with the positive direction of PC1, while %G, MGR,
217 and SI were more closely aligned with the negative direction of this axis (Fig. 3B)

218 Radar plots highlighted distinct physiological profiles among treatments (Fig. 3C). Seeds exposed to
219 55 °C (30, 60, and 90 min) showed relatively uniform polygon shapes, characterized by higher values
220 of %G and lower values of T50 and %WaterLost (Fig. 3C). Treatments at 65 °C exhibited intermediate
221 profiles, with moderate expansion of the polygons towards T50 and %WaterLost, while maintaining
222 relatively stable values for %G and MGR (Fig. 3C). At 75 °C, particularly under 60- and 90-min
223 exposures, radar plots showed marked expansion towards %WaterLost and T50, with a concomitant
224 contraction towards %G and SI, revealing increased dispersion in the multivariate profiles across these
225 treatments (Fig. 3C).

226 **Initial Growth**

227 Regarding the initial growth parameters, statistically significant differences were observed only for
228 plant height (Tab. 2).

229 When comparing temperatures within the same exposure time, plants derived from seeds exposed to
230 65 °C for 30 and 60 min showed greater height, significantly differing from those exposed to 55 °C and
231 75 °C (Tab. 3). Thus, exposure of seeds to 65 °C for a short or moderate period promoted greater shoot
232 elongation but reduced stem thickness (Tab. 3).

233 No significant differences were found for number of leaves, root length (Tab. 3), or leaf, stem, root,
234 and total dry biomass (Tab. 4).

235 **Discussion**

236 **Seed Germination**

237 Seed germination is a crucial stage in the plant life cycle and directly influences reproductive success,
238 recruitment patterns, and population persistence (Gagliano et al., 2014). For species inhabiting
239 environments with strong climatic unpredictability, such as the Caatinga dry forest, the production of
240 vigorous and stress-resilient seeds is essential for maintaining long-term population stability (Donohue
241 et al., 2007). However, the germination stage is physiologically sensitive and can be strongly affected
242 by fluctuations in temperature and water availability, two environmental factors that vary widely across
243 both spatial and temporal scales in the Caatinga ecosystem (Dantas et al., 2020).

244 Our results demonstrate that *Cenostigma pyramidale* seeds exhibit remarkable tolerance to thermal
245 pulses, even under extreme temperatures (65–75 °C). This high level of thermal resilience is ecologically
246 relevant, as surface soil temperatures in the Caatinga commonly exceed 60 °C during the dry season
247 (Souto et al., 2009; Martins et al., 2024). Such tolerance may therefore represent an adaptive trait that
248 enhances the persistence and broad distribution of *C. pyramidale* across different microhabitats within
249 the ecosystem.

250 From a phenological perspective, seed dispersal in *C. pyramidale* occurs through ballistic dehiscence
251 and is concentrated during the transition from the dry season to the onset of the rainy season (Leite and
252 Machado, 2009; Lima et al., 2018). In this type of dispersal syndrome, seeds may land in shaded areas
253 or in fully exposed microsites where soil temperatures are substantially higher. Consequently, seeds
254 experience a complex spatial–temporal mosaic of environmental conditions, including high evaporative
255 demand, rapid water loss, and exposure to thermal pulses (Poppinga et al., 2019). The ability to
256 withstand such conditions is therefore critical for the maintenance of both transient and persistent soil
257 seed banks (De Paula et al., 2023).

258 Thermal exposure caused a progressive reduction in seed water content, which was most pronounced
259 at higher temperatures and longer exposure times. High temperatures can accelerate physiological aging,
260 promote membrane destabilization, alter lipid fluidity, and induce microfissures in the seed coat, all
261 factors known to impair seed viability in other species (Cancino et al., 1993; Daws et al., 2007). Despite
262 these potential stressors, *C. pyramidale* seeds maintained relatively high germinability and rapid
263 germination rates, indicating robust physiological resilience.

264 *C. pyramidale* produces orthodox seeds that are dispersed with low moisture content, approximately
265 10% water (Oliveira et al., 2011). In addition, the seed coat features a palisade layer of macrosclereids
266 and associated tissues that form a strongly protective structure, a trait widely found in Fabaceae (Melo-
267 Pinna et al., 1999). Physiologically, the seeds present a suite of protective mechanisms, including
268 increased antioxidant activity and accumulation of soluble sugars, proteins, and amino acids (Matias,
269 2019). This set of mechanisms, together with other protective factors associated with desiccation and
270 heat tolerance, such as the synthesis of heat-shock proteins (sHSPs) (Wehmeyer and Vierling, 2000),
271 LEA proteins, and antioxidant defense pathways (Xing et al., 2025), may be strongly related to the high
272 thermal tolerance observed in the species.

273 The observed increase in T50 under severe thermal treatments suggests a direct effect of water loss
274 on germination speed. Although seeds with lower moisture content typically exhibit a higher water
275 potential gradient and therefore absorb water more rapidly (Martel et al., 2018; Lombrãna et al., 2024),
276 studies also indicate that exposure to high temperatures can increase abscisic acid (ABA) synthesis and
277 reduce the production of hydrolytic enzymes essential for initiating the biochemical cascades that drive
278 germination (Martel et al., 2018; Suriyasak et al., 2020; Jatana et al., 2024).

279 Although such physiological parameters were not analyzed in the present study, our findings may
280 indicate two possible explanations based on evidence in the literature:

281 **(i)** Thermal drying may induce secondary coat-imposed dormancy, thereby slowing water uptake and
282 delaying germination (Jaganathan et al., 2019). This mechanism may act as a bet-hedging strategy
283 widely observed in species from unpredictable environments, in which staggering germination events
284 over time—as indicated by the increased T50 in our study—helps populations avoid synchronous failure
285 under unfavorable climatic conditions (Abley et al., 2024). Given that *C. pyramidale* seeds are dispersed
286 between the late dry season and the onset of the rainy season (Leite and Machado, 2009; Lima et al.,
287 2018), the activation of a bet-hedging mechanism may ensure higher chances of germination only when
288 environmental conditions become more stable, thereby improving seedling establishment and survival.

289 **(ii)** Alternatively, exposure to high temperatures may cause sublethal damage to internal tissues,
290 including partial loss of membrane integrity, cytoplasmic leakage, DNA damage, and reduced levels of
291 hydrolytic enzymes (Martel et al., 2018; Suriyasak et al., 2020). In such cases, seeds may need to allocate

292 resources to repair these physiological injuries before completing germination, resulting in slower
293 germination dynamics (Máková et al., 2022; Kumar et al., 2023). Thus, the delayed germination and
294 reduced germinability observed in the treatments with longer exposure to thermal pulses may be related
295 to physiological and mechanical damage occurring in the seed tissues during thermal stress.

296 Finally, considering the projected increase in the frequency and intensity of heat waves under
297 climate-change scenarios, the thermal resilience exhibited by *C. pyramidale* seeds may confer a
298 significant adaptive advantage. However, the decline in germination performance at the most extreme
299 treatments also highlights the importance of identifying the species' thermal thresholds to anticipate
300 potential impacts on regeneration dynamics in a warming climate.

301 **Inicial Growth**

302 In addition to the germination responses, thermal exposure also influenced early seedling
303 development. Significant differences were detected only for plant height, suggesting that the thermal
304 effects observed at the seed stage produced limited carry-over effects on later developmental traits.
305 Seeds exposed to 65 °C for 30 and 60 min produced taller seedlings compared with those exposed to
306 55 °C and 75 °C, indicating that moderate thermal stress may induce a compensatory elongation
307 response during early growth. Similar results have been reported for *Enterolobium contortisiliquum*
308 (Vell.) Morong (Fabaceae) (Santos-Júnior et al., 2023) and *Ceiba glaziovii* (Kuntze) K. Schum.
309 (Malvaceae) (Santos-Júnior & Silva, 2024), both native Caatinga species that exhibited enhanced
310 seedling growth following exposure of seeds to thermal pulses at 70 °C.

311 However, this increase in height may reflect a resource-allocation trade-off, in which seedlings
312 prioritize shoot elongation to optimize light capture after overcoming the initial stress encountered
313 during imbibition and germination (Huot & Montgomery, 2014).

314 There is an intrinsic relationship between the germination process, the post-germination phase, and
315 early seedling establishment. Thus, the environmental events experienced by seeds can leave
316 “physiological marks” that manifest during early growth (Donohue et al., 2010). In some cases, these
317 marks can enhance growth parameters or increase tolerance to environmental stressors (Crisp et al.,
318 2016), whereas in other cases they may cause injuries and physiological damage that result in increased
319 seedling fragility (Hussain et al., 2016).

320 The absence of significant differences in leaf number, stem and root length, and biomass components
321 suggests that, despite alterations in seedling architecture, overall seedling vigor and biomass
322 accumulation were not substantially impaired. These responses reinforce the idea that *C. pyramidale*
323 seedlings possess a degree of developmental plasticity, adjusting their morphology in ways that partially
324 buffer the effects of thermal stress experienced by the seeds. This mechanism reinforces the resilience
325 of the species to thermal pulses across different exposure times and temperatures and may contribute
326 to its ecological success in the highly adverse conditions of the Caatinga.

327 Taken together, our findings demonstrate that *C. pyramidale* seeds possess a high degree of thermal
328 tolerance, which appears to be a key adaptive trait for persistence in the extreme and heterogeneous
329 environments of the Caatinga. The capacity to maintain germinability and seedling performance under
330 short and moderate thermal pulses suggests an efficient combination of structural and physiological
331 protection mechanisms, while the sensitivity observed under more severe exposures highlights the
332 existence of physiological thresholds beyond which performance declines.

333 The limited carry-over effects on early growth, coupled with evidence of developmental plasticity,
334 indicate that thermal stress experienced during the seed phase can be partially buffered during seedling
335 establishment (Fig. 4). These results emphasize the importance of seed-level thermal resilience in
336 shaping recruitment dynamics and reinforce the relevance of understanding species-specific thermal
337 limits in the context of increasing heat-wave frequency under future climate-change scenarios.

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Table 1 Results of generalized linear models (GLMs) and analysis of deviance for germinability (%G), time to 50% germination (T50), mean germination rate (MGR), synchronization index (SI), coefficient of variation of germination time (CVt), and germination uncertainty of *Cenostigma pyramidale* seeds subjected to high-temperature pulses of 55, 65, and 75 °C for 30, 60, and 90 min.

Factors	X ²	d.f	p-value
<i>Germinability</i>			
Temperature	0.853	3	0.8366
Exposure Time	0.710	2	0.7013
Temperature x Exposure Time	284.64	6	<.0001
<i>T50%</i>			
Temperature	32.965	3	<.0001
Exposure Time	5.533	2	0.0629
Temperature x Exposure Time	156.45	6	<.0001
<i>MGR</i>			
Temperature	28.269	3	<.0001
Exposure Time	0.822	2	0.663
Temperature x Exposure Time	267.83	6	<.0001
<i>SI</i>			
Temperature	12.052	3	0.0071
Exposure Time	0.758	2	0.6845
Temperature x Exposure Time	116.97	6	<.0001
<i>CVt</i>			
Temperature	1.460	3	0.6917
Exposure Time	1.070	2	0.5869
Temperature x Exposure Time	752.70	6	<.0001
<i>Uncertainty</i>			
Temperature	17.800	3	<.0001
Exposure Time	1.400	2	0.4974
Temperature x Exposure Time	3398.2	6	<.0001

The symbol × indicates interaction between the factors

Table 2 Results of generalized linear models (GLMs) and analysis of deviance for plant height (cm), stem diameter (mm), leaf number, root length (mm), leaf, stem, root and total dry biomass (g) of *Cenostigma pyramidale* seeds subjected to high-temperature pulses of 55, 65, and 75 °C for 30, 60, and 90 min.

Factors	X²	d.f	p-value
<i>Plant height (cm)</i>			
Temperature	8.453	2	0.0146
Exposure Time	3.832	3	0.2802
Temperature x Exposure Time	6.310	4	0.1771
<i>Stem diameter (mm)</i>			
Temperature	3.896	2	0.1425
Exposure Time	3.356	3	0.3398
Temperature x Exposure Time	3.789	4	0.4365
<i>Leaf number</i>			
Temperature	0.016	2	0.9919
Exposure Time	0.111	3	0.9905
Temperature x Exposure Time	0.1764	4	0.9963
<i>Root length (mm)</i>			
Temperature	1.003	2	0.6056
Exposure Time	6.8853	3	0.1609
Temperature x Exposure Time	3.8074	4	0.4327
<i>Leaf dry biomass (g)</i>			
Temperature	0.590	2	0.7442
Exposure Time	3.734	3	0.2916
Temperature x Exposure Time	1.457	4	0.8342
<i>Stem dry biomass (g)</i>			
Temperature	2.857	2	0.2396
Exposure Time	3.048	3	0.3842
Temperature x Exposure Time	2.686	4	0.2396
<i>Root dry biomass (g)</i>			
Temperature	2.691	2	0.2604
Exposure Time	4.082	3	0.2527
Temperature x Exposure Time	4.881	4	0.2996
<i>Total dry biomass (g)</i>			
Temperature	1.959	2	0.3754
Exposure Time	4.163	3	0.2444
Temperature x Exposure Time	2.970	4	0.5628

The symbol × indicates interaction between the factors.

Table 3. Plant height (a), stem diameter (b), leaf number (c) and root length (d) of *Cenostigma pyramidale* seeds subjected to high-temperature pulses of 55, 65, and 75 °C for 30, 60, and 90 minutes. Lowercase letters compare means within the same temperature, while uppercase letters compare means within the same exposure time.

Temperature	Time	Plant Height (cm)	Stem diameter (mm)	Number of leaves	Root length (cm)
55°C	C	11.48±0.67Aa	1.54±0.19Aa	4±0.0Aa	12.1±0.82Aa
	30	11.5±0.86Aab	1.54±0.25Aa	4±0.70Aa	12.5±1.00Aa
	60	11±0.61Ab	1.54±0.18Aa	4.4±0.54Aa	12.5±0.61Aa
	90	11.3±0.27Aa	1.58±0.14Aa	3.88±0.52Aa	12.6±0.41Aa
65°C	C	11.48±0.67Aa	1.54±0.19Aa	4±0.0Aa	12.1±0.82Aa
	30	13.5±1.27Aa	1.5±0.35Aa	3.8±0.44Aa	12.6±0.65Aa
	60	13.1±1.01Aa	1.24±0.18Aa	4±0.0Aa	11.9±0.54Aa
	90	11.4±2.58Aa	1.38±0.24Aa	4.2±0.44Aa	13±0.79Aa
75°C	C	11.48±0.67Aa	1.54±0.19Aa	4±0.0Aa	12.1±0.82Aa
	30	11.5±1.00Ab	1.52±0.16Aa	4±0.00Aa	13.2±0.96Aa
	60	-	-	-	-
	90	-	-	-	-

Table 4. Leaf (a), stem (b), root (c) and total (d) dry biomass (g) of *Cenostigma pyramidale* seeds subjected to high-temperature pulses of 55, 65, and 75 °C for 30, 60, and 90 min. Lowercase letters compare means within the same temperature, while uppercase letters compare means within the same exposure time.

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Temperature	Time	Leaf dry weight (g)	Stem dry weight (g)	Root dry weight (g)	Total dry weight (g)
55°C	C	0.21±0.05Aa	0.11±0.03Aa	0.09±0.04Aa	0.41±0.09Aa
	30	0.18±0.07Aa	0.09±0.03Aa	0.06±0.02Aa	0.33±0.12Aa
	60	0.18±0.04Aa	0.12±0.06Aa	0.07±0.04Aa	0.38±0.12Aa
	90	0.17±0.06Aa	0.10±0.01Aa	0.08±0.01Aa	0.36±0.06Aa
65°C	C	0.21±0.05Aa	0.11±0.03Aa	0.09±0.04Aa	0.41±0.09Aa
	30	0.15±0.04Aa	0.11±0.04Aa	0.05±0.01Aa	0.28±0.07Aa
	60	0.20±0.08Aa	0.11±0.05Aa	0.09±0.03Aa	0.41±0.16Aa
	90	0.16±0.06Aa	0.10±0.01Aa	0.06±0.03Aa	0.31±0.13Aa
75°C	C	0.21±0.05Aa	0.11±0.03Aa	0.09±0.04Aa	0.41±0.09Aa
	30	0.19±0.03Aa	0.12±0.02Aa	0.10±0.03Aa	0.41±0.09Aa
	60	-	-	-	-
	90	-	-	-	-

List of Captions

Fig. 1. Schematic overview of the experimental design showing the application of high-temperature pulses and the evaluation of germination and early seedling growth in *Cenostigma pyramidale*.

Fig. 2. Germinability (%) (a), time to 50% germination (T50) (b), mean germination rate (c), germination synchrony (d), coefficient of variation of germination time (e), and germination uncertainty (f) of *Cenostigma pyramidale* seeds subjected to high-temperature pulses of 55, 65, and 75 °C for 30, 60, and 90 min. Lowercase letters compare means within the same temperature, while uppercase letters compare means within the same exposure time.

Fig. 3. Heatmap with hierarchical clustering showing the relationships among high-temperature pulses, exposure time, germination parameters, and seed water content after thermal treatments. The color scale indicates response intensity, with blue indicating higher responses and red indicating lower responses (a). Principal component analysis (PCA) showing the distribution of samples, with ellipses representing temperatures and symbols indicating exposure times (b), and a radar chart illustrating the individual effects of temperature and exposure time on germination parameters and seed water loss in *Cenostigma pyramidale* (c). Treatments are indicated as temperature_exposure time.

Fig. 4. Overall responses of *Cenostigma pyramidale* seeds and seedlings subjected to thermal pulses of 55, 65, and 75 °C for 30, 60, and 90 min.

477 Figure 1

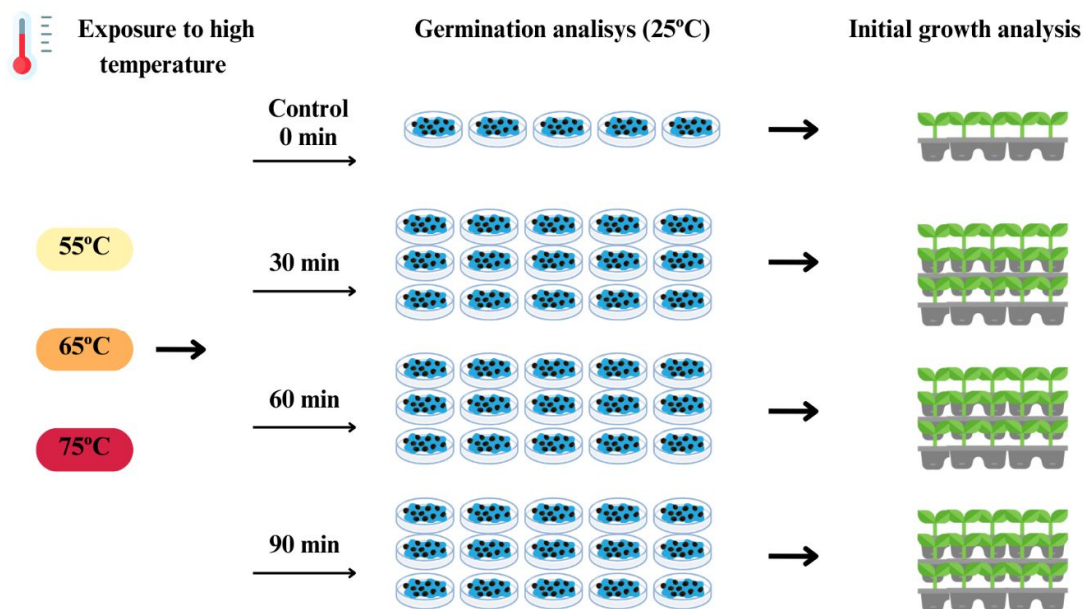
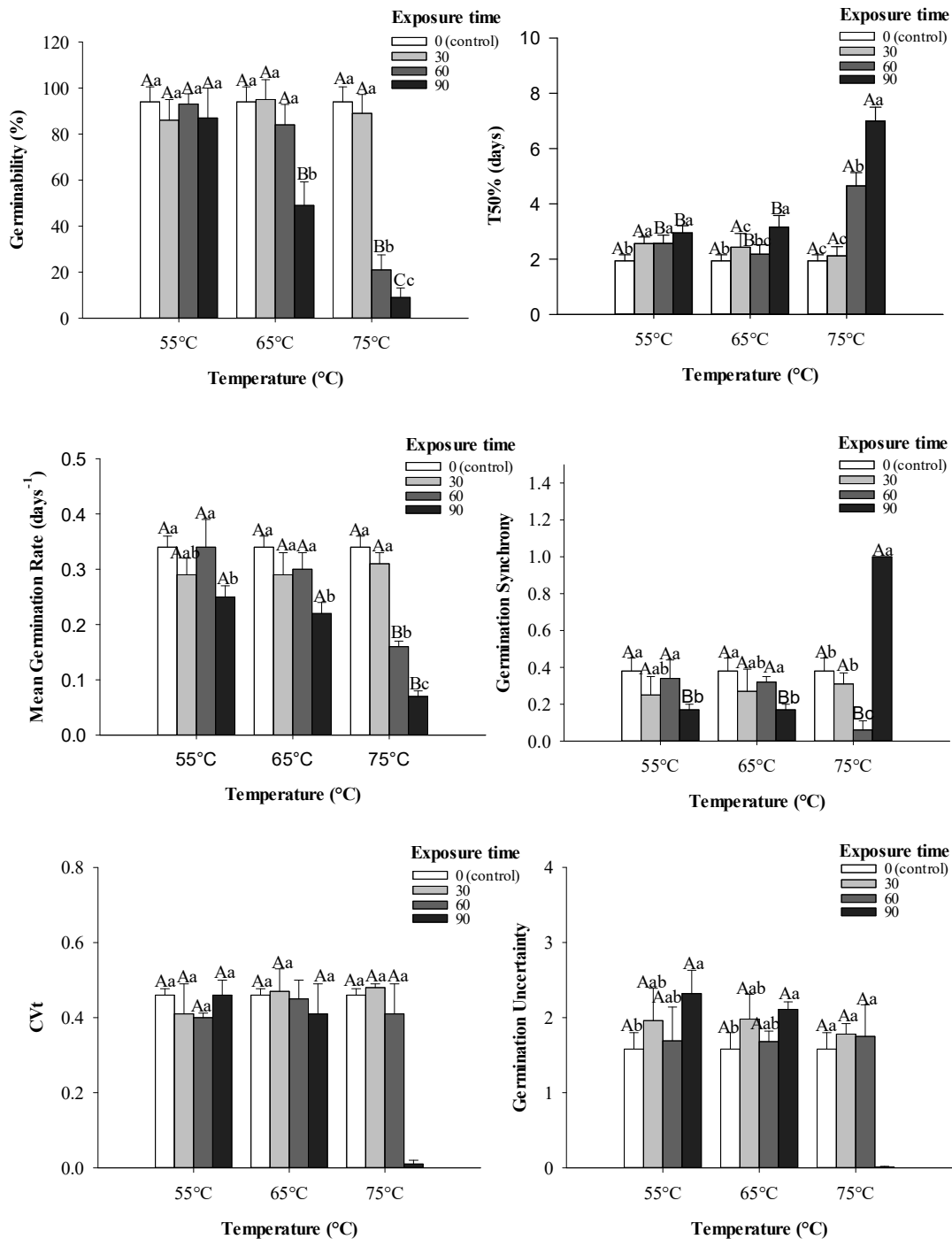


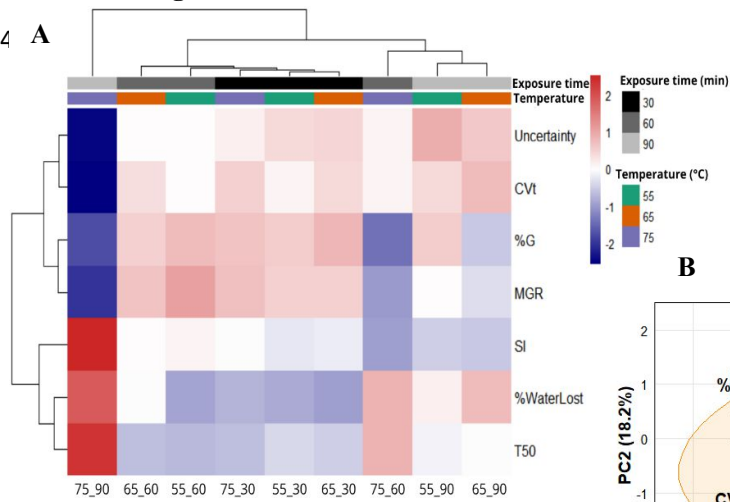
Figure 2



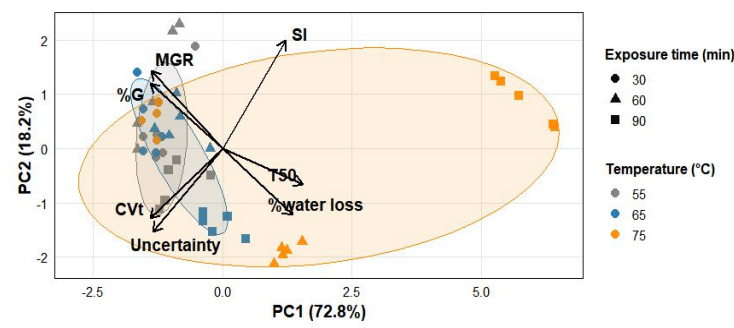
478

Figure 3

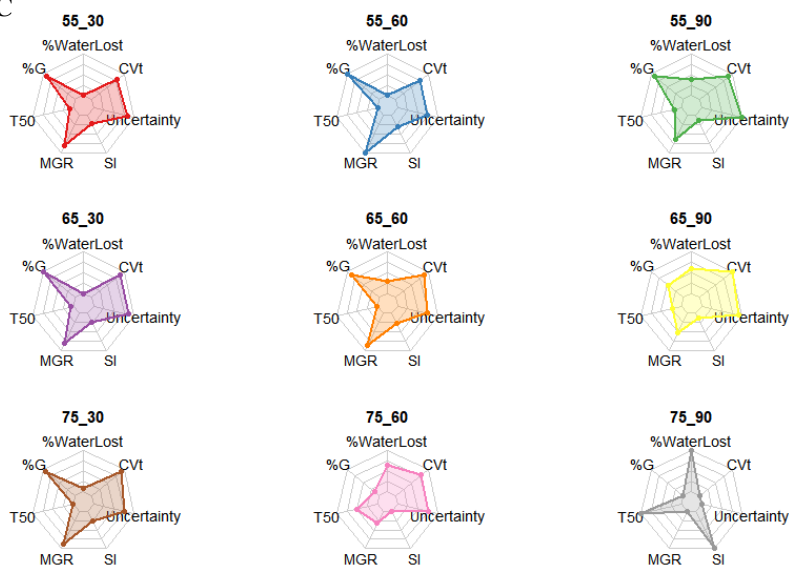
4 **A**



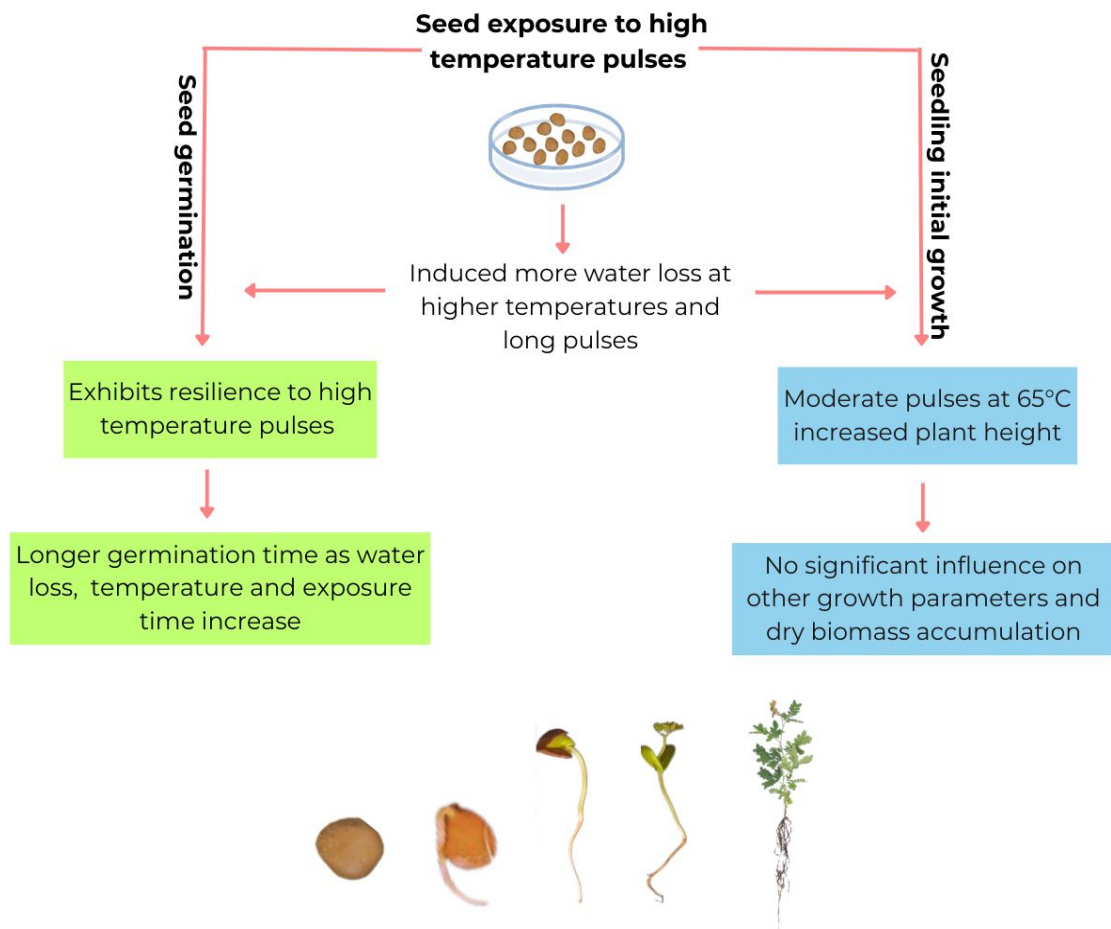
B



C



480 **Figure 4**



5. ARTIGO 3
A ser submetido para o periódico *Plant Ecology*

1 **Changing to Survive: the influence of high temperature and discontinuous**
2 **hydration on the germination behavior of the Caatinga-native tree**
3 ***Cenostigma pyramidale***

4

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18

19 Abstract

20 Understanding how seeds respond to abiotic stress is essential to unravel adaptive germination strategies
21 in semiarid environments. This study evaluated the effects of pre-germinative treatments—high
22 temperature (T), hydration–dehydration cycles (HD), and their combination (T-HD)—on the
23 germination of *Cenostigma pyramidale* under varying osmotic potentials simulated with PEG 6000. All
24 germination parameters were significantly influenced by osmotic stress, pre-germinative treatment, and
25 their interaction ($p < 0.05$). Germinability decreased with lower osmotic potentials, although HD and T-
26 HD treatments maintained higher percentages under moderate and severe water deficit (-0.6 and -0.9
27 MPa). Mean germination time increased with water stress, with HD promoting faster germination under
28 non-stress conditions. T-HD-treated seeds exhibited slower and less synchronized germination,
29 particularly under optimal water availability. The combination of HD and T also led to increased
30 variability and uncertainty in germination timing. These patterns suggest distinct adaptive strategies:
31 HD treatment favored a best-bet strategy with rapid and uniform germination, while T-HD treatment
32 activated a bet-hedging mechanism, delaying and spreading germination over time—possibly due to
33 heat-induced ABA accumulation. Such plasticity in germination behavior may enhance ecological
34 success in the Caatinga, where moisture is intermittent and soil temperatures are extreme. Our findings
35 highlight the role of environmental priming in shaping seed germination strategies and the importance
36 of physiological memory in coping with recurrent stress.

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49 **1. Introduction**

50 Throughout the evolutionary history of plants, the acquisition of diverse adaptive mechanisms
51 has been crucial for their ecological success and for enabling the colonization of a wide range of
52 environments (Hilker and Schmölling 2019). Seed production stands out as a key strategy that ensures
53 species dispersal and propagation (Howe and Smallwood 1982; Fenner and Thompson 2005). Once
54 dispersed, seeds must encounter favorable conditions to initiate germination, a process that involves
55 sequential stages of water uptake (imbibition), metabolic activation, and radicle protrusion (Rosental et
56 al., 2014; Bareke 2018). However, abiotic environmental factors such as water availability, temperature,
57 light, and substrate conditions may limit or even prevent germination, causing damage to embryonic
58 tissues or, under extreme conditions, leading to embryo death (Ferreira and Borghetti 2004; Fenner and
59 Thompson 2005).

60 In arid and semi-arid environments, where climatic fluctuations are intense, seed germination
61 becomes particularly susceptible to abiotic constraints (Baskin and Baskin 2014). This is evident in the
62 Caatinga, a Seasonally Dry Tropical Forest located in Northeastern Brazil, which is characterized by
63 irregular and uneven rainfall, high temperatures, and prolonged dry periods (Andrade-Lima 1981; Alves
64 et al. 2009). These conditions strongly influence the reproductive cycles of plant species, as well as their
65 germination processes (Leite and Machado 2009; 2010).

66 Seeds in the Caatinga soil seed bank are often exposed to high temperatures during dry seasons
67 (Texeira, 2010) and are subjected to hydration and dehydration (HD) cycles due to the intermittent
68 availability of water in surface soil layers (Meiado, 2013; Lima and Meiado 2017; 2018). Despite these
69 harsh conditions, many species display tolerance, completing germination and producing new
70 individuals (Dantas et al., 2020; Silva et al., 2025). This reflects eco-physiological adaptation
71 mechanisms that have long intrigued researchers seeking to understand how plants acquire tolerance to
72 environmental pressures and secure their ecological success (Galviz et al. 2022; Kambona et al., 2023).

73 Recent studies have shown that plants can store information from prior environmental stress
74 exposures, enabling them to adjust their responses to future stresses. This phenomenon, known as stress
75 memory, has been documented in seeds and plants at different developmental stages (Thellier and Lüttge
76 2013; Demongeot et al. 2019). In Caatinga species, exposure to high temperatures has been reported to

77 enhance germination and promote the development of more vigorous seedlings (Rafael et al., 2018;
78 Jespersen, 2020; Santos-Júnior et al., 2022;). Likewise, hydration and dehydration cycles have been
79 associated with the activation of hydration memory, which increases tolerance to environmental stresses
80 such as soil salinity, water deficit, and high temperatures, resulting in more robust seedlings (Lima and
81 Meiado 2018; Santos-Júnior et al. 2021; Pereira-da-Silva et al., 2024; Santos et al. 2024).

82 Understanding these responses is essential for uncovering the mechanisms of tolerance and
83 resilience of species inhabiting semi-arid ecosystems. However, stress memory responses are often
84 species-specific or even population-dependent (Lima and Meiado 2017). Furthermore, there is a lack of
85 studies addressing the combined influence of high temperature and discontinuous hydration on seed
86 germination, even though these factors may act independently or synergistically. Therefore, the
87 objective of this study was to analyze the effects of seed exposure to high temperature (65 °C) and
88 hydration/dehydration cycles on germination under water deficit conditions induced by PEG 6000
89 solutions. We selected *Cenostigma pyramidale* (Tul.) E. Gagnon & G.P. Lewis (Fabaceae) as a model
90 species, a woody legume widely distributed in the Caatinga, known for its high tolerance to
91 environmental stresses and its socio-environmental importance (Pinho-Pessoa et al. 2018; Ribeiro et al.,
92 2021; Wright et al. 2023)

93 We worked with the following hypotheses: i) pre-germination treatments exert distinct effects
94 on germination parameters; ii) the reduction of osmotic potential negatively influences variables such
95 as germinability and germination speed; iii) and there is an interaction between these two factors, so that
96 the germination performance of the treatments varies according to the osmotic potential. Thus, we expect
97 that hydration and dehydration cycles, as well as their combination with high temperature, will enhance
98 germination performance, especially under more negative osmotic potentials, due to the induction of
99 stress memory.

100 **2. Materials and methods**

101 *2.1 Study area and seed collect*

102 The experiment was conducted under semi-controlled conditions at the Plant Physiology and
103 Ecophysiology Laboratory, Federal University of Sergipe (UFS), Brazil. Seeds of *Cenostigma*
104 *pyramidale* were collected from a Caatinga area in Northeastern Brazil and provided by the Center for

105 Ecology and Environmental Monitoring (NEMA) of the Federal University of the São Francisco Valley
106 (UNIVASF).

107 *2.2 Hydration and dehydration curves*

108 To determine the hydration and dehydration durations for applying HD cycles, imbibition and
109 drying curves were constructed using the same seed batch. The imbibition curve was established with
110 four replicates of 25 seeds each ($n = 100$), previously weighed to determine their initial mass. Seeds
111 were placed in Petri dishes containing two layers of filter paper moistened with 10 mL of distilled water.
112 They were weighed every 60 minutes until the beginning of Phase III of imbibition, defined by radicle
113 protrusion ≥ 2 mm (Lima and Meiado, 2018). The time corresponding to $\frac{1}{2}$ of Phase I was defined as
114 the standard hydration period (4 hours).

115 The drying curve followed the same experimental setup. After hydration, the seeds were
116 transferred to a drying oven at 35 °C and weighed every 60 minutes until their initial mass was restored
117 (Lima and Meiado 2018), which occurred after approximately 5 hours. This period was used as the
118 standard dehydration time for the HD cycles.

119 *2.3 Exposure to high temperature and hydration–dehydration cycles*

120 Four pre-germinative treatments were applied: T – exposure of seeds to high temperature (65 °C
121 for 60 min); HD – application of three hydration–dehydration cycles; T-HD – combination of treatments
122 T and HD; and C – control (untreated seeds).

123 For the high-temperature treatment, seeds were placed in Petri dishes containing two layers of
124 filter paper and incubated in a drying oven at 65 °C for 60 minutes.
125 The HD cycles were applied using the durations determined in the previous step (Section 2.2). Seeds in
126 the HD group underwent three successive hydration–dehydration cycles, while seeds in the T-HD group
127 were first exposed to high temperature (65 °C for 60 min) and then subjected to three hydration–
128 dehydration cycles.

129 *2.4 Germination under water deficit and seed recovery*

130 Following the pre-germination treatments, seeds were subjected to germination under different
131 osmotic potentials: 0.0 (distilled water), -0.1 , -0.3 , -0.6 , and -0.9 MPa. These potentials were generated
132 using polyethylene glycol (PEG 6000) solutions (Vilella et al., 1991). For each osmotic potential, four

133 replicates of 25 seeds were used per treatment group (C, T, HD, and T-HD). Seeds were placed in Petri
 134 dishes lined with two layers of filter paper moistened with 15 mL of the respective PEG solution.

135 Germination was monitored daily and considered complete when no new germination events
 136 were observed for seven consecutive days, totaling 16 days after sowing.

137 After 16 days of incubation in PEG 6000 solutions (osmotic potentials), seeds that did not show
 138 radicle protrusion were removed from the solutions and transferred to new Petri dishes containing filter
 139 paper moistened with distilled water, and then incubated under the same environmental conditions
 140 adopted during germination under PEG (i.e., same temperature, photoperiod, and
 141 incubation/conditioning conditions). This procedure was used to quantify the capacity for germination
 142 recovery after the removal of osmotic stress, following the approach proposed by Sena et al. (2023).
 143 From this step, two metrics were calculated:

144 Recovery germination (RG), which estimates the proportion of seeds that failed to germinate under PEG
 145 but germinated after transfer to distilled water:

$$147 \quad RG(\%) = \left[\frac{(a-b)}{(c-b)} \right] \times 100$$

146
 148 And final germination (FG), which represents total germination at the end of the experiment by summing
 149 seeds that germinated during PEG exposure and those that germinated during the recovery phase in
 150 distilled water:

$$152 \quad FG(\%) = \left(\frac{a}{c} \right) \times 100$$

151
 153 Where: a = total number of germinated seeds at the end of the assay (germinated in PEG +
 154 germinated after transfer to distilled water); b = total number of seeds germinated in the PEG solutions;
 155 c = total number of seeds tested. As defined by Sena et al. (2023), when RG = 0, final germination
 156 reflects only germination that occurred under stress (i.e., $FG = b/c \times 100$), and may also indicate lack of
 157 recovery (including non-viable seeds, depending on the treatment).

158 *2.5 Seedling length, dry biomass, and seedling vigor index*

159 Seedling growth was assessed using 20 seedlings per treatment, considering only normal
 160 seedlings obtained from the pre-germinative treatments C, T, HD, and T–HD that germinated under
 161 PEG 6000 conditions. For each seedling, hypocotyl length was measured from the cotyledonary node
 162 to the hypocotyl–radicle junction, and radicle length was measured from the hypocotyl–radicle junction
 163 to the root tip. Measurements were performed with a digital caliper (Digimess), and lengths were
 164 expressed in millimeters (mm).

165 After length measurements, the same seedlings were used to determine seedling dry biomass.
 166 Seedlings were placed in paper bags and dried in a forced-air oven at 70 °C until constant mass. Dry
 167 mass was recorded on an analytical balance and expressed as mg seedling⁻¹.

168 Seedling vigor was quantified using the Seedling Vigor Index (SVI) according to Maroufi et al.
 169 (2011), calculated as:

$$171 \quad \text{SVI} = \text{GP} \times \text{SDW}$$

170

172 where GP is the germination percentage (%) for each treatment and osmotic potential, and SDW
 173 is the mean seedling dry weight.

174 *2.6 Germination parameters and statistical analysis*

175 To evaluate the effects of pre-germinative treatments on the percentage of germinated seeds, we
 176 calculated germinability (%G) according to the equation:

$$177 \quad G = \frac{\sum n_i}{N} \cdot 100, \quad 0 \leq G \leq 100$$

178 where $\sum n_i$ is the sum of germinated seeds in relation to the number of seeds available to germinate
 179 in the Petri dish (N); data are expressed as percentages with values range from 0 to 100 (Ranal and
 180 Santana 2006).

181 To calculate the mean germination time (MGT), we used the following equation:

$$182 \quad \bar{t} = \frac{\sum_{i=1}^k n_i t_i}{\sum_{i=1}^k n_i}$$

183 Where t_i is the period from the start of the experiment to the i th observation, n_i is the number of seeds
 184 germinated at time i and k is the last germination time (Labouriau 1983).

185 To represent the germination rate, we used the mean germination rate (\bar{v} ; day⁻¹) which was
 186 calculated using the equation:

$$187 \quad \bar{v} = \frac{1}{\bar{t}}, \quad 0 < \bar{v} \leq 1.$$

188 Where \bar{t} corresponds to the mean germination time (MGT) (Labouriau, 1983).

189 We determined germination uniformity by calculating the coefficient of variation of the time (CV_t;
 190 %) using the expression:

$$191 \quad CV_t = \frac{s_t}{\bar{t}} \cdot 100, \quad 0 < CV_t <$$

192 where s_t is the standard deviation of the germination time, expressed by:

$$193 \quad s_t = \sqrt{\frac{\sum_{i=1}^k n_i (t_i - \bar{t})^2}{(\sum_{i=1}^k n_i - 1)^{-1}}} \text{ and } \bar{t} \text{ is the mean germination time (Ranal \& Santana 2006).}$$

194 We assessed germination synchrony based on the synchrony index (SI), which is given by the
 195 formula:

$$196 \quad SI = \sum_i \frac{C_{n_i,2}}{N}$$

197 where $C_{n_i,2} = n_i \frac{(n_i-1)}{2}$ and $N = \sum n_i \left(\frac{\sum n_i - 1}{2} \right)$ is the combination of seeds germinated in the time i ,
 198 in pairs, and n_i is the number of seeds germinated in the time (Ranal and Santana 2006).

199 Furthermore, we checked the germination uncertainty, represented by Uncertainty (U; bit), using the
 200 following expression:

$$201 \quad U = - \sum_{i=1}^k f_i \log_2 f_i, \quad \text{with } f_i = \frac{n_i}{\sum_{i=1}^k n_i}, \quad 0 \leq U \leq \log_2 n$$

202 where f_i is the relative frequency of germination at time i , n_i is the number of seeds germinated on
 203 day i , and k is the last day of observation (Ranal and Santana 2006).

204

205 2.7 Statistical analyses

206 Germination metrics were computed using the germinationmetrics package in R (v4.4.0).

207 Germination metrics were analyzed using Generalized Linear Models (GLM), assuming binomial

208 distribution for proportional variables and gamma distribution for continuous variables, with treatment,
209 osmotic potential, and their interaction as fixed effects. When significant effects were detected,
210 estimated marginal means were compared using the Sidak adjustment ($\alpha = 0.05$) via the emmeans
211 package in R.

212 In addition, hypocotyl length, radicle length, seedling dry biomass, SVI, and FG were also evaluated
213 by two-way ANOVA, considering pre-germinative treatment (C, T, HD, T-HD) and osmotic potential
214 as factors. When ANOVA indicated significant effects ($p < 0.05$), means were compared using Tukey's
215 HSD test ($\alpha = 0.05$) to evaluate differences among treatments within the same osmotic potential and
216 among osmotic potentials within the same treatment.

217 **3. Results**

218 *3.1 Germination performance and temporal dynamics*

219 The osmotic potential, the pre-germinative treatments, and the interaction between both significantly
220 influenced all the evaluated germination parameters ($p < 0.05$) (Fig. 2). In addition, the cumulative
221 germination curves evidenced marked shifts in the onset, steepness, and final plateaus of germination
222 across osmotic potentials and treatments (Fig. 1), reinforcing that water deficit progressively delayed
223 and constrained germination dynamics.

224 Germinability remained high under non-water-stress conditions (0.0 MPa), with all treatments
225 showing values above 65%. The HD treatment showed a slightly superior performance, while C, T, and
226 T-HD remained statistically similar (Fig. 2A). As the osmotic potential decreased, there was a gradual
227 reduction in germinability for all treatments, with T-HD maintaining relatively more stable values at
228 moderate potentials such as -0.1 and -0.3 MPa. At -0.6 MPa, HD and T-HD presented higher means
229 than the control, but it did not differ from treatment T. Under the most negative osmotic potential (-0.9
230 MPa), T-HD was statistically different from the other treatments, showing the highest germination
231 percentage (Fig. 2A). Consistently, under non-stress conditions HD reached the maximum accumulation
232 earlier than the other treatments, whereas at -0.6 and -0.9 MPa germination remained low overall but
233 T-HD maintained the highest final accumulation among treatments (Fig. 1).

234 Recovery germination (%RG) showed peaks at -0.1 MPa for T (79%) and at -0.3 MPa for C and
235 HD (61.8% each), whereas T-HD showed lower recovery at -0.3 MPa (26.1%) and intermediate values
236 under -0.6 MPa (49.5%) and -0.9 MPa (41%) (Tab. 2).

237 When total germination was considered (%FG = germination under PEG + recovery), no differences
238 were detected among treatments within each osmotic potential (Tab. 2).

239 In contrast, within-treatment comparisons across osmotic potentials revealed clear declines in %FG
240 with increasing osmotic potentials. In C, %FG remained stable from 0.0 to -0.3 MPa and decreased at
241 -0.6 and -0.9 MPa. In T, the highest %FG occurred at -0.1 MPa, values at 0.0, -0.3 , and -0.6 MPa were
242 intermediate, and the lowest %FG was recorded at -0.9 MPa. In HD, %FG was maintained from 0.0 to
243 -0.3 MPa, declined to an intermediate level at -0.6 MPa, and reached the lowest group at -0.9 MPa. In
244 T-HD, %FG was highest at -0.1 MPa, remained intermediate at 0.0, -0.3 , and -0.6 MPa, and decreased
245 at -0.9 MPa (Tab. 2).

246 Overall, the mean germination time (MGT) increased with the intensification of water deficit,
247 reflecting greater difficulty in the initiation of the germination process under more negative osmotic
248 potentials (Fig. 2D). At 0.0 MPa, HD showed faster germination, with lower MGT values compared to
249 the other treatments. Interestingly, seed exposure to high temperature (T) resulted in the longest mean
250 germination time under optimal water availability conditions. The control group (C) and the
251 combination (T-HD) did not differ from each other in this same condition. However, under moderate
252 and severe osmotic potentials, HD and T-HD exhibited lower MGT, while C and T showed slower and
253 more prolonged germination, and the exception was for the -0.3 MPa, where no differences were
254 observed between treatments (Fig. 2D). These differences in MGT were reflected in the temporal
255 displacement of the curves, with delayed initiation and more gradual accumulation as osmotic potential
256 became more negative, particularly for C and T (Fig. 1).

257 The mean germination rate (MGR) followed a proportional trend to MGT, showing also a decrease
258 in means as osmotic potential became more negative. Under non-stress conditions, HD presented the
259 highest rate, followed by C and T-HD, while T showed the lowest rate. Treatments HD and T-HD

260 maintained higher rates compared to C and T at -0.1 and -0.6 MPa potentials, with no significant
261 statistical differences observed among treatments at -0.3 and -0.9 MPa (Fig. 2B).

262 3.2 Germination patterning: synchrony and temporal dispersion

263 Germination synchrony was significantly influenced by pre-germinative treatments and osmotic
264 potential ($p < 0.05$) (Fig. 2E). Under non-water-stress conditions (0.0 MPa), HD showed the highest
265 synchrony, while T exhibited the lowest values. Under mild water deficit (-0.1 MPa), no statistical
266 differences among treatments were observed, all presenting low synchrony. At intermediate potentials
267 (-0.3 MPa), T stood out with higher values, surpassing C and T-HD. Under more negative potentials ($-$
268 0.6 and -0.9 MPa), T-HD showed the highest synchrony, followed by HD and T, while C maintained
269 the lowest values (Fig. 2E).

270 The coefficient of variation of germination time (CVt) indicated that T-HD showed greater
271 dispersion of times under non-water-stress conditions, whereas HD showed lower values, representing
272 greater uniformity. At intermediate potentials, such as -0.3 MPa, T-HD and HD maintained higher CVt,
273 suggesting a broader temporal distribution of germination. At severe potentials, the dispersion of
274 germination events generally decreased, although HD and T-HD still showed higher values (Fig. 2C).

275 Germination uncertainty (GU) complemented the temporal variability analyses, confirming that T-
276 HD exhibited less predictable germination at 0.0 MPa, while HD stood out for its greater concentration
277 and predictability. As osmotic potential decreased, germination uncertainty also reduced, especially at
278 -0.6 and -0.9 MPa, where germination events were more limited and concentrated, with no marked
279 differences among treatments (Fig. 2F).

280 3.3 Seedling vigor under osmotic stress

281 Seedling performance metrics were also affected by osmotic potential and pre-germinative
282 treatments (Fig. 3). Hypocotyl length decreased with increasing water deficit, and under -0.3 MPa T-
283 HD maintained higher values relative to the other treatments, indicating better preservation of seedling
284 elongation under stronger osmotic constraint (Fig. 3A).

285 Seedling dry biomass showed comparatively modest variation at 0.0 MPa, but differences emerged
286 under stress, with treatment-dependent shifts in median biomass values across -0.1 and -0.3 MPa (Fig.
287 3A). Radicle length was generally high at 0.0 MPa for C, T, and HD but consistently lower for T-HD,
288 while under -0.1 and -0.3 MPa treatment effects remained evident (Fig. 3B).

289 The vigor index declined with increasing water deficit; nevertheless, T-HD showed comparatively
290 higher vigor under -0.3 MPa, aligning with its more stable germination performance under moderate-
291 to-severe osmotic potentials (Fig. 3B).

292 Discussion

293 The interaction between seeds and abiotic factors plays a decisive role in activating physiological
294 and metabolic adjustments that can ensure a more vigorous germination process or the acquisition of
295 tolerance to severe and recurrent environmental stresses, such as water deficit (Chen and Arora, 2013).
296 These factors may act as priming agents, preparing seeds to respond more efficiently to unfavorable
297 conditions and thereby increasing their ecological success (Srivastava et al., 2021). In semiarid
298 environments such as the Caatinga, seeds are frequently exposed to high temperatures and intermittent
299 water pulses—conditions that can induce hydration–dehydration (HD) cycles with complex
300 physiological effects (Dubrovsky, 1996; Meiado, 2013; Pereira-da-Silva et al., 2024).

301 Our results showed that the germination of *Cenostigma pyramidale* was significantly modulated by
302 the interaction among high temperature, HD cycles (applied alone or in combination), and induced
303 osmotic potentials. This interaction was expressed not only in germination percentages, but also in the
304 kinetics and temporal organization of germination, as shown by the cumulative curves (Fig. 1) and by
305 shifts in MGT, MGR, synchrony, CVt, and uncertainty (Fig. 2).

306 The use of PEG 6000, widely adopted to simulate water deficit by lowering the osmotic potential of
307 the solution without penetrating seed tissues (Villela et al., 1991), revealed that as the osmotic potential
308 became more negative, germinability and vigor decreased, while the mean germination time (MGT)
309 increased. This can be explained by the fact that impaired imbibition may compromise enzymatic
310 reactivation, reserve mobilization, and cell expansion in the embryonic axis (Ferreira and Borghetti,
311 2004; Baskin and Baskin, 2014). Consistent with this interpretation, the cumulative germination curves

312 became progressively less steep and reached lower plateaus as osmotic potential decreased, evidencing
313 slower and more limited germination under -0.6 and -0.9 MPa (Fig. 1).

314 Seed recovery tests demonstrated that low germination under severe osmotic stress (-0.6 and -0.9
315 MPa) resulted solely from water restriction rather than loss of viability (Tab. 2), a pattern previously
316 observed in species from seasonal environments (Bhatt et al., 2022). Notably, HD and especially T-HD
317 treatments showed better performance in parameters such as germinability, MGT, and synchrony under
318 more negative osmotic potentials. This advantage is visible at the level of germinability and synchrony
319 under severe stress (Fig. 1a,e) and is further supported by the higher germination accumulation
320 maintained by T-HD at -0.6 and -0.9 MPa (Fig. 1).

321 Importantly, the recovery germination (%RG) data reinforce that PEG imposed a predominantly
322 osmotic constraint rather than a lethal effect, because a substantial fraction of ungerminated seeds
323 resumed germination after release, even at the most negative potentials. This post-stress response was
324 treatment-dependent: thermal exposure (T) tended to maximize recovery germination under mild-to-
325 severe deficit (-0.1 to -0.6 MPa), whereas T-HD displayed comparatively lower recovery at
326 intermediate deficit (-0.3 MPa), indicating that the same final germination can arise from distinct
327 temporal routes (germination during stress vs. germination after rehydration).

328 These results suggest that HD cycles induced stress memory, enhancing drought tolerance. This
329 effect is associated with the partial and reversible activation of metabolism during hydration, followed
330 by dehydration without loss of the induced biochemical changes (Dubrovsky, 1998). Moreover, HD
331 cycles likely stimulated the accumulation of osmoprotectants such as proline and soluble sugars, which
332 stabilize membranes and proteins and reduce cellular water potential, thereby creating a favorable
333 gradient for water uptake once water becomes available again (Aswathi et al., 2021; Dias et al., 2024).
334 Because proline and soluble sugars were not directly quantified here, these biochemical pathways should
335 be interpreted as plausible mechanisms that may underlie the improved performance of HD/T-HD under
336 water deficit rather than as demonstrated causal drivers.

337 In contrast, exposure to high temperature (T) alone did not improve germination speed or synchrony,
338 indicating that heat did not act as a positive factor for breaking seed coat dormancy in *C. pyramidale* or
339 enhancing water uptake—effects already reported for other species (Martel et al., 2018; Lombrăna et

340 al., 2024). However, the higher recovery germination observed in T under several osmotic potentials
341 suggests that heat may have shifted part of the germination response toward the post-stress window,
342 favoring germination once water availability was restored rather than accelerating germination under
343 PEG. When combined with HD cycles (T-HD), high temperature altered the germination dynamics,
344 leading to increased MGT, lower synchrony, and greater temporal variability (CVt), even under
345 conditions of adequate water availability. This pattern is particularly evident under 0.0 MPa, where T-
346 HD exhibited greater temporal dispersion (CVt) and uncertainty than HD (Fig. 1C, F), despite
347 comparable germinability (Fig. 1A), indicating that the combination affected the timing structure of
348 germination rather than only the final proportion.

349 Studies indicate that thermal exposure may increase abscisic acid (ABA) synthesis and reduce the
350 activity of hydrolytic enzymes (Martel et al., 2018; Suriyasak et al., 2020), which could explain the
351 slower germination in T-HD. Additionally, reduced water content in seeds during heat treatment may
352 intensify ABA signaling, inhibiting or delaying metabolic activities required for the completion of
353 germination (Abley et al., 2024). Although ABA content was not evaluated in this study, since *C.*
354 *pyramidale* seeds are orthodox and naturally have low water content, the additional reduction in seed
355 water content after exposure to high temperature could induce an increase in ABA levels, acting as a
356 mechanism to delay the germination process. Given that ABA was not measured, this explanation should
357 be viewed as a testable hypothesis for future work, ideally integrating hormone profiling and reserve
358 mobilization assays across pre-germinative treatments.

359 Nevertheless, the patterns we observed suggest that the different environmental stimuli simulated in
360 our study influenced the expression of distinct ecological strategies in the germination behavior of *C.*
361 *pyramidale*. HD treatment promoted rapid and synchronized germination, indicating a strategy known
362 as best-bet, in which seeds take advantage of favorable, even if short-lived, environmental pulses and
363 invest in fast and uniform germination, forming a cohort of propagules (Pausas et al., 2022). This may
364 be advantageous when seeds encounter sustained moisture availability. On the other hand, the T-HD
365 treatment resulted in slower and staggered germination, a pattern typical of bet-hedging strategies, where
366 the temporal spread of germination events reduces risk in unpredictable environments (Abley et al.,
367 2024).

368 This duality in germination responses may reflect an adaptive mechanism of *C. pyramidale*, allowing
369 different fractions of the seed bank to respond differently to environmental cues. Importantly, the “best-
370 bet” versus “bet-hedging” interpretation is supported here by convergent evidence from synchrony, CVt,
371 and uncertainty (Fig. 1E; F) together with the visual displacement of germination trajectories over time
372 (Fig. 2), strengthening the ecological inference beyond any single metric. The partitioning of
373 germination into “during-stress” and “post-stress” components (as captured by %FG and %RG) further
374 supports this framework, because treatments differed not only in how many seeds germinated, but also
375 in *when* germination was expressed relative to osmotic constraint.

376 In the Caatinga context where soil temperatures can exceed 50 °C and soil moisture varies rapidly
377 (Souto et al., 2009; Almeida; Souto; Souto, 2013) the staggered germination observed in T-HD may
378 provide a survival advantage, as not all seeds germinate during potentially adverse climatic windows
379 (Fajardo et al., 2013; Lopez-Iglesias et al., 2014). Phenological studies indicate that seed dispersal in *C.*
380 *pyramidale* occurs during the transition from the rainy to the dry season (Gonçalves et al., 2021), a
381 period of high microclimatic variability. Thus, the activation of bet-hedging mechanisms, as suggested
382 by our results, may represent an essential adaptive strategy for the species' ecological success.

383 Therefore, the activation of a mechanism that allows temporal variation in individual seed
384 germination events—such as that observed in T-HD treatment—may ensure that a larger number of
385 seeds remain viable and ready to germinate during more regular periods of water availability. In contrast,
386 the behavior observed in seeds subjected only to discontinuous hydration suggests the opposite strategy,
387 favoring a more synchronous and uniform germination process. This may benefit the species during
388 milder climatic conditions with longer-lasting water pulses. In this sense, the higher final germination
389 of T-HD at the most negative potential, coupled with measurable recovery germination, is consistent
390 with a conservative strategy in which part of the seed lot “waits out” the osmotic restriction and
391 completes germination after stress relaxation, without implying a gain in germination speed under stress.

392 Beyond germination, our seedling results indicate that treatment effects extended into early
393 establishment traits under water limitation (Fig. 3). Under -0.3 MPa T-HD tended to maintain
394 comparatively higher hypocotyl length and vigor index relative to the other treatments (Fig. 3A, B),
395 suggesting that priming may translate into improved post-germinative performance under moderate

396 osmotic stress. Because recruitment in semiarid systems depends on both successful germination and
397 rapid establishment during brief moisture windows, the combined evidence from germination dynamics
398 (Figs. 1–2) and seedling performance (Fig. 3) supports the view that HD-based priming—especially
399 when combined with thermal exposure—can shape multiple stages of the regeneration niche in *C.*
400 *pyramidale*.

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Table 1. Values for total water content (TWC), relative water loss (RWL), and dry biomass of *Cenostigma pyramidale* seeds after exposure to high temperature (65°C).

Treatment	TWC (%)	RWL (%)	Biomass (g)
Exposure to 65°C for 60 minutes	7,5	3,89	2,23

Table 2. Recovery germination (%RG) and final germination (%FG) of *Cenostigma pyramidale* seeds subjected to different osmotic potentials (MPa) under PEG 6000 and four pre-germinative treatments: control (C), thermal pulse (T), hydration–dehydration cycles (HD), and the combined treatment (T-HD). %RG represents germination after transferring from PEG solution to water (recovery phase), whereas %FG represents total germination (germinated under PEG + germinated during recovery).

Osmotic (MPa)	C	T	HD	THD
%RG (recovery germination)				
0	0	0	0	0
-0.1	49.7	79	4.5	49
-0.3	61.8	71.4	61.8	26.1
-0.6	37.6	56.4	45.4	49.5
-0.9	45.3	47	42.3	41
%FG (final germination)				
0	79aA	60aBC	80aA	70aAB
-0.1	76aA	89aA	76aA	82aA
-0.3	73aA	80aBA	73aA	72aAB
-0.6	44aB	65aBC	59aAB	64aAB
-0.9	49aB	51aC	49aB	55aB

Lowercase letters indicate comparisons among treatments within the same osmotic concentration, while uppercase letters indicate comparisons of the same treatment across different osmotic concentrations. Means followed by the same letter do not differ significantly according to the Tukey test ($p = 0.05$).

List of captions

Figure 1. Cumulative germination of *Cenostigma pyramidale* seeds subjected to different pre-germinative treatments—C (control), T (high temperature), HD (hydration–dehydration cycles), and T-HD (high temperature + hydration–dehydration)—under decreasing osmotic potentials (0.0, –0.1, –0.3, –0.6, and –0.9 MPa), simulated with PEG 6000. Curves represent the temporal progression of germination, highlighting shifts in onset, rate of accumulation, and final germination plateau across treatments and water-deficit intensities.

Figure 2. Germinability (a), mean germination rate (b), coefficient of variation of germination time (c), mean germination time (d), germination synchrony (e), and germination uncertainty (f) of *Cenostigma pyramidale* seeds subjected to high temperature (T), discontinuous hydration (HD), the combination of high temperature and discontinuous hydration (T-HD), and control (C), with germination evaluated under different osmotic potentials. Lowercase letters indicate comparisons among treatments within the same osmotic concentration, while uppercase letters indicate comparisons of the same treatment across different osmotic concentrations. Means followed by the same letter do not differ significantly according to the Sidak test ($\alpha = 0.05$).

Figure 3. Seedling performance of *Cenostigma pyramidale* as affected by pre-germinative treatments (C, T, HD, T-HD) under osmotic potentials of 0.0, –0.1, and –0.3 MPa (PEG 6000). (A) Hypocotyl length and seedling dry biomass. (B) Radicle length and vigor index. Boxplots show the median (central line), interquartile range (box), and minimum–maximum values (whiskers); points represent individual observations. Different letters indicate significant differences among pre-germinative treatments within each osmotic potential ($p < 0.05$) based on post hoc comparisons.

Figure 1.

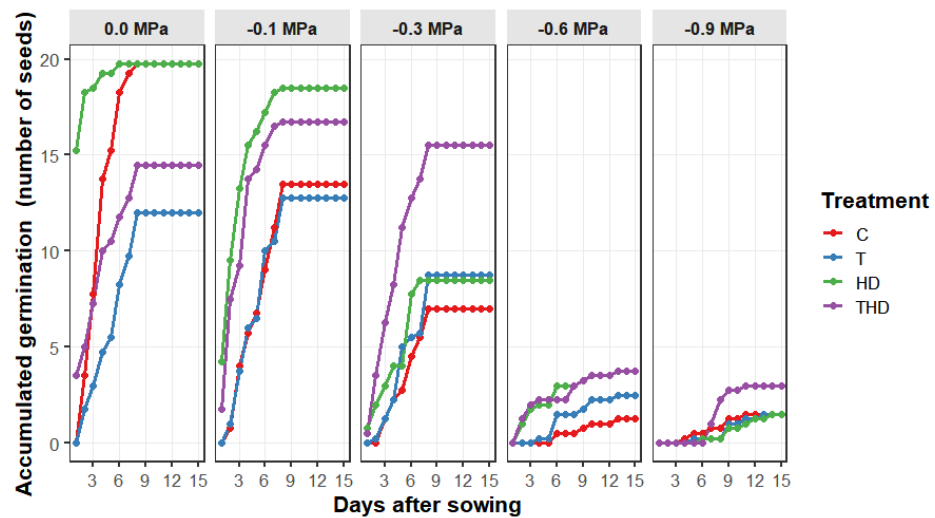
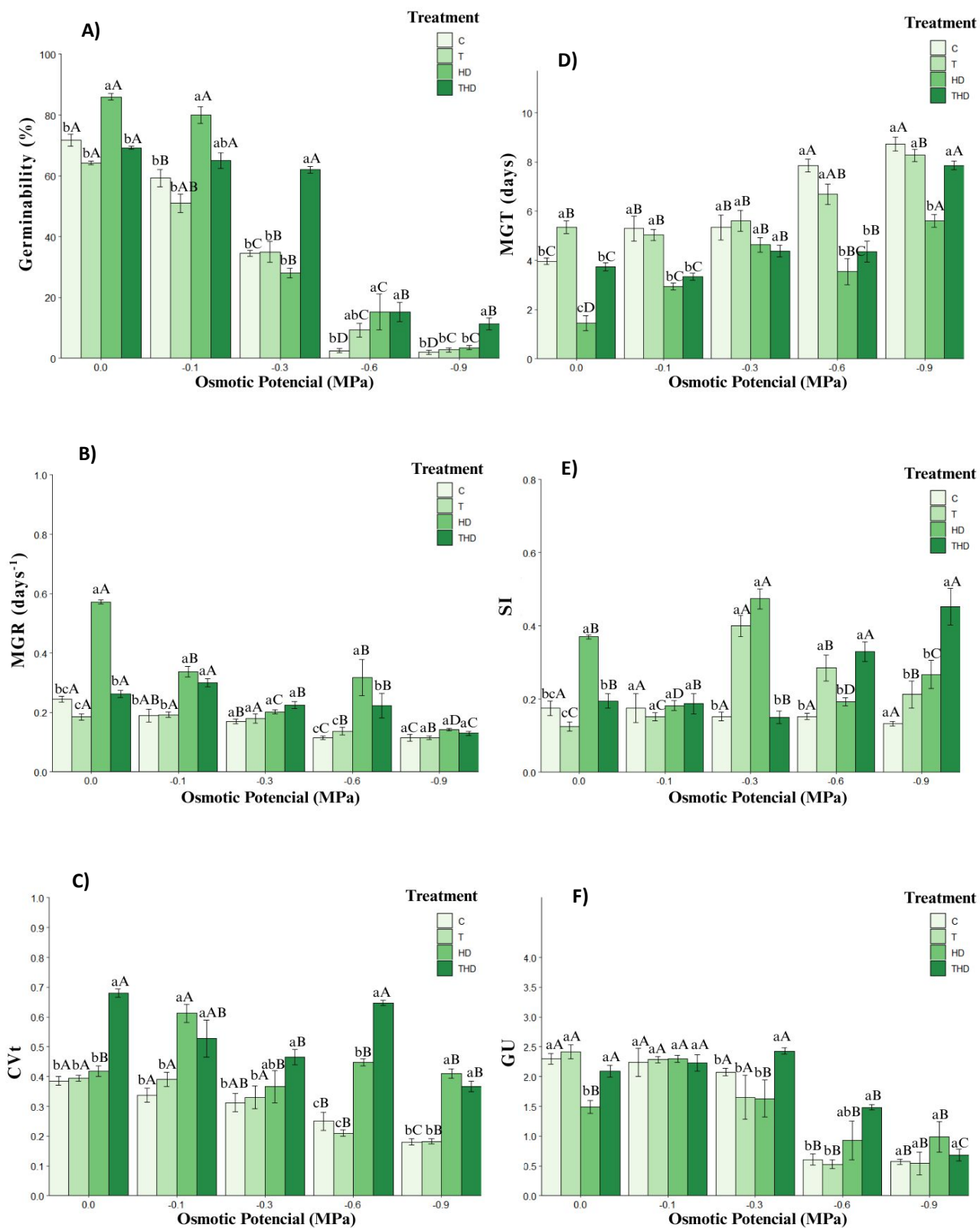
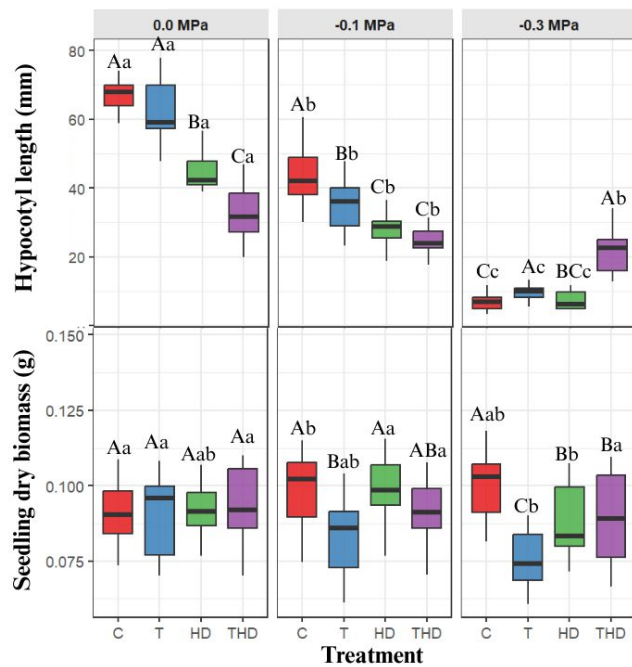
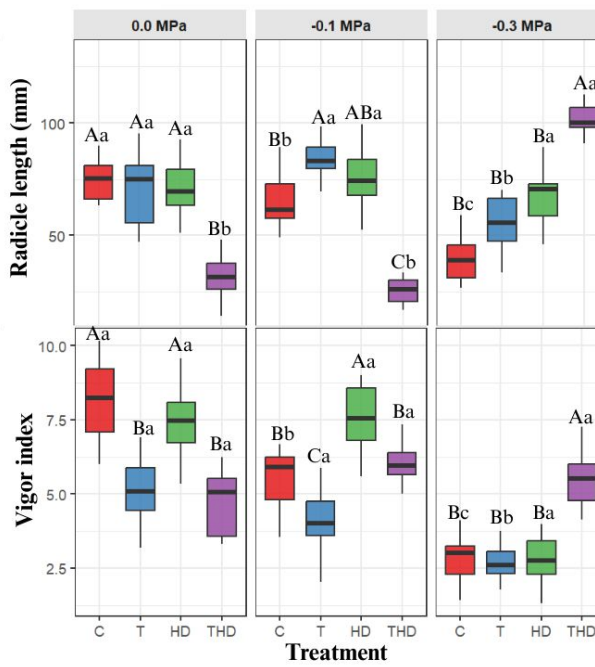


Figure 2.



555 **Figure 3.**556 **A)****B)**

1 **Seed experience shapes drought resilience in *Cenostigma pyramidale* seedlings:**
2 **contrasting effects of HD cycles, thermal pulses, and their combination**

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23 Abstract

24 Seasonally Dry Tropical Forests are increasingly exposed to intensified drought and high-temperature
25 events, making the early life stages of woody species particularly vulnerable. In the Caatinga, seeds can
26 experience thermal pulses and discontinuous hydration before germination, yet the combined effects of
27 these cues on the expression of stress memory during seedling development remain poorly understood.
28 In our study, seeds were subjected to four pre-germinative treatments: control, thermal pulse (65°C),
29 hydration–dehydration cycles, and the combined treatment. Seedlings were grown under daily irrigation
30 or intermittent irrigation composed of two drought cycles separated by rehydration. Growth traits,
31 biomass partitioning, relative water content, photosynthetic pigments, total soluble sugars, and proline
32 were evaluated at key developmental stages, and multivariate analyses were used to integrate trait
33 responses over time. Water regime was the main driver of growth and biomass accumulation, with
34 intermittent irrigation reducing shoot growth and total biomass across treatments. Pre-germinative
35 treatments mainly influenced physiological and biochemical adjustments under water deficit. Seedlings
36 originating from hydration–dehydration cycles exhibited increased root length and coordinated
37 maintenance of water status, photosynthetic pigments, and osmolyte accumulation under recurrent
38 drought. In contrast, the combined thermal and hydration treatment did not confer structural or
39 integrative advantages under intermittent irrigation, indicating potential metabolic costs associated with
40 multiple stress cues. Overall, the results indicate that stress memory in *C. pyramidale* is primarily
41 expressed through physiological resilience rather than enhanced growth, supporting survival and
42 functional stability under recurrent drought while revealing limits to memory effectiveness when
43 thermal and hydric cues are combined.

44 **Keywords:** Caatinga; hydration memory; thermal pulse; physiological resilience; Catingueira.

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49 **1. Introduction**

50 Recent evidence indicates that tropical regions, including Seasonally Dry Tropical Forests (SDTFs),
51 are already experiencing an intensification of climatic extremes, marked by increases in the frequency
52 and severity of droughts and by rising temperatures (Campo et al., 2023). These trends reflect an ongoing
53 process rather than a distant projection, particularly in semi-arid ecosystems (Marengo et al., 2017).

54 The Caatinga, a Brazilian SDTF located in Northeastern Brazil, is characterized by high
55 temperatures and prolonged dry periods that act as a major environmental filter, shaping vegetation
56 dynamics, regeneration patterns, and species persistence (Alves et al., 2009; Meiado et al., 2020). Over
57 recent decades, observational and ecological evidence has indicated increasing aridity in this biome,
58 with direct effects on key ecological processes (Marengo et al., 2017).

59 In Caatinga-like environments, the seedling stage represents a critical bottleneck for the
60 establishment of woody species, because early mortality is high and strongly dependent on water
61 availability (Bandaru et al., 2026). During this phase, survival depends on a delicate balance between
62 rapid resource acquisition and the ability to modulate physiological activity in response to fluctuating
63 environmental conditions (Espinosa et al., 2024). Therefore, mechanisms that promote both stress
64 tolerance and functional recovery after drought events become crucial for recruitment success (Santos-
65 Júnior et al., 2021; Santos et al., 2024).

66 Seeds in the Caatinga soil seed bank are naturally exposed to extreme abiotic conditions prior to
67 germination. During the dry season, surface-level temperatures can exceed 60 °C (Teixeira, 2010),
68 whereas the onset of the rainy season often produces discontinuous hydration pulses that are insufficient
69 to trigger immediate germination but are sufficient to activate metabolic processes (Meiado, 2013; Lima
70 and Meiado, 2017). In this context, these pre-germinative fluctuations are not merely stressors but also
71 environmental cues capable of inducing physiological adjustments that persist beyond germination and
72 influence seedling performance (Freitas et al., 2021; Santos-Júnior et al., 2021).

73 The ability of plants to perceive, store, and later retrieve metabolic information associated with
74 stressful events has been widely discussed within the framework of stress memory (Thellier and Lüttge,

75 2013). Stress memory refers to the capacity of plants to retain metabolic, physiological, or molecular
76 information generated during a previous stress event and to retrieve it upon subsequent exposure,
77 resulting in faster and/or more effective responses (Bruce et al., 2007; Galviz et al., 2022). This
78 mechanism has been proposed as a central component of adaptive plasticity in environments
79 characterized by high environmental unpredictability (Jacques et al., 2021).

80 Hydration–dehydration (HD) cycles applied to seeds of Caatinga species, for example, are known
81 to promote metabolic repair, synchronize germination, and improve seedling performance under
82 moderate stress, through the activation of antioxidant systems and osmotic adjustment pathways
83 (Pereira-da-Silva et al., 2024; Santos et al., 2024; Silva et al., 2025). Similarly, exposing seeds to short
84 pulses of high temperature can induce protective responses, including the activation of heat-shock
85 proteins (HSPs), which are frequently linked to cellular stability and increased germination vigor, and
86 can also enhance early seedling growth (Santos-Júnior et al., 2023; Santos Júnior et al., 2026). However,
87 it remains poorly understood whether combining thermal and hydration-related cues during the seed
88 phase produces beneficial priming or instead imposes physiological costs that constrain the expression
89 of stress memory under severe and recurrent drought.

90 It is important to note that the functional expression of stress memory may involve trade-offs
91 between structural growth and physiological maintenance (Hilker et al., 2016). Although memory-
92 induced adjustments may favor osmoregulation, protection of the photosynthetic apparatus, and cellular
93 stability (Galviz et al., 2025; Silva et al., 2025), these responses do not necessarily translate into greater
94 biomass accumulation, particularly under severe or recurrent stress (Galviz et al., 2025; Heck et al.,
95 2025). In semi-arid environments, persistence may depend less on maximizing growth and more on
96 conserving physiological function and rapidly recovering during transient windows of water availability.

97 In this study, we evaluated the effects of pre-germinative exposure to high-temperature pulses (65
98 °C), to hydration–dehydration cycles, and to their combination on the acquisition and expression of
99 stress memory in seedlings of *Cenostigma pyramidale* (Tul.) E. Gagnon & G.P. Lewis, a widely
100 distributed and ecologically relevant Caatinga species. Although previous work has shown that HD
101 cycles can induce stress memory in seedlings of this species under water deficit (Oliveira, 2021),

102 investigations addressing the role of high temperature, alone or combined with discontinuous hydration,
103 in modulating this memory remain scarce.

104 Accordingly, we tested the hypotheses that: (i) pre-germinative stress induces a persistent
105 physiological memory capable of altering morphophysiological traits throughout early development; (ii)
106 seedlings originating from seeds exposed only to HD cycles exhibit higher drought tolerance and faster
107 physiological recovery after drought events, through the activation of osmoregulatory and cell-
108 protection mechanisms; and (iii) combined exposure to thermal stress and HD cycles, rather than
109 producing synergistic effects, imposes metabolic costs that limit seedling resilience under severe and
110 recurrent water déficit.

111 **2. Material and Methods**

112 **2.1. Study Area and Seed Source**

113 The experiment was conducted under semi-controlled environmental conditions at the Plant
114 Physiology and Ecophysiology Laboratory of the Federal University of Sergipe (UFS). Seeds of
115 *Cenostigma pyramidale* were collected from a Caatinga fragment in Northeastern Brazil and supplied
116 by the Center for Ecology and Environmental Monitoring (NEMA) of the Federal University of the Vale
117 do São Francisco (UNIVASF).

118 **2.2. Pre-germinative treatments**

119 The experimental design comprised four pre-germinative treatments randomly applied to the seeds:
120 Control (C), consisting of intact seeds without prior treatment; Thermal pulse (T), in which seeds were
121 exposed to high temperature (65 °C) for 60 min; Hydration–dehydration cycles (HD), where seeds were
122 subjected to three successive hydration–dehydration cycles; and Combined treatment (T-HD), in which
123 seeds were first exposed to a thermal pulse (65 °C for 60 min) and subsequently subjected to the three
124 hydration–dehydration cycles.

125 **2.2.1. Application of thermal pulses and hydration–dehydration cycles**

126 Prior to the application of pre-germinative treatments, seeds of *Cenostigma pyramidale* were
127 disinfected in a 3% sodium hypochlorite (NaClO) solution for 3 min, rinsed thoroughly with distilled
128 water, and dried on absorbent paper. Seeds were then kept at room temperature (25 °C) for 24 h.

129 To define the duration of hydration and dehydration phases, imbibition and drying curves were
130 constructed using the same seed lot. For the imbibition curve, four replicates of 25 seeds (n = 100) were
131 weighed to obtain initial mass and placed in Petri dishes lined with two sheets of filter paper moistened
132 with 10 mL of distilled water. Seed mass was recorded at 60-min intervals until the onset of Phase III
133 of imbibition, defined by radicle protrusion < 2 mm (Lima and Meiado, 2018). Based on these kinetics,
134 the hydration period was set at 4 h, corresponding to half of Phase I duration.

135 For the dehydration curve, hydrated seeds were transferred to a forced-air oven at 35 °C and weighed
136 hourly until they returned to their initial dry mass, which occurred after approximately 5 h (Lima and
137 Meiado, 2018). This interval was adopted as the standard dehydration period for each HD cycle.

138 Thermal pulse treatments were applied by placing seeds in a drying oven (model WHL-25AB) at 65
139 °C for 60 min. This temperature and exposure time were selected based on previous studies (Santos-
140 Júnior et al., 2023; Santos-Júnior and Silva, 2024) and on soil surface temperatures recorded in Caatinga
141 ecosystems during periods of high solar irradiance (Souto et al., 2009; Martins et al., 2024).

142 Following the application of pre-germinative treatments, seeds were placed in Petri dishes lined with
143 filter paper moistened with distilled water to germinate.

144 **2.3. Experimental Design and Growth Conditions**

145 After radicle protrusion and initial seedling development, seedlings were transplanted into 15 cm
146 diameter pots containing approximately 2 kg of local soil substrate. Plants were maintained under daily
147 irrigation for a 30-day acclimatization period to ensure uniform establishment. During the experimental
148 period, mean air temperature and relative humidity in the greenhouse were 30 °C and 72%, respectively.

149 After acclimatization, the experiment was conducted using a completely randomized design in a 4
150 × 2 factorial scheme, consisting of four pre-germinative treatments (C, T, HD, T-HD) combined with

151 two irrigation regimes: (i) Daily Irrigation (DI), in which soil moisture was maintained at 80% of field
152 capacity; and (ii) Intermittent Irrigation (IR), characterized by cycles of water withholding and
153 rehydration. The soil field capacity was determined gravimetrically prior to the experiment.
154 Each treatment consisted of five repetitions per irrigation regime.

155 The intermittent irrigation regime consisted of two drought cycles separated by a recovery period.
156 Irrigation was suspended for 25 days (first drought cycle), followed by 25 days of rehydration
157 (recovery), and then suspended again for an additional 25 days (second drought cycle). Soil moisture
158 was monitored daily using a Falker HFM2010 digital moisture meter to ensure consistent stress
159 application.

160 Physiological and biochemical evaluations were performed at three key time points: 55 days after
161 transplanting (DAT), corresponding to the end of the first drought cycle; 80 DAT, at the end of the
162 recovery period; and 105 DAT, at the end of the second drought cycle. Air temperature, relative
163 humidity, and soil moisture values recorded at each sampling time are presented in Table 1.

164 **2.4. Growth, biomass partitioning and vigor index**

165 Plant growth was monitored a cada 15 dias by measuring plant height (cm) and stem diameter (mm)
166 using a digital caliper with 0.01 mm precision (Digimess, China), as well as by counting the number of
167 fully expanded leaves.

168 At harvest (105 DAT), plants were separated into leaves, stems, and roots. The plant material was
169 oven-dried at 70 °C until constant weight to determine leaf dry mass (LDM), stem dry mass (SDM), and
170 root dry mass (RDM) and total dry mass (TDM) (Benicasa 2003). Root system length was measured as
171 the length of the main root.

172 Seedling quality was quantified using the Dickson Quality Index (DQI), calculated according to the
173 formulation proposed by Dickson et al. (1960). This index integrates morphological and biomass
174 attributes, including total dry mass (TDM), plant height (H), stem diameter (SD), and the distribution of
175 biomass between shoot (SDM) and root systems (RDM). Because it combines indicators of robustness

176 and biomass allocation, DQI is widely used as an integrative measure of seedling quality, with higher
 177 values indicating more vigorous and better-structured seedlings. DQI was calculated by the equation:

$$178 \quad DQI = \frac{TDM}{\left(\left(\frac{H}{SD}\right) + \left(\frac{SDM}{RDM}\right)\right)}$$

179 Plant performance under water deficit was further evaluated using the Drought Tolerance Efficiency
 180 (DTE), calculated following Fischer et al. (1982). This index estimates the capacity of plants to maintain
 181 biomass production under drought conditions relative to well-watered controls, serving as an indicator
 182 of tolerance to water limitation. Higher DTE values reflect greater efficiency in sustaining growth under
 183 drought stress and thus indicate superior adaptation to water-limited environments. DTE was calculated
 184 as:

$$185 \quad DTE = \frac{DM_d}{DM_c}$$

186 where DM_d represents the total dry mass of plants subjected to drought stress (under intermittent
 187 irrigation), and DM_c corresponds to the total dry mass of plants grown under daily irrigation (control
 188 condition).

189 In addition, the Drought Tolerance Index (DTI) was determined according to the equation proposed
 190 by Abenavoli et al. (2016). This index is conceptually similar to DTE but incorporates normalization
 191 based on mean biomass values across all treatments, allowing a more integrative comparison of drought
 192 responses. Higher DTI values indicate greater drought tolerance. DTI was calculated by the equation:

$$193 \quad DTI = \frac{\left(\frac{DM_d}{DM_c}\right)}{\left(\frac{\bar{X}DM_s}{\bar{X}DM_c}\right)}$$

194 In this calculation, \bar{DM}_s represents the mean total dry mass of all plants subjected to drought stress,
 195 while \bar{DM}_c corresponds to the mean total dry mass of all control plants, irrespective of pre-germinative
 196 treatments.

197 Finally, drought sensitivity was assessed using the Drought Sensitivity Index (SDI), calculated
 198 according to Ali and El-Sadek (2016), based on the same biomass parameters described above. This
 199 index quantifies the relative reduction in growth caused by water deficit when compared to control
 200 conditions. By definition, control plants present an SDI value equal to zero, serving as the reference
 201 condition. Lower SDI values indicate reduced sensitivity to water deficit.

$$202 \quad SDI = \frac{DM_c - DM_d}{DM_c}$$

203 **2.6. Physiological Analyses**

204 **2.6.1. Relative Water Content (RWC)**

205 Leaf water status was assessed by determining the relative water content (RWC). Five leaf discs (1
 206 cm² each) were collected from fully expanded leaves between 11:00 and 12:00 h. The discs were
 207 immediately weighed using an analytical balance (Shimadzu AU220) to obtain fresh weight (FW).
 208 Subsequently, the discs were placed in Petri dishes containing distilled water and maintained in the dark
 209 at room temperature (25 °C) for 24 h to achieve full turgidity. After this period, the turgid weight (TW)
 210 was recorded. The discs were then oven-dried at 70 °C until constant weight to determine dry weight
 211 (DW).

212 Relative water content was calculated according to Weatherley (1950) using the following equation:

$$213 \quad RWC (\%) = \frac{FW - DW}{TW - DW} \times 100$$

214 **2.6.2. Photosynthetic Pigments**

215 Chlorophyll *a*, chlorophyll *b*, and carotenoid contents were quantified by extracting pigments from
 216 100 mg of fresh leaf tissue in 5 mL of 96% ethanol. Samples were incubated in the dark for 24 h to
 217 ensure complete pigment extraction. Absorbance readings were obtained at 665, 649, and 470 nm using
 218 a spectrophotometer. Pigment concentrations were calculated according to the equations proposed by
 219 Lichtenthaler and Buschmann (2001) and expressed on a fresh weight basis (mg g⁻¹ FW).

220 **2.7. Biochemical Assays**

221 To determine the concentrations of osmotically active organic solutes, 0.5 g of fresh leaf tissue was
222 sampled. The tissue was homogenized in a mortar with 5 mL of 0.1 M sodium phosphate buffer (pH
223 7.0) supplemented with 0.01 M EDTA. The homogenate was filtered and subsequently centrifuged at
224 $4000 \times g$ for 10 min, and the resulting supernatant was collected and stored for subsequent analyses.

225 Total soluble carbohydrate content was quantified using the phenol–sulfuric acid assay, with D-(+)-
226 glucose employed as the calibration standard, and results were expressed as $\mu\text{g g}^{-1}$ FW (Dubois et al.,
227 1956). Free proline concentration was determined by the acid ninhydrin method, using L-proline as the
228 standard, and values were expressed as $\mu\text{mol g}^{-1}$ FW (Bates et al., 1973).

229 **2.8. Statistical Analysis**

230 Data were subjected to Shapiro-Wilk and Levene tests to verify normality and homogeneity of
231 variance, respectively. When assumptions were not met, data were log-transformed prior to analysis.
232 Results were analyzed using a two-way Analysis of Variance (ANOVA), considering pre-germinative
233 treatments (C, T, HD, and T-HD) and irrigation regimes [daily irrigation (DI) and intermittent irrigation
234 (IR)] as factors. When significant differences were detected ($P < 0.05$), means were compared using the
235 Tukey test ($P < 0.05$) using R software (version 4.4.0). Analyses were conducted within each DAT when
236 variables were measured at multiple time points (55, 80, and 105 DAT).

237 Growth traits (plant height, stem diameter, and number of leaves) and destructive measurements
238 (biomass partitioning and root length) were analyzed at 105 DAT. To explore multivariate patterns,
239 heatmaps were built using z-score standardized variables, and PCA was performed on standardized data
240 with 95% confidence ellipses for treatments.

241 **3. Results**

242 **3.1. Shoot growth responses to water regime**

243 At the end of the experiment (105 DAT), shoot growth variables responded predominantly to the
244 water regime, with trait-specific effects of pre-germinative treatments (Tab. 2; Fig. 1).

245 Overall, plant height, stem diameter, and leaf number were higher under daily irrigation (DI) than under
246 intermittent irrigation (IR) across all treatments (Fig. 1). Thus, water availability was the main driver of
247 shoot growth.

248 When treatments were compared within the same water regime, distinct patterns emerged. For plant
249 height, no differences among pre-germinative treatments were detected under DI (Fig. 1A), indicating
250 strong overlap under favorable water supply. Under IR, seedlings from the T treatment were shorter than
251 those from HD, whereas C and T-HD showed intermediate values (Fig. 1B).

252 For stem diameter, under DI, seedlings from T exhibited a larger stem diameter than HD, while C
253 and T-HD did not differ from the other treatments (Fig. 1C). Therefore, under DI, differences among
254 treatments were limited and trait dependent. Under IR, T-HD showed the lowest stem diameter, differing
255 from C, T, and HD, which did not differ from each other (Fig. 1D).

256 Leaf number decreased under IR in all treatments, with no differences among C, T, HD, and T-HD
257 within each water regime, consistent with the absence of a treatment effect for this variable (Tab. 2; Fig.
258 1E; 1F).

259 **3.2. Plant water status (RWC) over time**

260 Differences in RWC were observed between water regimes within the same treatment and among
261 treatments within the same water regime, depending on the sampling time (DAT) (Tab. 3; Fig. 1G–H).

262 At 55 DAT, at the end of the first drought cycle under IR, T-HD showed the highest RWC, exceeding
263 C and T, which had the lowest values, whereas HD was intermediate (Fig. 1H). Under DI, T exhibited
264 the lowest RWC, differing from the other treatments (Fig. 1G). When comparing water regimes within
265 each treatment, T and T-HD displayed higher RWC under IR than under DI, whereas C and HD did not
266 differ between regimes at this time point (Fig. 1G–H).

267 At 80 DAT, at the end of the recovery period under IR, no differences among treatments were
268 detected (Fig. 1H), indicating convergence in water status following rehydration. Under DI, RWC was
269 lower in HD than in C and T-HD, with T showing intermediate values (Fig. 1G). Between regimes, only

270 the control (C) differed, with lower RWC under DI than under IR, whereas T, HD, and T-HD did not
271 differ between regimes (Fig. 1G–H).

272 At 105 DAT, at the end of the second drought cycle, under IR, T showed the highest RWC, differing
273 from T-HD, which had the lowest value, whereas C and HD were intermediate (Fig. 1H). Under DI, C
274 had the highest RWC, differing from HD, which had the lowest mean, while T and T-HD were
275 intermediate (Fig. 1G). When comparing regimes within each treatment, C, T, and T-HD showed higher
276 RWC under DI than under IR, whereas HD did not differ between regimes (Fig. 1G–H).

277 **3.3. Photosynthetic pigments**

278 Chlorophyll a, chlorophyll b, total chlorophyll, and carotenoid contents varied according to water
279 regime, pre-germinative treatment, and sampling time (DAT) (Tab. 3; Fig. 2).

280 At 55 DAT, differences among treatments were detected mainly under DI, with T-HD showing the
281 lowest chlorophyll contents, whereas C, T, and HD displayed similar values. Under IR, treatments did
282 not differ in chlorophyll levels at this time point (Fig. 2E, F, and H). Carotenoids showed trait- and
283 treatment-specific variation under DI and broad overlaps among treatments under IR (Fig. 2G).

284 At 80 DAT, corresponding to the end of the recovery period under IR, clear treatment differences
285 emerged under IR, with HD showing higher chlorophyll and total chlorophyll than C, T, and T-HD,
286 which were similar to each other (Fig. 2E–H). Under DI, treatments did not differ significantly for these
287 pigments (Fig. 2A–D). Notably, for HD, chlorophyll levels under IR became comparable to those under
288 DI, suggesting recovery of the photosynthetic apparatus during rehydration (Fig. 2D and H).

289 At 105 DAT, at the end of the second drought cycle, chlorophyll a, total chlorophyll, and carotenoids
290 were generally higher under DI than under IR (Fig. 2A, C and D). Under IR, HD maintained the highest
291 chlorophyll contents, whereas C showed the lowest values, with T and T-HD presenting intermediate
292 levels (Fig. 2H). Under DI, differences among treatments were less pronounced and depended on the
293 pigment evaluated (Fig. 2D). For chlorophyll b, responses were more variable among treatments, with
294 no consistent pattern across water regimes (Fig. 2B and F).

295 Overall, treatment effects on photosynthetic pigments were more evident under IR, particularly at
296 the time points associated with rehydration (80 DAT) and recurrent drought (105 DAT) (Fig. 2).

297 **3.4. Osmolytes: total soluble sugars (TSS) and proline**

298 Leaf TSS varied as a function of treatment and sampling time (Tab. 3; Fig. 3A; 3D). At 55 DAT,
299 under DI, HD exhibited the highest TSS, whereas the control (C) had the lowest values, with T and T-
300 HD intermediate. Under IR at 55 DAT, HD and T-HD showed higher TSS than C and T (Fig. 3A; 3D).

301 At 80 DAT, there was broad overlap among treatments, with no significant differences under either
302 DI or IR (Fig. 3A; 3D). At 105 DAT, under DI, T-HD showed the highest TSS, whereas C had the
303 lowest values, with no significant differences between T and HD. Under IR, HD maintained the highest
304 TSS, differing from C, T, and T-HD, which showed lower values (Fig. 3A; 3D).

305 Leaf proline varied according to water regime, treatment, and DAT (Fig. 3B; 3E). At 55 DAT,
306 proline levels were higher under IR than under DI across all treatments. Under DI, the control exhibited
307 the highest values, differing from T, HD, and T-HD, which showed lower levels. Under IR, treatments
308 did not separate statistically, indicating overlapping responses at this time point.

309 At 80 DAT, under IR, T-HD had the highest leaf proline, differing from T and HD, whereas the
310 control did not differ from the other treatments. Under DI, treatments did not differ statistically (Fig.
311 3B; 3E).

312 At 105 DAT, under DI, T and T-HD showed the highest proline levels, differing from the control,
313 whereas HD did not differ from the other treatments. Under IR, HD exhibited the highest proline,
314 differing from C and T-HD, while T had intermediate values and did not differ significantly from the
315 other treatments (Fig. 3B; Fig. 3E).

316 At 105 DAT, root TSS and root proline differed among treatments and water regimes (Tab. 3; Fig.
317 3C; 3F). For root TSS, under DI, T-HD showed the highest values, differing from the control, while T
318 and HD were intermediate. Under IR, HD exhibited the highest root TSS, whereas C, T, and T-HD had
319 lower values (Fig. 3C).

320 For root proline, under DI, T showed the highest content, C and HD were intermediate, and T-HD
321 had the lowest concentration. Under IR, C and HD showed the highest values, differing from T-HD,
322 whereas T did not differ from the other treatments (Fig. 3F).

323 **3.5. Biomass production and partitioning**

324 Biomass production was strongly influenced by water regime, regardless of the pre-germinative
325 treatment (Tab. 2; Fig. 4).

326 Leaf, stem, root, and total dry biomass were consistently higher under DI than under IR across all
327 treatments (Fig. 4). There was substantial overlap among treatments within each water regime, as
328 comparisons among treatments revealed no significant differences for any biomass trait under either DI
329 or IR (Fig. 4).

330 These results indicate that, although recurrent water deficit reduced total biomass accumulation, pre-
331 germinative treatments did not alter the final pattern of biomass allocation among plant organs.

332 **3.6. Root architecture**

333 In contrast to biomass traits, root length responded mainly to the pre-germinative treatment,
334 independently of the water regime (Tab. 2; Fig. 4D).
335 Under IR, seedlings originating from seeds subjected to hydration–dehydration cycles (HD) exhibited
336 greater root length than C, T, and T-HD (Fig. 4E).

337 This effect was not observed under DI, where no differences among treatments were detected.
338 Moreover, comparisons between water regimes within each treatment showed no significant differences,
339 indicating that root length was not affected by the final water regime (Fig. 4D).

340 **3.7. Integrative indices of seedling quality and drought tolerance**

341 For the Dickson Quality Index (DQI), significant differences between water regimes were observed
342 only in C, T, and HD, with higher values under DI than under IR. For T-HD, no significant difference
343 between regimes was detected (Fig. 5A).

344 When comparing treatments within the same water regime, differences were detected only under IR,
345 where HD had a lower value than T-HD, while C and T did not differ from the other treatments (Fig.
346 5A).

347 DTE, SDI, and DTI did not differ significantly among treatments, with C, T, HD, and T-HD showing
348 statistically similar values (Fig. 5B-D).

349 **3.8. Multivariate analyses: heatmap and principal component analysis (PCA)**

350 The multivariate integration of morphological, physiological, and biochemical variables was
351 assessed using a heatmap and principal component analysis (PCA), considering treatments, water
352 regimes, and sampling times (Fig. 6–7).

353 Multivariate patterns over time (heatmap and PCA)
354 Multivariate analyses indicated a consistent temporal trajectory in seedling responses modulated by
355 water regime and pre-germinative treatments (Fig. 6-7). Overall, three phases were evident across the
356 experiment: an initial response to the first drought cycle (55 DAT), a convergence phase associated with
357 rehydration (80 DAT), and a more pronounced divergence among treatments after the second drought
358 cycle (105 DAT).

359 *55 DAT—Initial response to the first drought cycle*

360 At 55 DAT under DI, the heatmap revealed high heterogeneity among treatments (Fig. 6). T showed
361 a higher relative contribution of TSS and structural growth (height and leaf number), whereas C was
362 characterized by higher relative values of total chlorophyll, carotenoids, and proline, associated with
363 lower growth. T-HD exhibited low relative values of RWC and growth, while HD showed an
364 intermediate profile with a higher contribution of stem diameter. Consistently, PCA indicated broad
365 overlap among the four treatments under DI, with no clear separation in multivariate space; PC1 was
366 primarily associated with photosynthetic pigments, whereas PC2 related to growth and proline (Fig.
367 7A).

368 Under IR at 55 DAT (end of the first drought cycle), treatments showed more contrasting responses
369 (Fig. 6). T-HD displayed a higher relative contribution of photosynthetic pigments, whereas T stood out
370 for high TSS and plant height. C was strongly associated with proline and stem diameter but had low
371 relative values of RWC and leaf number, while HD maintained high RWC but low pigment and proline
372 values. Accordingly, PCA revealed functional separation among treatments along PC1, which separated
373 variables related to water status and growth from those related to pigments; in this configuration, HD
374 clustered near RWC and growth, T-HD and C aligned with photosynthetic pigments, and T occupied an
375 intermediate position (Fig. 7B).

376 *80 DAT — Physiological convergence during rehydration*

377 At 80 DAT under DI, profiles became more homogeneous among treatments (Fig. 6). T-HD showed
378 a higher relative contribution of structural growth (height and diameter), whereas C showed greater
379 association with RWC, proline, and TSS, accompanied by lower relative pigment values. T maintained
380 a high contribution of photosynthetic pigments, associated with reduced RWC and proline. PCA
381 confirmed this pattern, showing strong overlap among treatments and no distinct clustering; PC1 was
382 associated with structural growth and RWC, while PC2 related mainly to leaf number and proline (Fig.
383 7C).

384 Under IR at 80 DAT (end of the recovery period), differentiated patterns among treatments emerged
385 (Fig. 6). T-HD showed higher relative contributions of RWC, TSS, and leaf number, whereas T
386 exhibited high relative values of total chlorophyll and carotenoids. HD remained strongly associated
387 with proline and TSS, while C showed a higher relative contribution of structural growth but low
388 pigment values. PCA indicated partial functional separation among treatments, with T-HD associated
389 with RWC and leaf number, HD with photosynthetic pigments, and HD shifted toward TSS; the control
390 partially overlapped with the other treatments (Fig. 7D).

391 *105 DAT — Divergence after the second drought cycle*

392 At 105 DAT under DI, differences among treatments remained evident (Fig. 6). T-HD showed a
393 higher relative contribution of structural growth and photosynthetic pigments, whereas HD stood out for

394 high TSS. T showed greater association with proline and total chlorophyll, accompanied by reduced
395 RWC, while C exhibited a higher relative contribution of RWC but low values of growth and
396 photosynthetic metabolism. PCA reflected this pattern, with T-HD clustering in the quadrant associated
397 with growth and pigments, whereas HD and T were more strongly associated with TSS and proline; the
398 control occupied an intermediate position with no clear separation from the other treatments (Fig. 7E).

399 Under IR at 105 DAT (end of the second drought cycle), contrasts among treatments were more
400 pronounced (Fig. 6). T-HD exhibited a high relative contribution simultaneously for RWC, total
401 chlorophyll, carotenoids, proline, and TSS, along with positive values for leaf number. T was associated
402 mainly with structural growth and carotenoids, whereas C and HD showed predominantly low
403 contributions for most variables. Consistently, PCA showed clear separation among treatments along
404 PC1, dominated by biochemical and photosynthetic variables, with T-HD positioned at the positive
405 extreme, T more closely associated with structural growth variables, and C and HD grouped in the
406 opposite quadrant, indicating lower contributions of these variables under recurrent drought (Fig. 7F).

407 **4. Discussion**

408 Semi-arid environments such as the Caatinga impose recurrent challenges on plants due to the
409 unpredictability of water availability, making morphophysiological plasticity and the ability to
410 anticipate responses to stress events key determinants of ecological success (Arshad et al., 2023). In this
411 context, stress memory has been recognized as a relevant adaptive mechanism, enabling the modulation
412 of responses to subsequent stresses based on prior experiences (Bruce et al., 2007; Hilker et al., 2016).
413 However, evidence indicates that the effectiveness of this memory depends on the intensity, duration,
414 and combination of the stresses involved, as well as the ontogenetic stage at which they are perceived
415 (Galviz et al., 2025; Heck et al., 2025; Silva et al., 2025).

416 *Cenostigma pyramidale* shows a high capacity for responses based on prior environmental cues
417 under thermal fluctuations and water availability (Pinho-Pessoa et al., 2018; Oliveira, 2022). Our results
418 support this capacity, while also revealing clear limits between signal perception and the functional
419 expression of stress memory under severe and recurrent water deficit.

420 The water regime was the main factor modulating plant growth and overall performance throughout
421 the experiment. Intermittent irrigation, characterized by two prolonged cycles of water withholding,
422 promoted consistent reductions in shoot growth, biomass production, and relative water content,
423 confirming that the imposed stress was sufficiently intense to constrain fundamental physiological
424 processes (Kambona et al., 2023). Under prolonged water deficit, reduced turgor pressure limits cell
425 expansion, whereas tissue dehydration and hormonal imbalance tend to restrict mitotic activity in
426 meristems, resulting in smaller plants and lower biomass accumulation (Silva et al., 2013; Seleiman et
427 al., 2021). This pattern reinforces the role of water deficit as a dominant ecological filter in semi-arid
428 environments, exerting strong control over plant structural performance, particularly when water
429 limitation is prolonged and recurrent (Arshad et al., 2023).

430 Nevertheless, the observed patterns likely reflect not only the physiological constraints imposed by
431 water deficit, but also metabolic costs associated with maintenance and survival strategies triggered by
432 specific pre-germinative treatments. In particular, the combination of high temperature and hydration–
433 dehydration cycles appear to have imposed an additional metabolic burden on seeds, leading to
434 persistent penalties during plant development. In our dataset, this interpretation is consistent with the
435 reduced stem diameter of T-HD plants under intermittent irrigation and the absence of improvement in
436 seedling-quality metrics relative to HD under stress. Similar patterns have been reported for other
437 species, in which the integration of multiple stress cues at the seed stage can amplify physiological costs,
438 limiting the functional expression of memory and revealing trade-offs between structural growth and
439 physiological maintenance under recurrent stress (Zandalinas and Mittler, 2022; Sato et al., 2023).

440 The expression of stress memory in plants originating from seeds subjected to hydration–
441 dehydration cycles was integrated across structural, physiological, and biochemical levels. Under water
442 deficit, this group invested more in structures associated with water acquisition, as indicated by
443 increased root length, combined with the maintenance of photosynthetic pigments and the accumulation
444 of compatible solutes such as total soluble sugars (TSS) and proline. The accumulation of TSS and
445 proline under intermittent irrigation may reflect both active osmotic responses (Silva et al., 2013) and
446 concentration effects associated with reduced tissue water content (Ozturk et al., 2021). However,

447 treatment differentiation during rehydration and the partial decoupling between RWC and osmolytes at
448 specific sampling points suggest metabolic regulation beyond a purely physical concentration effect.

449 Similar responses have been observed in other species, such as *Annona squamosa* (Freitas and Silva,
450 2024) and *Sarcomphalus joazeiro* (Costa Oliveira et al., 2024). Taken together, these adjustments
451 indicate that stress memory promoted a functional strategy oriented toward exploiting available water
452 resources, enhancing cellular protection, and sustaining metabolism under adverse conditions (Silva et
453 al., 2013; Jacques et al., 2021).

454 Although these mechanisms did not translate into consistent increases in growth or biomass
455 accumulation, they may contribute to maintaining physiological homeostasis, since TSS and proline
456 play central roles in osmoregulation, membrane stabilization, and the mitigation of oxidative damage
457 (Hayat et al., 2012; Kambona et al., 2023). Thus, even when memory does not maximize growth under
458 severe stress, it may reduce the risk of physiological collapse and preserve functional capacity,
459 increasing the likelihood of renewed development when water availability is restored (Galviz et al.,
460 2025; Jacques et al., 2021).

461 In contrast to the performance of plants originating from the HD treatment, the results for plants
462 derived from the combined high-temperature pulse and hydration–dehydration cycles indicate that
463 stronger prior stress does not necessarily translate into greater memory-related benefits (Crisp et al.,
464 2016). Although some studies report improvements in germination parameters and early growth
465 following exposure of seeds to high temperature (Santos-Júnior et al., 2023; Santos-Júnior and Silva,
466 2024) and discontinuous hydration (Freitas and Silva, 2024; Santos et al., 2024), these factors are also
467 recognized as capable of inducing cellular damage and embryo injury when they exceed specific
468 thresholds (Hasanuzzaman et al., 2013; Paparella et al., 2015).

469 Despite the scarcity of studies evaluating the joint action of these two factors, evidence from other
470 stress combinations indicates that integrating multiple adverse signals can impose high metabolic costs
471 by redirecting resources toward homeostasis and defense (Suzuki et al., 2014; Zandalinas et al., 2020).
472 Under such conditions, potential memory benefits may be partially offset by the costs of maintaining

473 stress-protective states, resulting in neutral or even negative effects on performance (Crisp et al., 2016).
474 In our study, this overlap of costs, combined with recurrent water deficit, likely limited the performance
475 of T-HD plants, which, despite maintaining survival under severe stress, did not show structural or
476 functional advantages relative to HD.

477 Plant water status and recovery capacity after rehydration provided supporting evidence for the
478 persistence of stress-related functional adjustments, particularly in HD treatment. This pattern highlights
479 water status as a central component of physiological performance during and after stress events,
480 indicating that memory not only mitigates immediate impacts of water deficit but can also favor a more
481 efficient return to functional conditions after rehydration (Kambona et al., 2023). Similar outcomes were
482 reported by Heck et al. (2025) for *Acanthostyles buniifolius*, reinforcing the relevance of this mechanism
483 under recurrent water stress.

484 In Caatinga species, this type of response is ecologically meaningful because, in environments
485 characterized by irregular and unpredictable rainfall pulses, the ability to recover rapidly during short
486 windows of water availability can be decisive for survival and ecological success (Meiado et al., 2020).

487 The application of integrative indices of vigor and drought tolerance revealed important limitations
488 in the ability of these metrics to capture the functional complexity associated with stress memory. The
489 Dickson Quality Index (DQI) showed an overall reduction under intermittent irrigation in C, T, and HD,
490 reflecting the structural penalty imposed by recurrent water deficit. Even so, the HD treatment exhibited
491 higher DQI values than the control under stress, indicating that the physiological and morphological
492 adjustments induced by discontinuous hydration contributed to the relative maintenance of structural
493 vigor. An increase in DQI following hydration–dehydration cycles has also been reported for *Annona*
494 *muricata* (Freitas et al., 2024). In contrast, T-HD did not differ between water regimes, suggesting that
495 metabolic costs associated with the combined pre-germinative stresses constrained the expression of
496 vigor gains even under favorable water availability.

497 However, the lack of differences among treatments in drought tolerance indices (SDI, DTE, and
498 DTI) indicates that when drought tolerance is evaluated using metrics strongly dependent on growth and

499 biomass accumulation, the functional benefits of stress memory may be underestimated (Tardieu, 2012).
500 These indices share a direct dependence on total biomass and structural performance, which may
501 marginalize adaptive responses based on physiological maintenance, osmoregulation, and metabolic
502 stability (Hilker et al., 2016; Freitas et al., 2024). In our experiment, this is consistent with the
503 observation that HD plants maintained higher pigment and osmolyte levels under intermittent irrigation
504 without a corresponding increase in total biomass, thereby challenging classical interpretations of vigor
505 based solely on growth.

506 Partially distinct results were reported by Oliveira (2021) for *C. pyramidale*, in which seedlings
507 originating from seeds exposed to hydration–dehydration cycles also accumulated proline and soluble
508 sugars but, unlike in the present study, exhibited increased root biomass. Although much of the literature
509 associates stress memory acquisition with structural gains such as increased growth and biomass
510 accumulation (Bruce et al., 2007; Hilker et al., 2016), in species adapted to semi-arid environments this
511 relationship is not necessarily linear, since greater biomass simultaneously implies higher water demand
512 and higher tissue maintenance costs (Poorter et al., 2012; Volaire, 2018).

513 In this context, it is important to emphasize that the stress regime imposed here was more intense
514 and recurrent, comprising two prolonged periods of water withholding, which may explain the absence
515 of clear biomass gains among treatments. Under these conditions, our results suggest that, for *C.*
516 *pyramidale*, stress memory may prioritize the maintenance of physiological functionality over structural
517 growth, reflecting an adaptive adjustment consistent with environments marked by high hydrological
518 unpredictability (Voltaire, 2017).

519 The integration of multivariate analyses indicates that stress memory in *C. pyramidale* operates as a
520 dynamic and reversible process, strongly dependent on water context, involving phases of physiological
521 imprinting, functional latency, and reactivation under recurrent stress (Crisp et al., 2016). Plants from
522 the HD treatment showed consistent reorganization in multivariate space, particularly under intermittent
523 irrigation at the moments of greatest water restriction (55 and 105 DAT), reflecting coordination among
524 water status, osmotic metabolism, and maintenance of the photosynthetic apparatus. During rehydration
525 (80 DAT), a temporary convergence among treatments was observed, evidenced by overlap in the PCA

526 and homogenization in the heatmap profiles, indicating a recovery state in which memory remains
527 functionally latent (Galviz et al., 2022).

528 Subsequent divergence after the second drought cycle demonstrates that this latency does not
529 represent memory erasure, but rather rapid reactivation upon stress recurrence, consistent with a stress-
530 recall pattern (Thellier and Lüttge, 2013; Hilker and Schmölling, 2019). These results reinforce that, in
531 semi-arid species, stress memory may preferentially support physiological functionality and metabolic
532 resilience rather than maximize structural performance, constituting an adaptive strategy under highly
533 unpredictable water availability (Volaire, 2017; Pinho-Pessoa et al., 2018).

534 Finally, integrating our findings with previous studies on *C. pyramidale* supports the view that
535 drought-related memory is real but context-dependent. Studies focused on the seed stage indicate that
536 discontinuous hydration can reprogram metabolism and reserve mobilization, favoring germination and
537 early establishment. The present study extends this understanding by showing that such memory can
538 persist and be expressed at later developmental stages, modulating physiological, biochemical, and
539 structural responses under recurrent water deficit. However, the addition of thermal stress revealed clear
540 limits to memory effectiveness, suggesting that metabolic overload associated with multiple stress cues
541 can impose substantial structural costs.

542 In summary, our results indicate that stress memory in *C. pyramidale* operates primarily along the
543 axis of physiological resilience, promoting functional adjustments that favor survival and recovery under
544 adverse hydric conditions, but not necessarily maximal growth. This strategy may be particularly
545 advantageous in semi-arid environments, where hydrological unpredictability selects organisms capable
546 of balancing functional efficiency and resource economy. By highlighting both the benefits and the
547 limits of drought-related memory, this study contributes to a more realistic and ecologically meaningful
548 understanding of adaptive strategies in Caatinga native species.

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Table 1. Mean soil moisture (SU%), air temperature (AT, °C), and relative air humidity (AU%) recorded at 55, 80, and 105 days after transplanting (DAT) during the experimental period with *Cenostigma pyramidale*. Measurements were obtained under daily irrigation (DI) and intermittent irrigation (IR) regimes for each pre-germinative treatment: Control (C), Thermal pulse (T), Discontinuous hydration (HD), and combined treatment (T-HD). Air temperature and relative humidity correspond to mean values recorded in the greenhouse at each sampling date.

DAT	Treatment	Hidric regime	SU%	AT (°C)	AU%
55	C	DI	15.5	34.2	69.6
		IR	9.2		
	T	DI	15		
		IR	9.6		
	HD	DI	14.9		
		IR	8.9		
	T-HD	DI	15.2		
		IR	9.8		
80	C	DI	14.9	32.5	65.8
		IR	14.4		
	T	DI	15.3		
		IR	15.5		
	HD	DI	14.6		
		IR	15.1		
	T-HD	DI	15.3		
		IR	15.6		
105	C	DI	14.3	33.9	67.6
		IR	5.3		
	T	DI	15.0		
		IR	4.9		
	HD	DI	15.5		
		IR	5		
	T-HD	DI	14.9		
		IR	5.1		

Table 2. Results of two-way analysis of variance (ANOVA) testing the effects of pre-germinative treatments (Control – C, Thermal pulse – T, Discontinuous hydration – HD, and combined treatment – T-HD), water regime (daily irrigation and intermittent irrigation), and their interaction on growth traits and biomass partitioning of *Cenostigma pyramidale* plants. Variables include plant height, stem diameter, number of leaves, leaf, stem, root and total dry biomass, and root length. F values, degrees of freedom (d.f.), and associated P-values are shown.

Factors	F	d.f	p-value
<i>Plant height (cm)</i>			
Treatment	1.82	3	0.1639
Water regime	390.04	1	<.0001
Treatment x Water regime	4.05	3	0.0151
<i>Stem diameter (mm)</i>			
Treatment	5.98	3	0.0023
Water regime	280.78	1	<.0001
Treatment x Water regime	5.44	3	0.0039
<i>Number of leaves</i>			
Treatment	2.16	3	0.1125
Water regime	91.90	1	<.0001
Treatment x Water regime	0.17	3	0.9186
<i>Leaf dry biomass (g)</i>			
Treatment	1.74	3	0.1788
Water regime	105.30	1	<.0001
Treatment x Water regime	1.73	3	0.1744
<i>Stem dry biomass (g)</i>			
Treatment	0.58	3	0.6345
Water regime	52.84	1	<.0001
Treatment x Water regime	1.39	3	0.2636
<i>Root dry biomass (g)</i>			
Treatment	2.59	3	0.0699
Water regime	100.10	1	<.0001
Treatment x Water regime	0.57	3	0.6379
<i>Total dry biomass (g)</i>			
HD cycles	0.63	3	0.6013
Hydration Time	121.53	1	<.0001
HD cycles x Hydration Time	1.36	3	0.2734
<i>Root length (mm)</i>			
Treatment	8.33	3	<.0001

Water regime	0.38	1	0.8014
Treatment x Water regime	4.58	3	<.0001

The symbol × indicates interaction between the factors.

703 **Table 3.** Results of two-way analysis of variance (ANOVA) testing the effects of pre-germinative
 704 treatments (Control – C, Thermal pulse – T, Discontinuous hydration – HD, and combined treatment –
 705 T-HD), water regime (daily irrigation and intermittent irrigation), and their interaction on physiological,
 706 biochemical, and integrative drought-response variables of *Cenostigma pyramidale*. Relative water
 707 content (RWC), photosynthetic pigments (chlorophyll a, chlorophyll b, total chlorophyll, and
 708 carotenoids), leaf and root total soluble sugars (TSS), leaf and root proline, Dickson Quality Index
 709 (DQI), Drought Tolerance Efficiency (DTE), Sensitivity Drought Index (SDI), and Drought Tolerance
 710 Index (DTI) were evaluated at 55, 80, and 105 days after transplanting (DAT), when applicable. F values
 711 and corresponding P-values are presented.

Variable	DAT	Treatment		Water regime		Treatment X Water regime	
		F	P	F	P	F	P
<i>RWC</i>	55	6.80	0.0011	19.74	<.0001	6.54	0.0014
	80	3.42	0.0288	0.32	0.5735	3.07	0.0416
	105	6.87	0.0011	69.78	<.0001	4.76	0.0075
<i>Chlorophyll a</i>	55	3.64	0.230	25.56	<.0001	1.34	0.2799
	80	7.10	0.0009	0.05	0.8311	1.84	0.1591
	105	3.95	0.0168	47.14	<.0001	0.35	0.7882
<i>Chlorophyll b</i>	55	4.87	0.006	16.93	<.0001	2.19	0.1084
	80	4.45	0.0101	0.13	0.7723	2.70	0.0618
	105	8.20	<.0001	40.38	<.0001	1.27	0.3025
<i>Total Chlorophyll</i>	55	4.13	0.0139	23.22	<.0001	1.64	0.2001
	80	6.09	0.0021	0.00	0.9739	2.07	0.1233
	105	7.78	0.0005	65.68	<.0001	0.61	0.6107
<i>Carotenoids</i>	55	4.91	0.0064	11.12	0.0022	0.97	0.4189
	80	2.35	0.0914	0.23	0.6342	3.54	0.0253
	105	4.01	0.0158	34.58	<.0001	0.22	0.8797
<i>Leaf Proline</i>	55	7.81	0.005	567.17	<.0001	2.37	0.0892
	80	6.39	0.0016	7.02	0.0124	1.85	0.1574
	105	4.84	0.0069	27.48	<.0001	5.53	0.0036
<i>Leaf TSS</i>	55	59.90	<.0001	2.72	0.1087	2.83	0.0538
	80	0.19	0.9056	0.00	0.9519	1.20	0.3254
	105	9.45	<.0001	10.72	0.0025	15.11	<.0001
<i>Root TSS</i>	-	2.48	0.0787	10.43	0.0029	16.72	<.0001
<i>Root proline</i>	-	13.81	<.0001	27.76	<.0001	11.47	<.0001
<i>DQI</i>	-	3.23	0.035	53.85	0.001	1.82	0.163

<i>DTE</i>	-	3.18	0.053	-	-	-	-
<i>SDI</i>	-	3.18	0.053	-	-	-	-
<i>DTI</i>	-	3.18	0.053	-	-	-	-

712 The symbol × indicates interaction between the factors

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732 **List of captions**

733 **Figure 1.** Plant height (A-B), stem diameter (C-D), number of leaves (E-F), and relative water content
734 (RWC) (G-H) of *Cenostigma pyramidale* plants derived from seeds subjected to different pre-
735 germinative treatments (C, T, HD and T-HD). Measurements were performed at different days after
736 transplanting (DAT) under daily and intermittent irrigation regimes. Uppercase letters indicate
737 comparisons among treatments within the same irrigation regime and DAT, whereas lowercase letters
738 indicate comparisons between irrigation regimes for the same treatment within the same DAT. Means
739 followed by the same letter do not differ significantly according to the **Tukey** test ($P > 0.05$).

740 **Figure 2.** Chlorophyll *a* (A; E), chlorophyll *b* (B; F), carotenoids (C; G), and total chlorophyll (D; H)
741 contents of *Cenostigma pyramidale* plants originating from seeds subjected to different pre-germinative
742 treatments (C, T, HD, T-HD), Measurements were performed at different days after transplanting (DAT)
743 under daily and intermittent irrigation regimes. Uppercase letters indicate comparisons among
744 treatments within the same irrigation regime and DAT, whereas lowercase letters indicate comparisons
745 between irrigation regimes for the same treatment within the same DAT. Means followed by the same
746 letter do not differ significantly according to the **Tukey** test ($P > 0.05$).

747 **Figure 3.** Total soluble sugars (TSS) (A; D) and proline (B; E) contents in leaves at 55, 80, and 105
748 days after transplanting (DAT), and in roots (C; F) at 105 DAT, of *Cenostigma pyramidale* plants
749 derived from seeds subjected to different pre-germinative treatments (C, T, HD, T-HD) under daily and
750 intermittent irrigation regimes. Measurements were performed at different days after transplanting
751 (DAT) under daily and intermittent irrigation regimes. Uppercase letters indicate comparisons among
752 treatments within the same irrigation regime and DAT, whereas lowercase letters indicate comparisons
753 between irrigation regimes for the same treatment within the same DAT. Means followed by the same
754 letter do not differ significantly according to the **Tukey** test ($P > 0.05$).

755 **Figure 4.** Leaf dry mass (A), stem dry mass (B), root dry mass (C), total dry mass (D), and root length
756 (E) of *Cenostigma pyramidale* plants derived from seeds subjected to different pre-germinative
757 treatments (C, T, HD, T-HD), evaluated under daily (DI) and intermittent (IR) irrigation regimes.

758 Uppercase letters indicate comparisons among treatments within the same irrigation regime, while
759 lowercase letters indicate comparisons of the same treatment across different irrigation regimes.
760 Means followed by the same letter do not differ significantly according to the Tukey test ($P > 0.05$).

761 **Figure 5.** Dickson Quality Index (DQI; A), Drought Tolerance Efficiency (DTE; B), Sensitivity
762 Drought Index (SDI; C), and Drought Tolerance Index (DTI; D) of *Cenostigma pyramidale* plants
763 derived from seeds subjected to different pre-germinative treatments (C, T, HD, T-HD), grown under
764 daily irrigation (DI) and intermittent irrigation (IR) regimes. Uppercase letters indicate comparisons
765 among treatments within the same irrigation regime, while lowercase letters indicate comparisons
766 between irrigation regimes within the same treatment. Means followed by the same letter do not differ
767 significantly according to the Tukey test ($P > 0.05$). Symbols represent means \pm standard error.

768 **Figure 6.** Heatmap representation of standardized (z-score) morphophysiological and biochemical
769 variables of *Cenostigma pyramidale* plants originating from seeds subjected to control (C), high
770 temperature (T), discontinuous hydration (HD), and combined treatment (T-HD), evaluated at 55, 80,
771 and 105 days after transplanting (DAT) under daily irrigation (DI; A, C, E) and intermittent irrigation
772 (IR; B, D, F) regimes. Red and blue colors indicate positive and negative deviations from the mean,
773 respectively. The heatmaps highlight treatment-specific patterns and temporal shifts in physiological
774 coordination associated with stress memory, recovery, and recall phases.

775 **Figure 7.** Principal Component Analysis (PCA) of morphophysiological and biochemical traits of
776 *Cenostigma pyramidale* plants originating from seeds subjected to control (C), high temperature (T),
777 discontinuous hydration (HD), and combined treatment (T-HD), evaluated at 55, 80, and 105 days after
778 transplanting (DAT) under daily irrigation (DI; A, C, E) and intermittent irrigation (IR; B, D, F) regimes.
779 Ellipses represent 95% confidence intervals for each treatment. Vectors indicate the contribution of
780 variables to the principal components. Percentages on the axes correspond to the variance explained by
781 each component.

Figure 1.

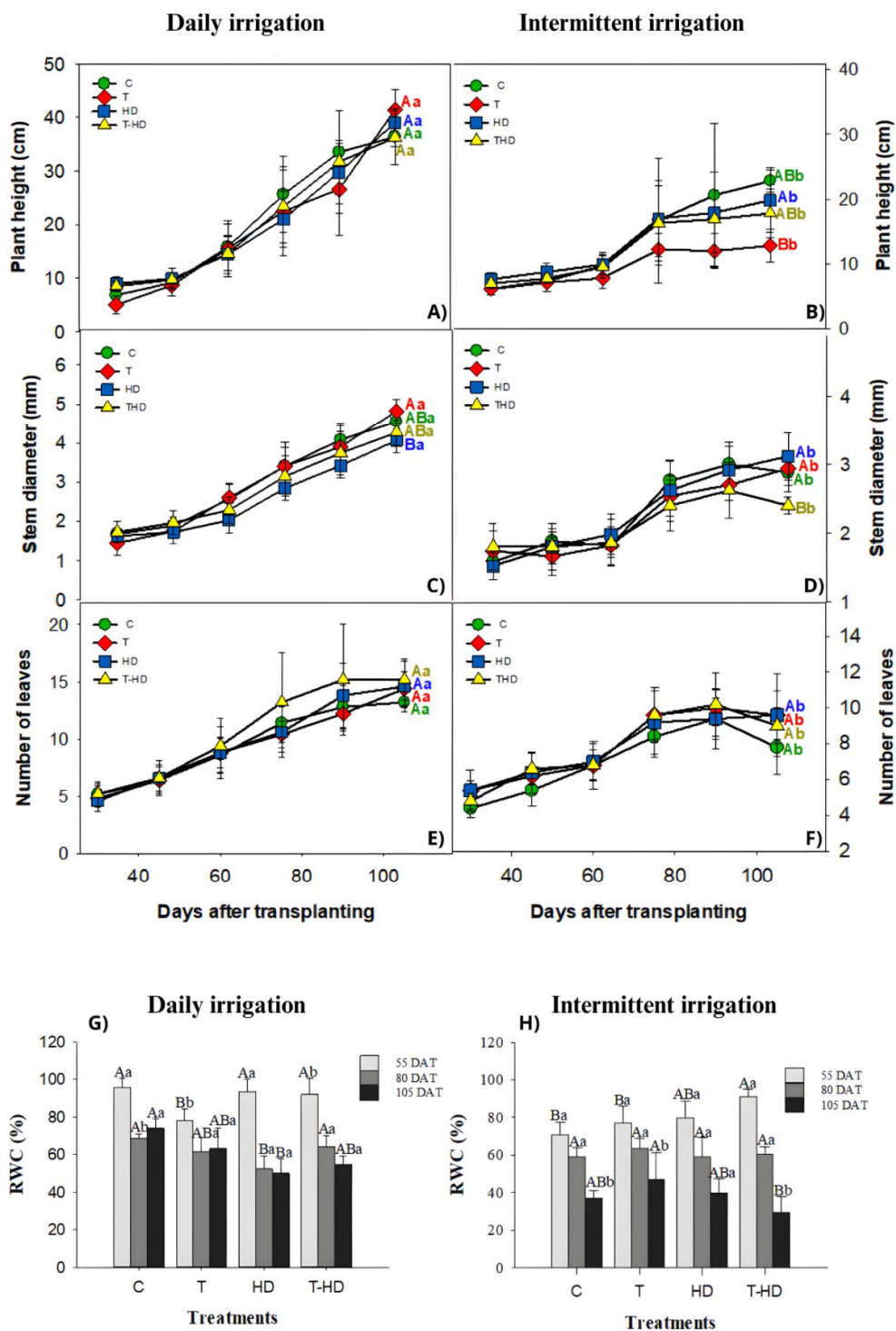


Figure 2.

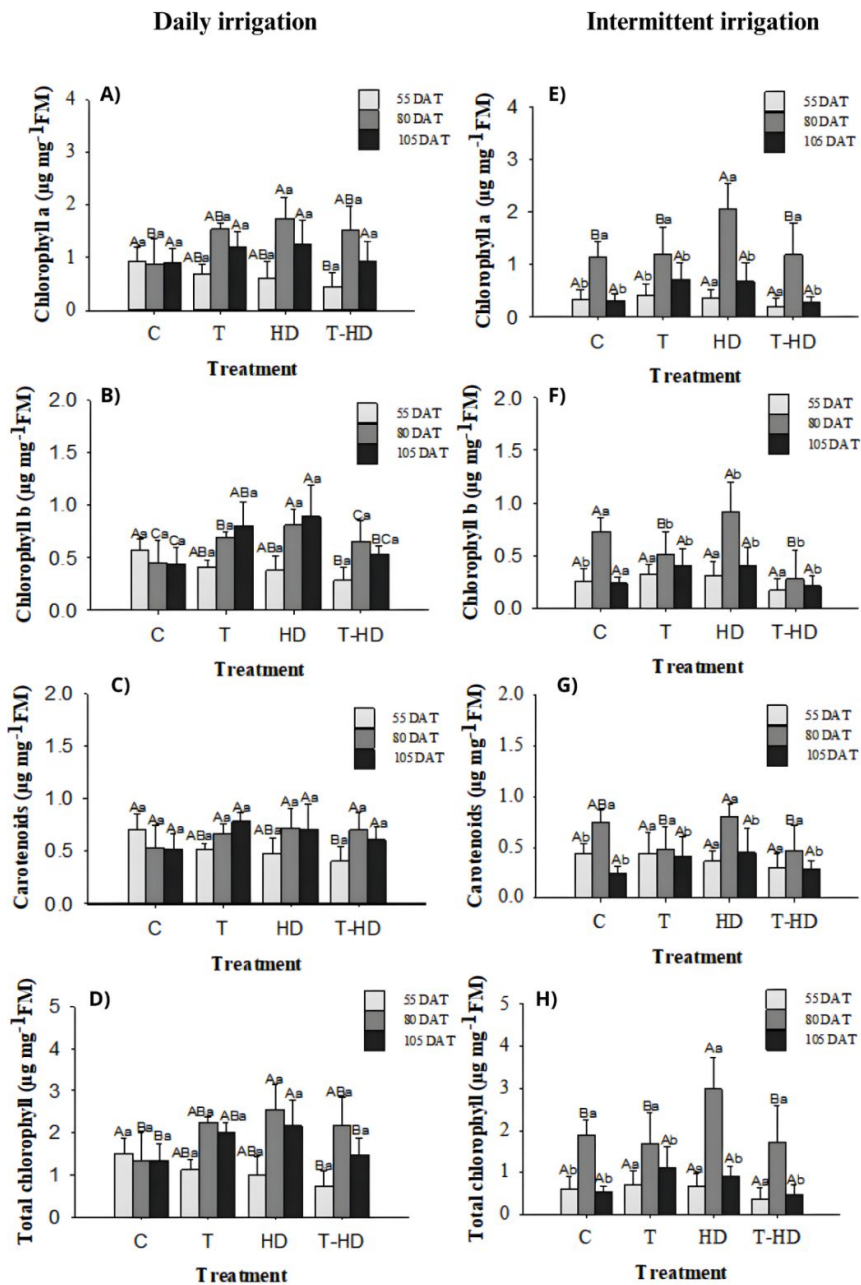


Figure 3.

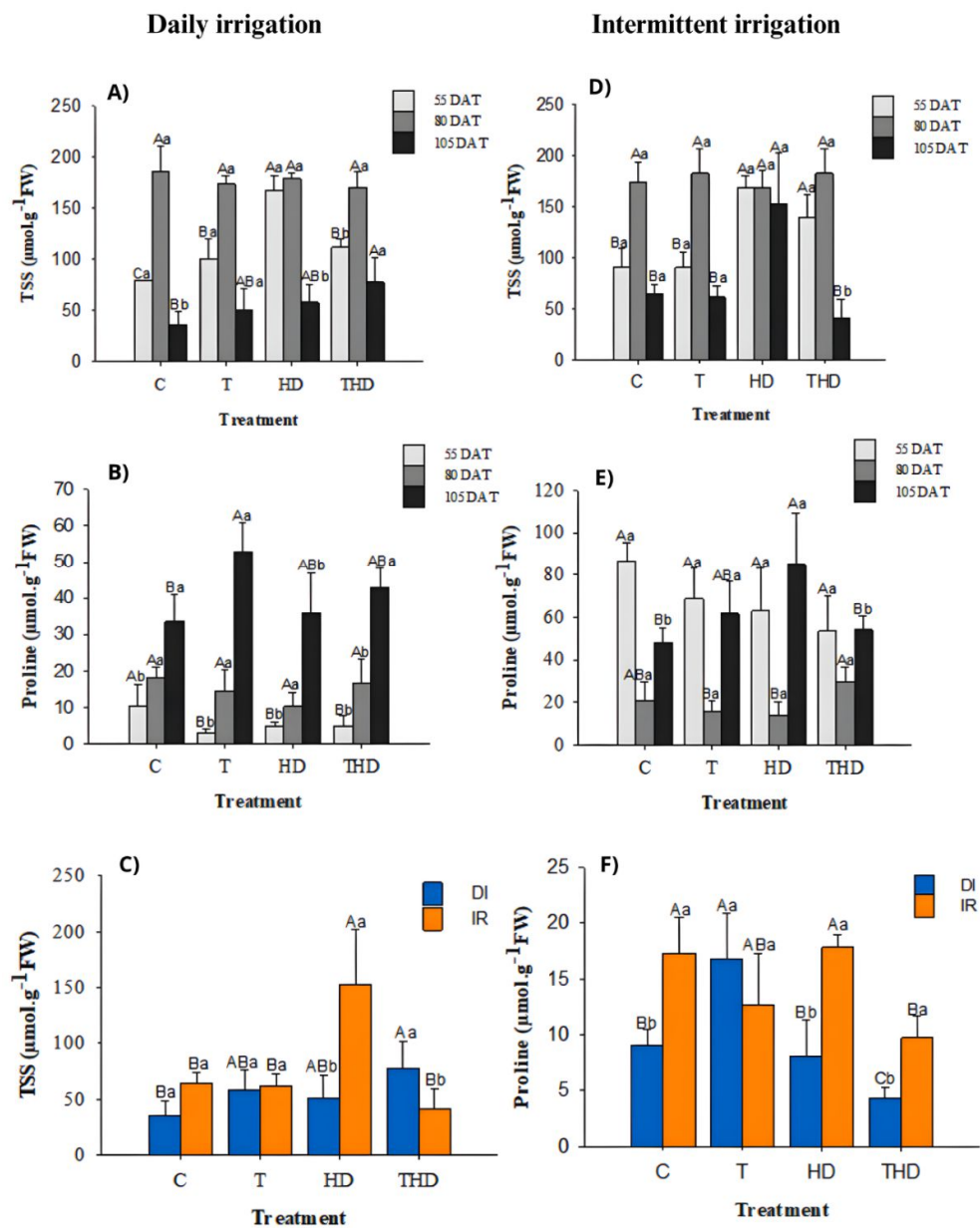


Figure 4.

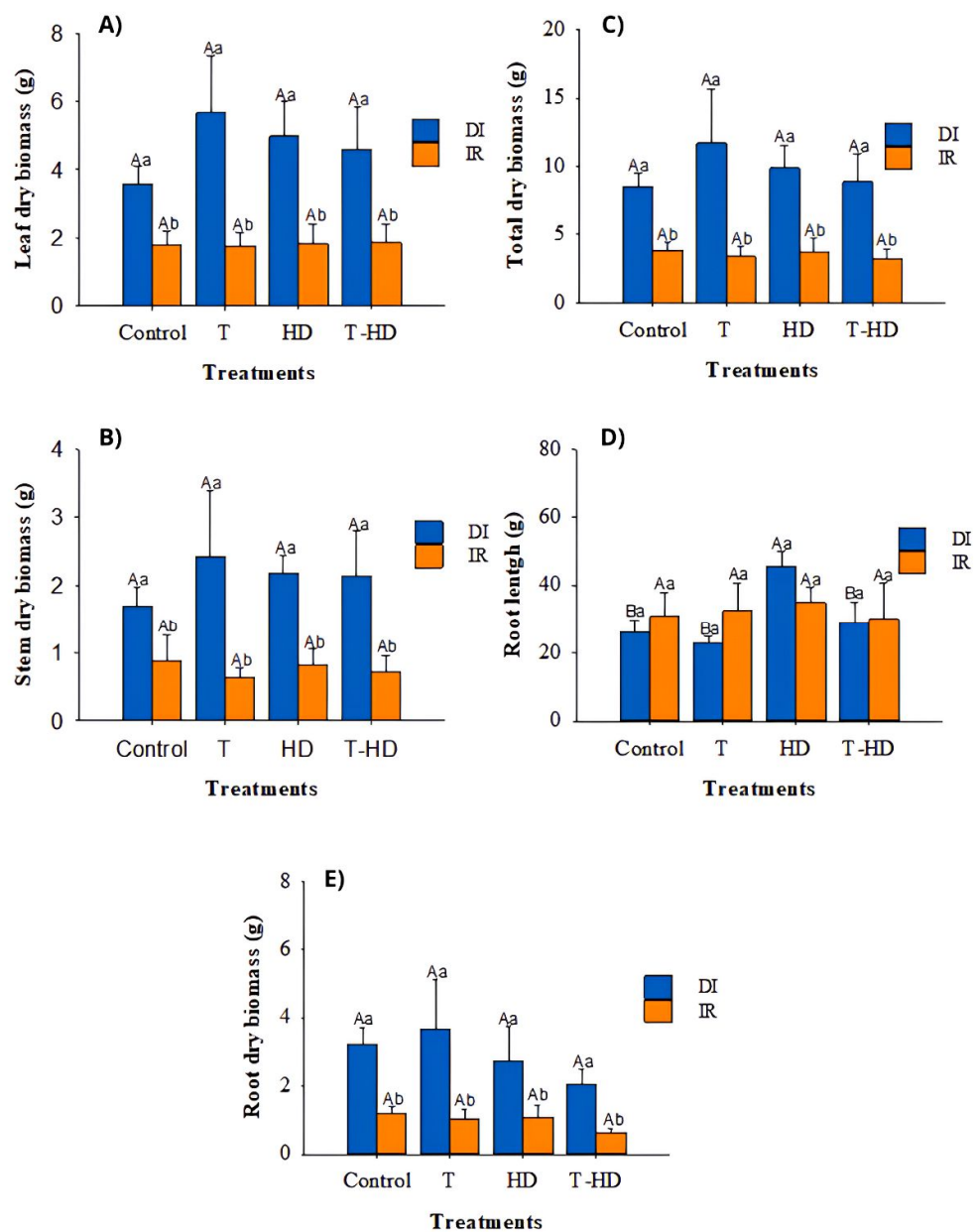


Figure 5.

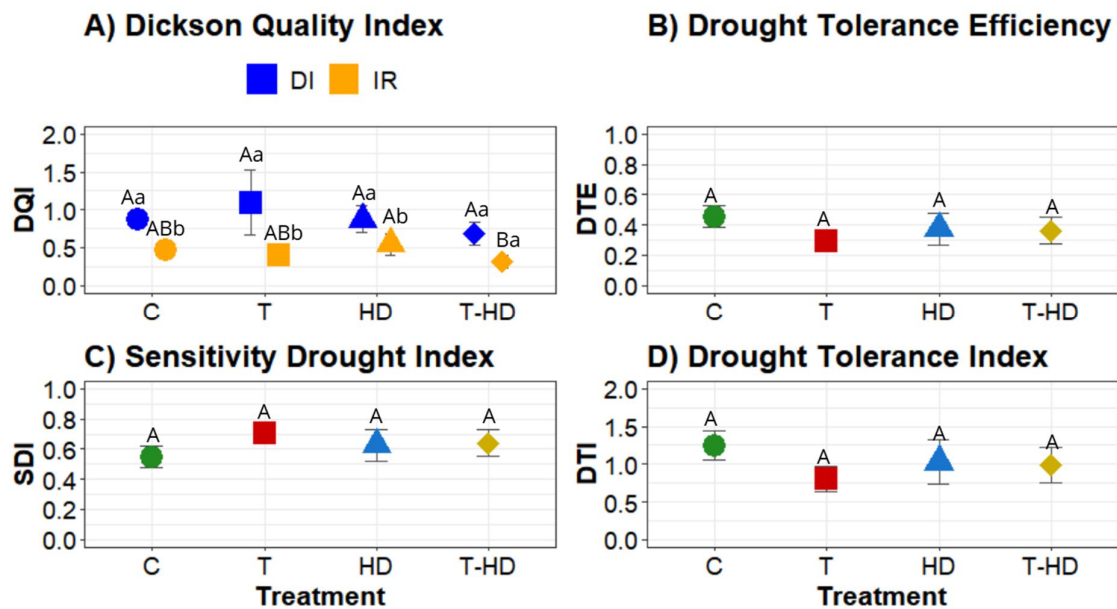


Figure 6.

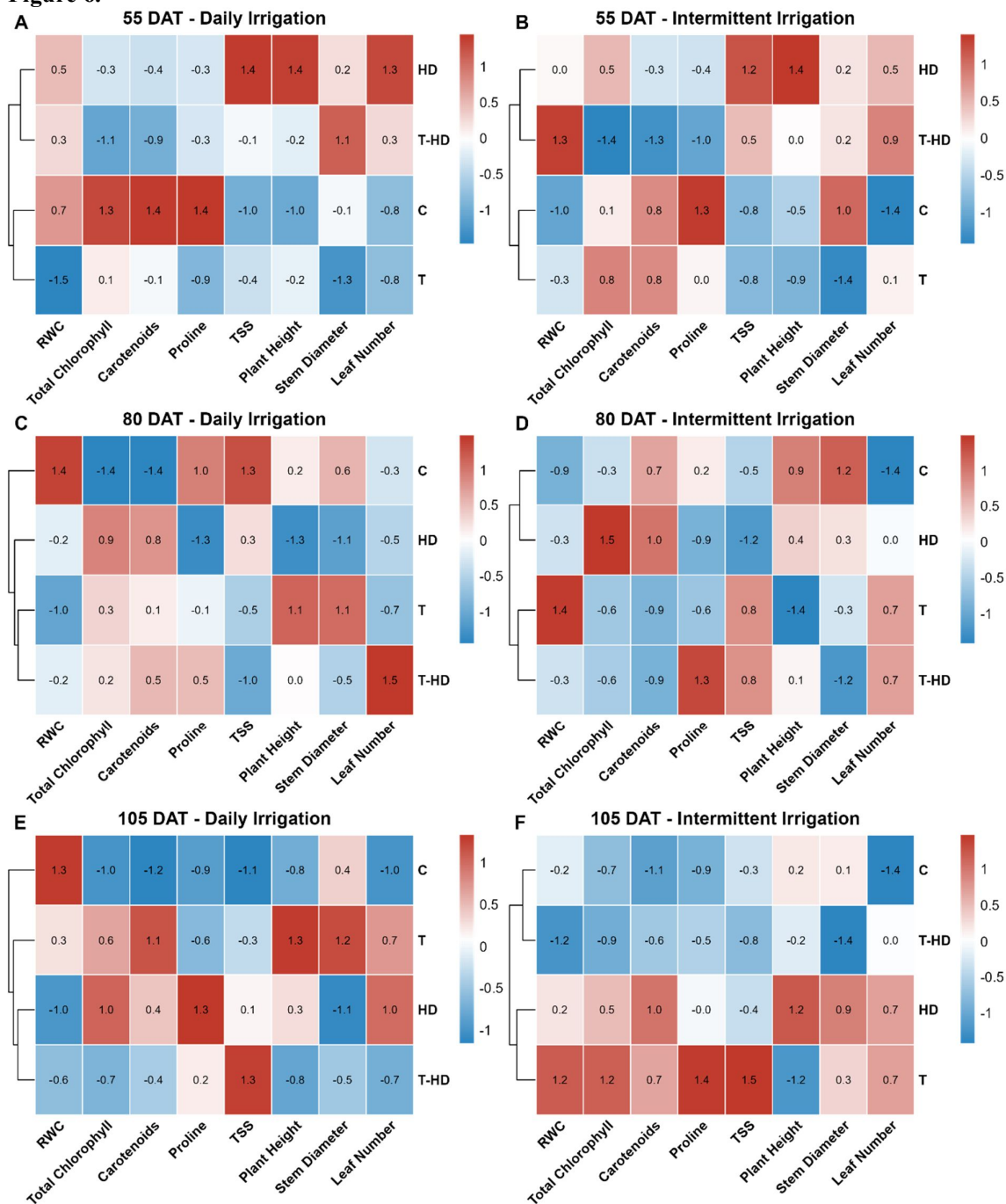
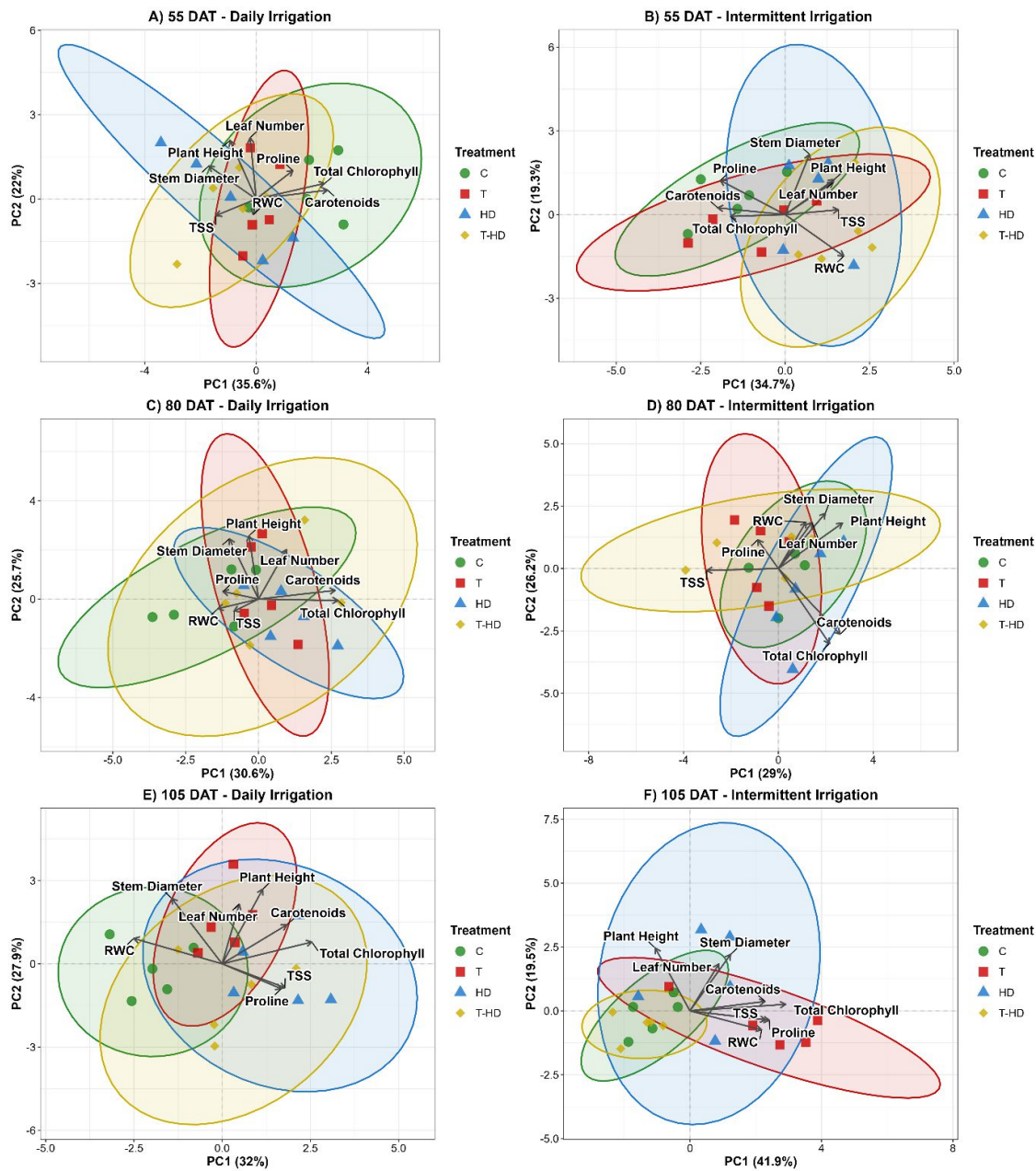


Figure 7.



7. CONSIDERAÇÕES FINAIS

Em ambientes sazonalmente secos como a Caatinga, o início da vida vegetal é atravessado por sinais ambientais intermitentes e, muitas vezes, contraditórios: disponibilidade hídrica descontínua e pulsos de altas temperaturas na superfície do solo. Ao investigar a espécie *Cenostigma pyramidale* (Catingueira) ao longo do contínuo semente-plântula, esta dissertação evidencia que a resposta da espécie a esses sinais não se resume a “tolerar” ou “não tolerar” o estresse. O que se observa é a atuação de uma plasticidade fina, na qual o momento e a combinação das experiências pré-germinativas modulam a forma como a planta organiza sua germinação, seu crescimento inicial e, sobretudo, sua manutenção funcional diante da seca.

O conjunto dos resultados sustenta que a hidratação descontínua pode operar como um gatilho de ajustes persistentes, mas dependente do estágio fisiológico da semente. Quando os ciclos ocorrem em fase inicial de embebição, predominam respostas de incrementos germinativos como aumento da germinabilidade e aceleração do processo, ainda que, em alguns cenários, com perda de sincronia. Quando a desidratação ocorre em fases mais avançadas, o mesmo tipo de estímulo passa a carregar maior custo, com redução de desempenho germinativo e redução de componentes do crescimento inicial, sugerindo que há janelas fisiológicas em que o sinal é informativo e janelas em que ele pode atuar provocando maior sensibilização do organismo. Assim, a memória de estresse associada à hidratação descontínua não é um efeito universal, podendo ser condicionada pelo timing e pela intensidade.

Em paralelo, a exposição a pulsos de alta temperatura revelou uma característica ecologicamente importante: as sementes apresentam elevada resiliência térmica, preservando a capacidade de germinar, mesmo após passar por condições extremas. Ainda assim, esse calor não é neutro, pois possui influência sobre a cinética germinativa, retardando a progressão temporal e reduzindo taxa e sincronia quando a intensidade/duração se eleva, além de indicar a existência de limiares além dos quais a performance declina. Esses resultados contribuem para compreender por que a espécie é capaz de persistir em mosaicos microclimáticos extremos, sem que isso signifique ausência de custo fisiológico em situações mais severas.

Quando essas experiências prévias são colocadas “à prova” sob restrição hídrica, emerge um ponto central da dissertação: o estresse antecedente não altera apenas quanto germina, mas como germina, e essa organização temporal pode ter valor adaptativo em sistemas imprevisíveis. A hidratação descontínua, em diferentes cenários, esteve associada a germinação mais rápida e concentrada; já a combinação entre calor e hidratação descontínua, em

determinadas condições, favoreceu maior espalhamento temporal da germinação e manutenção relativa do desempenho sob potenciais osmóticos mais negativos. Essa dualidade é relevante porque sugere que *C. pyramidale* pode expressar, conforme os sinais percebidos e nas condições experimentais, estratégias distintas: em alguns contextos, “aproveitar” rapidamente janelas de umidade; em outros, reduzir risco distribuindo eventos germinativos no tempo.

Na fase de plântulas, sob seca prolongada e recorrente, a mensagem integradora torna-se ainda mais clara: o regime hídrico domina crescimento e biomassa, e os ganhos associados à memória de estresse nem sempre se traduzem em maior acúmulo estrutural. Em vez disso, os resultados apontam que a expressão mais consistente da memória ocorre ao longo do eixo da resiliência fisiológica, por meio da manutenção e recuperação do status hídrico em momentos-chave, preservação do aparato fotossintético, acúmulo de solutos compatíveis e ajustes em traços relacionados à aquisição de água (como maior comprimento radicular em condições de estresse). Esses sinais convergem para a interpretação de que, sob seca severa e repetida, *C. pyramidale* tende a priorizar a estabilidade funcional e a capacidade de retomada quando a água retorna, mais do que maximizar crescimento. Isso corrobora a ideia de que, em ambientes semiáridos, “tolerância” não é sinônimo de produzir mais biomassa, mas de evitar colapso fisiológico e manter margem de recuperação.

Ao mesmo tempo, o conjunto dos dados também delimita limites, pois a combinação de múltiplos sinais pré-germinativos podem impor custos. Em situações específicas, a exposição conjunta a calor e hidratação descontínua não ampliou vantagens e esteve associada a penalidades estruturais sob estresse recorrente, sugerindo que a integração de estímulos não é necessariamente sinérgica. Essa evidência é valiosa porque evita uma conclusão simplificadora do tipo “quanto mais estresse, melhor”, e reforça uma visão mais realista, na qual a memória de estresse é um recurso adaptativo, mas também exige custos a depender do contexto.

Do ponto de vista científico, esta dissertação contribui ao demonstrar, de forma integrada, que a resposta de *C. pyramidale* aos filtros ambientais da Caatinga envolve (i) sensibilidade ao momento em que a hidratação descontínua, (ii) robustez térmica com limiares fisiológicos detectáveis, e (iii) expressão de memória mais evidente em atributos funcionais do que em métricas clássicas baseadas apenas em crescimento. Do ponto de vista aplicado, os resultados dão suporte ao uso criterioso de tratamentos pré-germinativos como ferramenta de manejo fisiológico na produção de sementes e mudas para restauração, ao demonstrar que simular estresses brandos pode modular desempenho, mas a definição de intensidade, ordem e janela fisiológica é determinante para evitar custos desnecessários.

Como perspectivas futuras, faz-se necessário a agenda conectar padrão e mecanismo, por meio de análises hormonais, marcadores de estresse oxidativo, integridade de membranas, rotas de osmoproteção, proteínas associadas ao calor e possíveis assinaturas epigenéticas. Além disso, testar a estabilidade dessas respostas em condições mais próximas do campo, com variação térmica diária, solos reais, pulsos de chuva irregulares e múltiplos estresses combinados. Dessa forma, será possível traduzir, com maior precisão, essa plasticidade em recomendações robustas para conservação e restauração.

Em síntese, os resultados aqui reunidos mostram que *Cenostigama pyramidale* não responde ao semiárido apenas pela resistência; responde também pela capacidade de ajustar ritmo, prioridade e estratégia. Essas características explicam a sua alta distribuição na Caatinga, demonstrando que em um ambiente onde a disponibilidade hídrica é estacional e o calor é constante, sobreviver pode depender menos de crescer sempre e mais de estar fisiologicamente pronto para recomeçar quando a oportunidade aparece.